**Baicalein, a Component of* Scutellaria baicalensis*, Attenuates Kidney Injury Induced by Myocardial Ischemia and Reperfusion**

**Authors**

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**Key words**

- *Scutellaria* baicalensis
- Lamiaceae
- acute kidney injury
- apoptosis
- baicalein
- myocardial ischemia and reperfusion
- prosurvival kinases

**Abstract**

Acute kidney injury is a common and severe complication of acute myocardial infarction and cardiac surgery. It results in increased mortality, morbidity, and duration of hospitalization. Baicalein is a component of the root of *Scutellaria baicalensis*, which has traditionally been used to treat cardiovascular and liver diseases in Asia. In this study, we investigated whether baicalein can attenuate kidney injury induced by myocardial ischemia and reperfusion in rats. Myocardial ischemia and reperfusion, induced by a 40-minute occlusion and a 3-hour reperfusion of the left anterior descending coronary artery, significantly increased blood urea nitrogen and creatinine levels in addition to causing histological changes in the kidneys. Kidney apoptosis was also significantly increased. Furthermore, myocardial ischemia and reperfusion significantly increased the serum levels of tumor necrosis factor-α, interleukin-1, and interleukin-6 as well as the tumor necrosis factor-α levels in the kidneys. Intravenous pretreatment with baicalein (in doses of 3, 10, or 30 mg/kg), however, significantly reduced the increases in the creatinine level, renal histological damage, and apoptosis induced by myocardial ischemia and reperfusion. In addition, the increases in the serum levels of tumor necrosis factor-α, interleukin-1, and interleukin-6, and of tumor necrosis factor-α in the kidneys were significantly reduced. Western blot analysis revealed that baicalein significantly increased Bcl-2 and reduced Bax in the kidneys. The phosphorylation of Akt and extracellular signal-regulated kinases 1 and 2 was also significantly increased. In conclusion, baicalein significantly attenuates kidney injury induced by myocardial ischemia and reperfusion. The underlying mechanisms might be related to the inhibition of apoptosis, possibly through the reduction of tumor necrosis factor-α production, the modulation of Bcl-2 and Bax, and the activation of Akt and extracellular signal-regulated kinases 1 and 2.

**Abbreviations**

- AAR: area at risk
- AKI: acute kidney injury
- BUN: blood urea nitrogen
- CAO: coronary artery occlusion
- CAR: coronary artery reperfusion
- ELISA: enzyme-linked immunosorbent assay
- ERK1/2: extracellular signal-regulated kinases 1 and 2
- IL-1: interleukin-1
- IL-6: interleukin-6
- I/R: ischemia and reperfusion
- MI: myocardial infarct/infarction
- TNF-α: tumor necrosis factor-α
- TUNEL: terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling

**Introduction**

AKI is a common and severe complication of cardiac surgery and acute MI, and is associated with increased morbidity, mortality, and medical costs [1, 2]. Myocardial I/R occurs in cardiac surgery and revascularization treatments for acute MI. We recently reported that myocardial I/R induces AKI in rats [3]. Myocardial I/R elicits the production of proinflammatory cytokines, such as TNF-α, IL-1, and IL-6, resulting in necrosis and apoptosis [3–5]. Apoptosis, in turn, has been shown to contribute to the development of AKI [6].

Baicalein (Fig. 1A) is a component of the root of *Scutellaria baicalensis* Georgi (Lamiaceae), which has traditionally been used to treat cardiovascular...
and liver diseases in Asia [7]. Lee et al. reported that baicalein improves cardiac contractile function in endotoxicemic rats [8]. Baicalein has also been shown to exert anti-fibrotic effects in the rat liver [9]. However, the protective effects of baicalein on the kidneys after myocardial I/R are not known. No specific therapy currently exists to prevent or treat AKI effectively [10]. A treatment for preventing AKI, however, might improve clinical outcomes. In this study, we investigated whether baicalein can reduce AKI induced by myocardial I/R. The roles of pro-survival kinases, including Akt and ERK1/2, as well as the roles of antiapoptotic Bcl-2 and proapoptotic Bax were also examined.

