# Elucidation of the Intestinal Absorption Mechanism of Celastrol Using the Caco-2 Cell Transwell Model

Authors

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# Abstract

Celastrol, a triterpenoid isolated from stem (caulis) of Celastrus orbiculatus Thunb. (Celastraceae), has been known to have various pharmacological effects, including anti-inflammatory, anticancer, and antioxidant activities. However, the mechanism of the intestinal absorption of celastrol is unknown. The aim of this study was to investigate the intestinal absorption of celastrol using the Caco-2 cell transwell model. First, the bidirectional transport of celastrol in Caco-2 cell monolayers was observed. Then, the effects of time, concentration, temperature, paracellular pathway, and efflux transport inhibition on the transport of celastrol across the Caco-2 cell monolayers were investigated. The P-glycoprotein inhibitor verapamil and cyclosporin A, the multidrug resistance

protein 2 inhibitor MK571, and the breast cancer resistance protein inhibitor reserpine were used. Additionally, the effects of celastrol on the activity of P-glycoprotein were evaluated using the rhodamine 123 uptake assay. In this study, we found that the intestinal transport of celastrol was a time- and concentration-dependent active transport. The paracellular pathway was not involved in the transport of celastrol, and the efflux of celastrol was energy dependent. The results indicated that celastrol is a substrate of P-glycoprotein but not multidrug resistance protein 2 or the breast cancer resistance protein. In addition, celastrol could not affect the uptake of rhodamine 123 in Caco-2 cells, which indicated that celastrol could not inhibit or induce the activity of P-glycoprotein.

## Introduction

Celastrol (**• Fig. 1**), also known as tripterine, is an active ingredient that was originally identified and extracted from stem (caulis) of Celastrus orbiculatus Thunb. (Celastraceae) [1]. Celastrol has been found to exhibit anti-inflammatory and anticancer properties [2,3]. Celastrol has exhibited significant cytotoxic activity in different cancer models in vitro [4,5]. Pharmacokinetic investigations indicated that celastrol is poorly absorbed and the bioavailability of celastrol is low [6-8]. The metabolic profile of celastrol has been investigated [9-11]. However, little information is available regarding the intestinal absorption mechanisms. The clinical application of celastrol is restricted because of its narrow therapeutic range and the severe toxicity to the digestive, reproductive, and hematopoietic systems [12-

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14]. Therefore, there is a need to investigate its absorption mechanism.

In the drug discovery process, the understanding of the intestinal absorption characteristics of a new molecular entity (NME) to cross biological membranes, particularly the human intestinal mucosa, is critical for clinical development and eventual regulatory approval. Because human intestinal permeability studies are both costly and difficult [15], studies in the human colon carcinoma cell line, Caco-2, are the most commonly used biological tool for screening the intestinal permeability of NMEs during drug discovery and development [16, 17]. Caco-2 cells share similar characteristics with human small intestinal epithelial cells, and this cell line has become a well-accepted model for evaluating intestinal absorption in humans [18, 19]. More importantly, transporter proteins such as P-glycoprotein (P-gp), multidrug resistance protein 1/2 (MRP1/2), and the breast cancer resistance protein (BCRP) are reported to be functionally expressed in Caco-2 cell monolayers

[20]. However, the Caco-2 cell transwell model might provide an inaccurate estimation on investigations of intestinal absorption due to their undesirable phenotype and functionality, and a three-dimensional culture model of the intestinal mucosa was developed to study drug absorption, which would improve the estimation accuracy of drug intestinal absorption [21]. Although there are some defects, measurements in the Caco-2 cell line are also accepted by the FDA as a surrogate for human intestinal permeability measurements as part of their Biopharmaceutics Classification System guidance [22]. Therefore, the intestinal transport mechanism of celastrol was investigated using the Caco-2 cell model.

The intestinal tract is the main site of food as well as drug digestion and absorption [23,24]. Drugs entering into the intestinal epithelial cells might also be secreted back to the intestinal tract [25,26]. Efflux transporters expressed in the intestinal epithelial cells play an important role in the intestinal absorption of drugs [27,28]. However, whether or not intestinal efflux transporters are involved in the transport of celastrol is unknown. To the best of our knowledge, there have been little data available concerning the interaction between celastrol and intestinal efflux transporters until now. Therefore, in the present study, the intestinal absorption of celastrol was investigated using the Caco-2 cell transwell model, and the interactions of celastrol with efflux transporters were also elucidated.

