

Pink Breast Milk: *Serratia marcescens* Colonization

Cipatli Ayuzo del Valle, MD¹ Emilio Treviño Salinas, MD, PhD²

¹ Colegio de Pediatría de Nuevo León México, University of Nuevo Leon Mexico, Monterrey, Nuevo León, Mexico

² Division of Gynecologic Oncology, University of Nuevo Leon Mexico, Monterrey, Nuevo León, Mexico

Address for correspondence Cipatli Ayuzo del Valle, MD, Centro Medico Conchita, 15 de Mayo 1822 Colonia María Luisa, Monterrey, Nuevo León, Mexico (e-mail: cipatlimd@yahoo.com).

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Abstract

Keywords

- breastfeeding
- colonization
- enterobacteria

Background Breast milk can turn pink with *Serratia marcescens* colonization, this bacterium has been associated with several diseases and even death. It is seen most commonly in the intensive care settings. Discoloration of the breast milk can lead to premature termination of nursing. We describe two cases of pink-colored breast milk in which *S. marcescens* was isolated from both the expressed breast milk. Antimicrobial treatment was administered to the mothers. Return to breastfeeding was successful in both the cases.

Conclusions Pink breast milk is caused by *S. marcescens* colonization. In such cases, early recognition and treatment before the development of infection is recommended to return to breastfeeding.

Breast milk can turn into a pinkish color due to colonization by *Serratia marcescens*, a species of rod-shaped gram-negative bacteria that produce a reddish-orange tripyrrole pigment called prodigiosin¹ that has been related to a variety of diseases and even newborn deaths.

We describe two cases of pink colored breast milk in which *S. marcescens* was isolated from both the samples.

Cases

Case 1

A 29-year-old primigravid woman underwent a normal vaginal delivery at 37.5 weeks gestation. A healthy baby girl was delivered that weighed 2.7 kg. Both mother and the baby were discharged home. One week postpartum, her baby was readmitted for phototherapy.

At her 5th week of checkup she reported a bright pink coloration of cloth towels used for breastfeeding (► Fig. 1). She denied fever, mastitis, nipple trauma or any other pertinent symptom. However, despite her baby presenting normothermic, the mother reported poor oral intake. The mom was treated with ciprofloxacin empirically. Culture from the expressed breast milk showed several colonies of *S. marcescens*, in addition, *Enterobacteria* spp. was isolated from the infant's oropharynx that was then treated with trimetoprim and

sulfametoaxazol. Stool and urine cultures were negative. She was advised to pump and discard the milk while using antibiotics. Repeat cultures were negative and she returned to breastfeeding without any incident.

Case 2

A 33-year-old woman chose to exclusively breastfeed her infant. The male infant was delivered at term by an elective cesarean section. There were no complications associated with the pregnancy and delivery. Ten weeks postpartum, she noticed pink stains on cloth towels used during breastfeeding (► Fig. 2). Breast pump was never used and there was no nipple trauma reported. The baby was closely monitored with no signs or symptoms noted on the history and physical examination.

Cultures of the mother's breast milk tested positive for *S. marcescens*, henceforth she was subsequently treated with cephalosporin. The baby's cultures were all negative. She returned to breastfeeding exclusively as soon as the breast milk culture was reported negative (► Fig. 3).

Discussion

S. marcescens is a gram-negative bacillus in the Enterobacteriaceae family. Several outbreaks have been linked to

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Fig. 1 Pink stains on the cloth towel due to *Serratia marcescens* colonization.



Fig. 2 *Serratia marcescens* pink stains on the cloth towel.



Fig. 3 Expressed breast milk after and before antibiotic treatment.

contaminated medical equipment, improper hand hygiene by health care workers and breast milk.² *S. marcescens* species appear to be common environmental organisms, which helps to explain the large number of nosocomial infections due to this bacterium. In the literature, there have been a very large number of reported hospital-related *S. marcescens* outbreaks. Because there are so many described hospital-associated outbreaks, it is often assumed that infections caused by *Serratia* are primarily nosocomial in origin.³ Recently however,

Laupland et al conducted an extensive survey of *S. marcescens* infections in Canada and found that 65% of all infections caused by *S. marcescens* were community based.⁴ *S. marcescens* produces a characteristic brightly colored pigment, prodigiosin, that was once used as a tracer organism by investigators in medical fields and even in combat zones.³

The first time *S. marcescens* was described in cloth towels was in 1958 by Waisman and Stone, who described the “red diaper syndrome,” the appearance of *S. marcescens* in soiled diapers of a female baby born in Wisconsin. The parents noticed that soiled diapers that have been rinsed with plain water turned red. The stool of the infant was cultured and *S. marcescens* was recovered. Although, the baby never had signs or symptoms or illness, physicians treated her with oral sulfasuxidine.⁵

A survey from 1997 data on SENTRY Antimicrobial Surveillance Program isolates from the United States, Canada, and Latin America showed that *Serratia* species were the 12th most common organisms associated with bloodstream infections.⁶

Although, the actual number of organisms excreted in milk is unknown, it is unlikely that an infant taking milk directly from his mother's breast will ingest enough organisms to cause disease. However, improper handling and storage of milk may enable organisms/pathogens to multiply to numbers sufficient to cause disease, especially in infants at higher risk for infection, such as those born preterm. Contamination with > 1,000 gram-negative bacilli per milliliter is associated with feeding intolerance, whereas higher levels of contamination (> 1,000,000/mL) can be associated with sepsis.⁷

In the two cases that we have presented there were no breast pumps associated with infections, even though several cases have been described previously in the literature.^{2,8,9} Even though our first case could have been infected on her 4th day of hospitalization, the second case could have been community acquired as described by Laupland et al.⁴

Although, there are no clear recommendations for women with *S. marcescens* colonization, and due to high risk of sepsis associated with this bacteria, treatment with antibiotics is highly recommended. Returning to breastfeeding is safe after cultures of both the mother and the baby are negative.

Conflict of Interest

The authors declare no conflict of interest.

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