Results

A total of 75 rats were randomly allocated into six groups (Fig. 1B). The mortality rates were not significantly different (p = 0.718, Table 1). No significant changes were identified in arterial pressure and heart rate in any of the groups throughout the experiments. The hemodynamic variables did not differ significantly among the groups during the experiments (Table 2). Because there have not been any previous reports like our present study, there is no reference substance or treatment that has previously been established as having any effect when tested by the assay used in our present study. Therefore, no positive controls were included in the present study.

The AAR and MI size of seven rats from each group except Group 1 were determined at the end of the experiments. The AAR values were not significantly different (p = 0.525, Fig. 2A). Baicalein at doses of 10 and 30 mg/kg significantly reduced the MI size (p < 0.001 vs. Group 2; Fig. 2B). Baicalein at a dose of 3 mg/kg and DMSO (solvent vehicle) did not significantly change the MI size.

Blood was collected from seven rats in each group at the end of the experiments for biochemical analysis of kidney function. Myocardial I/R significantly increased the BUN level (p < 0.001 vs. Group 1). Baicalein and DMSO did not significantly reduce the increase of BUN (Fig. 3A). Myocardial I/R also significantly increased the creatinine level (p < 0.001 vs. Group 1; Fig. 3B). However, pretreatment with baicalein at doses of 3, 10, and 30 mg/kg significantly reduced the increase of the creatinine level (p < 0.001 vs. Group 2). DMSO did not significantly limit the increase of the creatinine level.

At the end of the experiments, the kidneys of seven rats from each group were used for histological examinations of kidney injury. Myocardial I/R induced significant dilatation of Bowman’s capsule (p < 0.05 vs. Group 1) and renal tubules (p < 0.01) (Fig. 4). Baicalein at doses of 3, 10, and 30 mg/kg significantly limited the dilatation of Bowman’s capsule (p < 0.05 vs. Group 2) and renal tubules (p < 0.05). DMSO pretreatment did not significantly reduce the dilatation of Bowman’s capsule and renal tubules.

At the end of the experiments, the kidneys of six rats from each group were used for TUNEL staining. TUNEL-positive nuclei were significantly increased in Group 2 (p < 0.001 vs. Group 1; Fig. 5). Baicalein at doses of 10 and 30 mg/kg significantly reduced the increase of TUNEL-positive nuclei (p < 0.001 vs. Group 2). Baicalein at a dose of 3 mg/kg also significantly limited the increase of TUNEL-positive nuclei (p < 0.05), although to a lesser extent than the larger doses. DMSO did not significantly change the increase of TUNEL-positive nuclei.

At the end of the experiments, the kidneys of another four rats from each group were used for Western blot analysis of activated caspase-3. Myocardial I/R increased the activated caspase-3 (Lane 2, p < 0.001 vs. Group 1; Fig. 6A). Baicalein at doses of 10 and 30 mg/kg significantly inhibited the increase of activated caspase-3 (Lanes 5 and 6, p < 0.001 vs. Group 2). Baicalein at a dose of 3 mg/kg also significantly reduced the increase of activated caspase-3 (Lane 4, p < 0.05). DMSO did not significantly limit the increase of activated caspase-3.

At the end of the experiments, blood was collected from five rats in each group to determine the serum levels of TNF-α, IL-1, and IL-6. Compared to the sham group (i.e., Group 1), myocardial I/R significantly increased the serum levels of TNF-α, IL-1, and IL-6 (p < 0.001; Fig. 6B). Baicalein at doses of 10 and 30 mg/kg, however, significantly limited the increases in the serum levels of TNF-α, IL-1, and IL-6 (p < 0.001 vs. Group 2). Baicalein at a dose of 3 mg/kg also significantly limited the increases in the serum levels of TNF-α (p < 0.01), IL-1 (p < 0.001), and IL-6 (p < 0.001). DMSO did not significantly reduce the increases in the serum levels of TNF-α, IL-1, and IL-6.