#### **Results and Discussion**

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Before the experiments, celastrol cellular toxicity was examined by an MTT assay, and the results showed that 98% of cells survived with treatment of 20  $\mu$ M celastrol; with treatment of 50  $\mu$ M quercetin, only 65% of cells survived. The transepithelial electrical resistance (TEER) values were 447 ±22  $\Omega \cdot \text{cm}^2$  before the experiments, and the TEER values were also tested after the experiments (422 ± 17  $\Omega \cdot \text{cm}^2$ ), which indicated that the Caco-2 cell monolayers were intact before and after the experiments.

To investigate the intestinal transport mechanism of celastrol, a bidirectional transport assay in Caco-2 cell monolayers was preferred. To validate the efflux activity of P-gp, a typical P-gp substrate, digoxin, was used. The efflux ratio of digoxin of 14.5 indicated the abrogation in the presence of a typical P-gp inhibitor, verapamil, which suggested that the efflux activity of P-gp was qualified for the experiment.

• Table 1 shows the permeability of celastrol across Caco-2 cell monolayers. The apparent permeability coefficient (P<sub>app</sub>) values of celastrol from the apical-to-basal (AP-BL) side were  $3.2 \times 10^{-6}$  cm/s,  $3.5 \times 10^{-6}$  cm/s, and  $4.0 \times 10^{-6}$  cm/s at  $2 \mu$ M, 10 µM, and 20 µM celastrol, respectively, indicating that celastrol had passive diffusion ability. However, the basal-to-apical (BL-AP) Papp values of celastrol were much higher than the AP-BL permeability. The calculated efflux ratios of celastrol were 2.9, 3.1, and 2.9 at 2 µM, 10 µM, and 20 µM celastrol, respectively. Intestinal efflux transporters might be involved in the transport of celastrol because the efflux ratio was  $\geq 2$ ; however, the specific efflux transporters that were involved in the transport of celastrol is unknown. The transport of celastrol in both directions increased gradually with time and concentration, which is shown in **©** Fig. 2. The results showed that the parameters of time and concentration were the important factors influencing the transport of celastrol.

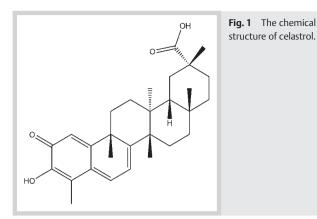
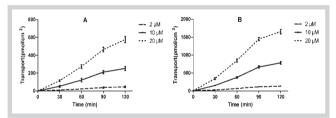


Table 1 Permeability of celastrol across the Caco-2 cell monolayers (mean  $\pm$  SD, n = 3).

Celastrol (µM)	P <sub>app</sub> (10 <sup>-6</sup> cm/s)		Efflux ratio
	AP-BL	BL-AP	
2	3.2 ± 0.8	9.2 ± 1.2	2.9
10	3.5 ± 1.1	10.9 ± 2.2	3.1
20	$4.0 \pm 0.9$	11.5 ± 2.6	2.9



**Fig. 2** Effects of time on transport of celastrol. Caco-2 cell monolayers were incubated at 37 °C in HBSS (pH 7.4), and three concentrations (2, 10, and 20  $\mu$ M) of celastrol were added to the apical (**A**) or basolateral (**B**) side. Samples were withdrawn at 30, 60, 90, and 120 min and determined by HPLC-UV. Each point represents the mean ± SD of three determinations.

The effect of the opening of cell junctions on the permeability of a compound is used as a criterion to determine the participation of the paracellular pathway. If the permeability of a solute increases significantly when cell junctions are opened, it is accepted that the paracellular pathway is important for the transport of that solute.

In this study, the paracellular transport study was conducted by modifying the cell junctions by adding EDTA (5 mM), a calcium chelator. Treatment with EDTA produces a substantial opening of cell junctions, as indicated by the increase in the P<sub>app</sub> of Lucifer yellow and the decrease in the TEER values.

**○ Fig. 3** shows the P<sub>app</sub> values of celastrol in the AP-BL and BL-AP directions for the Caco-2 monolayers with or without prior treatment with EDTA. The opening of junctions brought little influence in celastrol permeability in either direction (AP-BL:  $4.2 \times 10^{-6}$  cm/s; BL-AP:  $11.5 \times 10^{-6}$  cm/s). These results show that the paracellular pathway was not involved in the transport of celastrol.

A decrease in temperature reduces cellular metabolism and acts as an inhibitor of energy-dependent transport. Therefore, a decrease in the  $P_{app}$  at 4°C with respect to the  $P_{app}$  at 37°C might be an indication of participation of this type of transport. The permeability coefficient in the AP-BL direction obtained at 4°C was  $(3.3 \pm 0.4) \times 10^{-6}$  cm/s, similar to the values obtained at 37°C. This finding indicated that there was no or only minor energy-dependent transport in the process of absorption of this element.