At the end of the experiments, the kidneys of four rats from each group were used for Western blot analysis of activated IL-6. Compared to the sham group (i.e., Group 1), myocardial I/R significantly increased activated IL-6 in Group 2 (Lane 2, p < 0.01 vs. Group 1; Fig. 6D). Baicalein at doses of 10 and 30 mg/kg sigif-

Fig. 1  A The chemical structure of baicalein. B The experimental protocol. Group 1 received the same surgical procedures and intravenous infusion of normal saline (1 mL/kg) for 10 min without CAO or CAR. Group 2 received intravenous infusion of normal saline (1 mL/kg) for 10 min. Group 3 received intravenous infusion of 10% (v/v) DMSO (1 mL/kg) for 10 min. Group 4 received intravenous infusion of 3 mg/kg of baicalein for 10 min. Group 5 received intravenous infusion of 10 mg/kg of baicalein for 10 min. Group 6 received intravenous infusion of 30 mg/kg of baicalein for 10 min. Ten minutes after the aforementioned pretreatments, all the rats except for those in Group 1 underwent a 40-min CAO and a 3-h CAR. Because there have not been any previous reports like our present study, there is no reference substance or treatment that has been previously established as having any effect when tested by the assay used in our present study. Therefore, no positive controls were included in the present study.
Hemodynamic changes during the experiments. Values are mean ± standard deviation. Rats in Group 1 received the same surgical procedure without any pretreatments. CAO, or CAR. The hemodynamic data shown for Group 1 were observed at the same time points as those for the other five groups. No significant changes were identified in mean arterial pressure and heart rate throughout the experiments. No significant differences were identified in the hemodynamic variables during the experiments.

<table>
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<th>Number Baseline 1 Bla</th>
<th>Baseline 2 Bla</th>
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<tr>
<td></td>
<td></td>
<td>20 min</td>
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<td>1 h</td>
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<td>80 ± 7</td>
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<td>77 ± 8</td>
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<td>80 ± 7</td>
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<td>75 ± 6</td>
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Heart rate (beats/min)

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<th>Baseline 2 Bla</th>
<th>CAO</th>
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<tr>
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<td>35.30 ± 4.77</td>
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<td>32.16 ± 3.45</td>
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Bai*3 = baicalein (3 mg/kg); Bai*10 = baicalein (10 mg/kg); Bai*30 = baicalein (30 mg/kg); Baseline 1 = baseline before treatment; Baseline 2 = baseline after treatment.
DMSO did not significantly affect the changes of Bcl-2, Bax, phospho-Akt, and phospho-ERK1/2 in the kidneys induced by myocardial I/R.

Discussion

In the current study, we demonstrated for the first time that baicalein attenuates kidney injury induced by myocardial I/R. Baicalein is a major component of the root of *S. baicalensis*, which has traditionally been used to treat cardiovascular and liver diseases in Asia [7]. The protective effects of baicalein on the heart and liver have been reported previously [8, 9]. However, studies regarding the protective effects of baicalein on the kidneys are scant. Lee et al. reported that baicalein reduced the inflammatory responses induced by radiation in the mouse kidney [11]. Ahad et al. recently reported that baicalein prevented nephropathy in diabetic rats [12]. This paper is the first report, however, on the protective effects of baicalein against AKI induced by myocardial I/R.

The mechanisms underlying the protective effects of baicalein on the kidneys are not fully understood. No significant hemodynamic changes were identified during the experiments, and hemodynamics did not differ significantly among the groups. As such, the inhibition of kidney injury and apoptosis by baicalein could not be ascribed to hemodynamic changes. Our study demonstrated that baicalein significantly reduced apoptosis in the kidneys. The serum levels of TNF-α, IL-1, and IL-6, and the levels of TNF-α in the kidneys were significantly decreased. Baicalein significantly increased Bcl-2 and reduced Bax in the kidneys. Phosphorylation of Akt and ERK1/2 was significantly increased. Our findings suggested that the underlying mechanisms of the protection of baicalein against AKI might be related to the inhibition of apoptosis,
possibly through the inhibition of TNF-α production, the modulation of Bcl-2 and Bax, and the activation of Akt and ERK1/2. Inhibition of apoptosis plays a crucial role in the protective effects of baicalein. Chen et al. recently demonstrated that baicalein prevented cardiac injury induced by lysophosphatidylcholine. The apoptosis was reduced in association with an increase of Bcl-2 and a decrease of Bax [13]. Huang et al. recently reported that baicalein dose-dependently reduced cell death in cardiomyocytes exposed to H₂O₂. DNA laddering was also attenuated [14]. AKI is a severe complication of acute MI and cardiac surgery, and a treatment for preventing AKI might significantly improve clinical outcomes. Venugopal et al. reported that remote ischemic preconditioning in the forearm reduces AKI in nondiabetic patients receiving coronary artery bypass grafting surgery [15]. Bai- calin, another component of the root of *S. baicalensis*, has previously been reported to attenuate renal I/R injury [16].