In the BL-AP direction, there was a significant decrease in transport at the low temperature [P<sub>app</sub> (cm/s):  $4^{\circ}$ C:  $(6.4 \pm 0.7) \times 10^{-6}$ ;  $37 \degree$ C:  $(10.9 \pm 1.2) \times 10^{-6}$ ], indicating the possible participation of temperature-dependent transport in the secretory direction.

Efflux transporters commonly expressed in the intestinal membranes include P-gp, MRP2, and BCRP. These proteins are members of the ATP-binding cassette (ABC) transport proteins that use ATP as an energy source to transport substrates against a concentration gradient from the cytoplasm of intestinal cells back to the intestinal lumen or to the blood [29, 30]. As shown in O Fig. 4, in the presence of MK571 or reserpine, there was almost no effect on P<sub>app(AP-BL)</sub> and P<sub>app(BL-AP)</sub>, which indicates that celastrol was not a substrate of MRP2 and BCRP. However, in the presence of the P-gp inhibitors verapamil and cyclosporin A, the P<sub>app(AP-BL)</sub> was significantly increased as the Papp(BL-AP) decreased, and the efflux ratio of celastrol decreased from 4.5 to 1.3 and 1.0. These results suggest that celastrol is a substrate of P-gp. Therefore, it could be speculated that celastrol might first be absorbed into the intestinal epithelial cells, and then P-gp expressed in the intestine might pump out celastrol from the intestinal epithelial cells and limit the absorption of celastrol.

The efflux transporter P-gp is an important biological barrier against foreign agents because of its high expression in the gastrointestinal tract [31]. Therefore, this protein serves as a major determinant of drug absorption in the small intestine. Numerous natural compounds from medicinal herbs have been reported to be inhibitors of P-gp, and these compounds could enhance the oral bioavailability of P-gp substrates and also reverse multidrug resistance induced by chemotherapeutic agents [32,33]. There are several reports on the pharmacokinetic drug-drug interactions based on the inhibition or induction of transporters [34, 35]; therefore, the effects of celastrol on the activity of P-gp should be elucidated.

• Fig. 5 shows the accumulation of rhodamine 123 in the Caco-2 cell in the presence of 50 µM celastrol. Verapamil and cyclosporin A, known inhibitors of P-gp, increased the cellular accumulation of rhodamine 123. However, celastrol could not increase the cellular accumulation of rhodamine 123, which indicates that celastrol could not affect the P-gp-mediated efflux of rhodamine 123 and had little influence on the activity of P-gp.

Celastrol has been used for different diseases and might be used in combination with other drugs. The coadministration of celastrol with P-gp inhibitors might increase the bioavailability of celastrol and increase its toxic effect in vivo. Therefore, drug-drug interactions might occur when celastrol is coadministered with P-gp inhibitors.

This study had some limitations. First, celastrol is an acid compound, and the study could provide more details if the deprotonated form of celastrol in solution (pH 7.4) was used. In future research, the pKa value of celastrol and the deprotonated form of celastrol in solution (pH 7.4) should be investigated. Second, the effects of celastrol on the activity of other membrane transporters were not investigated in this study; our future research will focus on this subject.

In this study, the intestinal absorption mechanism of celastrol was investigated using the Caco-2 cell monolayer model. The re-

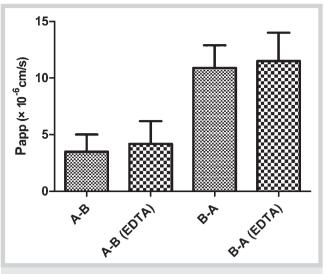


Fig. 3 Apparent permeability coefficient (P<sub>app</sub>) of celastrol (10 µM) in the apical-basolateral direction (AP-BL) and in the basal-apical direction (BL-AP) in Caco-2 cells previously treated with EDTA or without previous treatment with EDTA. The values are expressed as the mean ± standard deviation (n = 3).

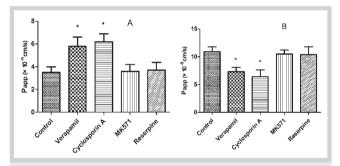


Fig. 4 Effects of several inhibitors on the transport of celastrol from the apical to the basolateral side (A) or in the opposite direction (B). Caco-2 cell monolayers were incubated at 37 °C in HBSS (pH 7.4), and celastrol (10 µM) was added to the apical or basolateral side. Inhibitors (verapamil, cyclosporin A, MK-571, and reserpine) were also added to the donor chamber with celastrol. \*Significant differences (p < 0.05) were observed for the MK-571 and reserpine samples compared with the control sample. Each point represents the mean ± SD of three determinations.