In this study, we demonstrated that baicalein reduces kidney injury and apoptosis induced by myocardial I/R in a dose-dependent manner. Baicalein at doses of 10 and 30 mg/kg significantly reduced the MI size. Reduction of the MI size is associated with preserved heart function and decreased production of proinflammatory cytokines; both may contribute to the attenuation of kidney injury. However, baicalein at a dose of 3 mg/kg significantly limited kidney injury without significantly reducing the MI size. Taken together, these findings suggest that baicalein protects against AKI induced by myocardial I/R, and that increased protective effects, which may be related to MI size reduction, are achieved at larger doses.

There are limitations in this study. No definite myocardial blood flow data were collected. However, rats have limited collateral coronary circulation, and our model is comparable to that widely used in experiments on myocardial I/R [3, 17]. MI might affect arterial pressure and the blood flow to the kidneys. Baicalein reduces the MI size and thus might prevent the compromising of kidney blood flow. Although we did not specifically measure the arterial pressure or flow to the kidneys during the experiment, the arterial pressure measured via the femoral artery cannula did not differ significantly among the groups. Zhang et al. demonstrated that a lack of change in mean arterial pressure connotes a corresponding lack of change in renal blood flow [18].

In conclusion, we demonstrated that baicalein attenuates kidney injury induced by myocardial I/R. The underlying mechanisms might be related to the inhibition of apoptosis, possibly through the inhibition of TNF-α production, the modulation of the expression of Bcl-2 and Bax, and the activation of Akt and ERK1/2. Our findings elucidate the mechanisms of the protective effects of baicalein, and may provide a rationale for the application of baicalein to prevent AKI in acute MI and cardiac surgery. Studies on other animals and investigations into the roles of other signaling elements are necessary.
Materials and Methods

Animals
Seventy-five male Sprague-Dawley rats (body weight: 250–280 g) were purchased from the National Laboratory Animal Breeding and Research Center of the Ministry of Science and Technology. All animals were housed at an ambient temperature of 23 ± 1°C and a humidity of 55 ± 5%. All animals were cared for humanely in accordance with the Guide for the Care and Use of Laboratory Animals (National Academic Press, USA, 1996). This study was approved by the Animal Experiment Committee of Taipei Veterans General Hospital (approval number IACUC 2014–078; approval date June 16, 2014).

Chemical and reagents
Baicalein (purity 98%) was purchased from Sigma-Aldrich. Baicalein was dissolved in DMSO (Sigma-Aldrich) and diluted to the desired concentrations in normal saline. The final concentration of DMSO in the injected solution was 10% (v/v). The diamino-benzidine-chromogen used for TUNEL staining was purchased from Boehringer.

Animal preparation
The techniques of animal preparation used in this study have been previously reported [3]. Briefly, each rat was anesthetized. The femoral artery was cannulated. Electrocardiography leads were placed. After median sternotomy, a 4–0 silk suture was passed around the proximal left anterior descending coronary artery. The ends of the silk suture were threaded through a small vinyl tube to form a snare. Body temperature was maintained at 37°C throughout the experiments.

Experimental protocol
A total of 75 rats were randomly allocated into six groups (Fig. 1B). Group 1 rats received the surgical procedure described above in addition to intravenous infusion of normal saline (1 mL/kg) for 10 min without coronary artery occlusion or reperfusion that would be administered to the other groups (sham group, 12 rats). Group 2 rats received intravenous infusion of
normal saline (1 mL/kg) for 10 min (myocardial I/R group, 13 rats). Group 3 rats received intravenous infusion of 10% (v/v) DMSO (1 mL/kg) for 10 min (DMSO group, 13 rats). Group 4 rats received intravenous infusion of 3 mg/kg of baicalein for 10 min (baicalein*3 group, 13 rats). Group 5 rats received intravenous infusion of 10 mg/kg of baicalein for 10 min (baicalein*10 group, 12 rats). Group 6 rats received intravenous infusion of 30 mg/kg of baicalein for 10 min (baicalein*30 group, 12 rats). Ten minutes after the aforementioned pretreatments, the rats in all of the groups except Group 1 received a 40-min coronary artery occlusion by pulling the snare around the proximal left anterior descending coronary artery. Successful occlusion was verified by observing the development of ST-segment elevation and changes in the QRS complex on electrocardiograms and the cyanotic change of the occluded myocardium. Subsequently, the snare was released for reperfusion for 3 h. Reperfusion was confirmed by refilling the coronary artery and observing a reactive hyperemic response. Arterial pressure, heart rate, and electrocardiograms were recorded simultaneously and continuously throughout the experiments.

Determination of the area at risk and myocardial infarct size
At the end of the experiments, 1000 units of heparin were intravenously administered. The heart was excised. The coronary artery was ligated at the site of previous occlusion. The ascending aorta was perfused with 1% Evans blue dye. The left ventricle plus septum was cut into 6–7 transverse slices, which were incubated at 37°C in 1% triphenyl tetrazolium chloride solution for 20 min. The slices were weighed and fixed in 10% formalin solution for 24 h. The basal surfaces were photographed. The AAR and MI of each heart slice were calculated by planimetry. The total weights of the AAR and MI were calculated and summed. The AAR was reported as a percentage of the left ventricle plus septum, with the MI size as a percentage of the AAR [19].

Biochemical analysis of kidney function
BUN and creatinine levels were measured using colorimetric methods adapted to an autoanalyzer and expressed as mg/dL.
Histological examination of kidney injury
The kidneys were fixed in 10% buffered formaldehyde, embedded, and sectioned in 5 µm slices. These sections were stained with hematoxylin and eosin. A histological evaluation was performed in a blinded manner by a pathologist on the dilatation of Bowman's capsule and renal tubules. Histological changes were scored on a 4-point scale. The score was 0 if there were no changes. The score was 1 if the changes were mild and focal. The score was 2 if the changes were intermediate and multifocal. The score was 3 if the changes were prominent and extensive [20].

TUNEL staining of the kidneys
The methods of TUNEL staining used in this study have been previously reported [3]. Briefly, the kidneys were sectioned and fixed in acetone. Samples were incubated with terminal deoxynucleotidyl transferase and detection buffer conjugated with horseradish peroxidase. A diamino-benzidine-chromogen was used. The number of TUNEL-positive nuclei was counted in randomly selected areas and expressed as a percentage of the total number of cellular nuclei at a magnification of × 400.
Determination of the serum levels of tumor necrosis factor-α, interleukin-1, and interleukin-6

The serum levels of TNF-α, IL-1, and IL-6 were determined through ELISA by using a commercially available ELISA set. ELISA was performed according to the manufacturer's instructions. All samples and standards were measured in duplicate.

Western blot analysis for caspase-3 activation, TNF-α, Bcl-2, Bax, Akt, and ERK1/2 in the kidneys

The methods of Western blot analysis used in this study have been previously reported [3]. Briefly, the kidneys were homogenized at 4°C. Equivalent amounts of protein samples were separated using electrophoresis and transferred to a nitrocellulose membrane. The membranes were incubated with various appropriate antibodies at 1:1000 (v/v) dilution in 5% nonfat dry milk. The membranes were incubated with secondary antibody conjugated to horseradish peroxidase. Peroxidase activity was visualized, followed by exposure to hyperfilms. Statistical analysis

All values are expressed as mean ± standard deviation. Hemodynamic variables were analyzed using two-way analysis of variance with repeated measures. The data were analyzed using one-way analysis of variance and the Bonferroni post hoc multiple comparison test. The ordinal values of the kidney injury scores were analyzed using the Mann-Whitney nonparametric test. Differences were considered significant at p values of less than 0.05.

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Conflict of Interest

The authors declare no conflicts of interest.

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