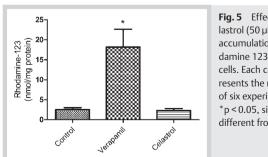


Fig. 5 Effects of celastrol (50 µM) on the accumulation of rhodamine 123 in Caco-2 cells. Each column represents the mean ± S. D. of six experiments. \*p < 0.05, significantly different from control.

sults indicated that the intestinal transport of celastrol occurred in a time- and concentration-dependent passive transport mechanism, and the efflux of celastrol was an energy-dependent transport. P-gp was involved in the transport of celastrol, which hindered the absorption of celastrol in the intestine, and celastrol had little effect on the activity of P-gp. We hope this research will be helpful for the development of celastrol as a chemotherapeutic agent.

# **Materials and Methods**

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### **Drugs and reagents**

Celastrol (>98%), hydrocortisone (>98%), reserpine (>98%), quercetin (>98%), and verapamil (>98%) were purchased from the National Institutes for Food and Drug Control (Beijing, China). Cyclosporin A (>99%) was purchased from Gene Operation. MK-571 (>95%) and rhodamine 123 were purchased from Sigma-Aldrich. DMEM, FBS, and trypsin were obtained from Gibico. Methanol and acetonitrile were obtained from J&K. Other reagents were of analytical grade or better.

#### **Cell culture**

The Caco-2 cell line was obtained from the American Type Culture Collection. The Caco-2 cell transport experiment was performed according to a method previously reported [36]. Briefly, Caco-2 cells were cultured in DMEM high-glucose media containing 15% FBS, 1% NEAA, and 100 U/mL of penicillin and streptomycin. The cells were cultured at 37 °C with 5% CO<sub>2</sub>. For transport studies, cells at passage 30-40 were seeded on transwell polycarbonate insert filters (1.12 cm<sup>2</sup> surface, 0.4 µm pore size, 12 mm diameter; Corning Costar Corporation) in 12-well plates at a density of  $1 \times 10^5$  cells/cm<sup>2</sup>. The cells were allowed to grow for 21 days. For the first 7 days, the media was replaced every 2 days, and then the media was replaced daily thereafter. The TEER of the monolayer cells was measured by using Millicell ERS-2 (Millipore Corporation), and the TEER value should exceed 400  $\Omega \cdot cm^2$ . The integrity of the Caco-2 monolayers was confirmed by the paracellular flux of Lucifer yellow of less than 1% per hour. The alkaline phosphatase activity was validated using an Alkaline Phosphatase Assay Kit. The efflux activity of P-gp was validated using a typical P-gp substrate, digoxin (25 µM). The qualified monolayers were used for the transport studies.

#### Cell viability assay

Before the experiments, celastrol cellular toxicity was examined by an MTT assay. Briefly, Caco-2 cells were seeded in 96-well plates at a density of 4000 cells per well. Twenty-four hours later, the cells were treated with increasing concentrations of celastrol  $(1-100 \,\mu\text{M})$  and cultured for 3 h; quercetin  $(50 \,\mu\text{M})$  was used as a positive control [37], and blank Hanks' balanced salt solution (HBSS) was used as a negative control. At the end of treatment, the MTT uptake method for cell viability determination was conducted according to the manufacturer's protocol (Promega), and the plate was read at 490 nm.

#### **Transport studies**

Before the transport experiments, the cell monolayers were rinsed twice using warm  $(37 \,^{\circ}C)$  HBSS, and then the cells were incubated at  $37 \,^{\circ}C$  for 20 min. After preincubation, the cell monolayers were incubated with celastrol in fresh incubation media from either the apical (AP) or basolateral (BL) side for the desig-

nated time at 37 °C. The volume of incubation media on the AP and BL sides was 0.5 mL and 1.5 mL, respectively, and a 100- $\mu$ L aliquot of the incubation solution was withdrawn at the designated time points (30, 60, 90, and 120 min) from the receiver compartment and replaced with the same volume of a fresh prewarmed HBSS buffer; three concentrations of celastrol (2, 10, and 20  $\mu$ M) were tested.

### Paracellular transport of celastrol

The participation of the paracellular pathway in the transport of celastrol was evaluated by modulating the cell junctions in both directions (AP-BL and BL-AP). For this purpose, the cell monolayer was incubated with 5 mM EDTA in PBS free of Ca<sup>2+</sup> and Mg<sup>2+</sup> for 5 min. Then, the standard of celastrol (10  $\mu$ M), prepared in medium consisting of 50% HBSS free of Ca<sup>2+</sup> and Mg<sup>2+</sup> supplemented with 10 mM HEPES and 50% HBSS supplemented with 10 mM HEPES, was added to the donor compartment. The acceptor medium was collected at various times (30, 60, 90, and 120 min), and the concentration of celastrol was determined. At the same time, the efficiency of EDTA in modulating the cell junctions was monitored by determining the P<sub>app</sub> value of Lucifer yellow before and after the EDTA treatment.

## Effects of temperature on transport of celastrol

The study of transport at 37 °C and 4°C was conducted in the AP-BL and BL-AP directions. For this study, 10  $\mu$ M celastrol prepared in HBSS supplemented with 10 mM HEPES were added to the donor compartment, and a 100- $\mu$ L aliquot of the incubation solution was withdrawn at designated time points (30, 60, 90, and 120 min) from the receiver compartment and replaced with the same volume of fresh pre-warmed HBSS buffer.

# Effect of several transporter inhibitors on the transport of celastrol

The inhibitory effects of transporter inhibitors on celastrol flux by Caco-2 cells were investigated by adding 50  $\mu$ M verapamil, MK-571, reserpine, and 10  $\mu$ M cyclosporin A to both sides of the cell monolayers. The permeability of celastrol (10  $\mu$ M) in the above conditions in both directions (A–B and B–A) was measured after incubation for 30, 60, 90, and 120 min at 37 °C.

# Measurement of cellular accumulation of rhodamine 123 in Caco-2 cells

The accumulation of rhodamine 123, a fluorescent substrate of P-gp, was measured, and the effects of celastrol were determined as described previously [38]. Briefly, Caco-2 cells, plated at  $1 \times 10^5$  cells/well in 24-well plates, were incubated with  $20 \,\mu\text{M}$ rhodamine 123 in the absence or presence of celastrol  $(50 \,\mu\text{M})$ for 1 h in a CO<sub>2</sub> incubator at 37 °C. After the incubation, the medium was removed by aspiration and the cells were washed with ice-cold PBS and lysed with 0.1% triton-X100 in PBS. The fluorescence intensity was measured with a microplate fluorometer (Fluoroskan Ascent). The excitation and emission wavelengths were 485 and 538 nm, respectively. The protein concentrations were measured by the Lowry method using a Bio-Rad DC protein assav kit (Bio-Rad Laboratories) with bovine serum albumin as the standard. The accumulation ratios were calculated using the accumulation of rhodamine 123 in cells incubated without celastrol as a control.

Determination of celastrol using HPLC-UV

The celastrol concentration was analyzed by HPLC-UV according to a reported method with some modification [39]. An Agilent HPLC 1200 system was used for the determination. Samples were separated with a Shiseido C18 column ( $3.0 \times 100$  mm,  $3 \mu$ m). The mobile phase consisted of 80% acetonitrile and 20% formic acid (0.1%) in water. The column temperature was set at 30°C, and the flow rate was set at 0.8 mL/min. Celastrol was detected at a wavelength of 456 nm. The injection volume was 20 µL.

The calibration curve (Y = 0.287 X + 2.618) was linear over the range of 15–15000 ng/mL with a correlation coefficient of 0.999. The limit of quantification and the limit of detection of this method were 15 and 5 ng/mL, respectively. The intra- and interday precision values (RSD) were less than 10%, and the accuracy (RE) ranged from – 6.65% to 8.42%. These data indicate that the accuracy and precision of the method were satisfactory.

#### Data analysis

The apparent permeability coefficient (P<sub>app</sub>) was calculated using the equation of Artursson and Karlsson [40]: P<sub>app</sub> = ( $\Delta Q/\Delta t$ ) × [1/ (A × C<sub>0</sub>)], where P<sub>app</sub> is the apparent permeability coefficient (cm/s),  $\Delta Q/\Delta t$  (µmol/s) is the rate at which the compound appears at the receiver chamber, C<sub>0</sub> (µmol/L) is the initial concentration of the compound in the donor chamber, and A (cm<sup>2</sup>) represents the surface area of the cell monolayer. Data were collected from the three separate experiments, and each experiment was performed in triplicate. All results are expressed as the mean ± SD. Group comparisons were conducted using the unpaired t-test. Differences between groups were considered statistically significant for p values < 0.05.

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**Conflict of Interest** 

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The authors declare no conflict of interest.

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