

Prevalence and Concomitancy of Respiratory Viruses in Children with Acute Respiratory Tract Infections

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Abstract

Respiratory tract infections (RTI) are among the most commonly seen infections in children across the world, with the highest rate of morbidity. Viruses are known to be the primary agent in these infections and mostly lead to upper RTIs. The most commonly seen viral agents of RTIs may be listed as rhinoviruses (HRV), influenza, parainfluenza (PIV), respiratory syncytial virus (RSV), adenovirus, and enteroviruses.

In this study, prediagnosed children with acute RTI between January 2013 and May 2015 were included. Nasopharyngeal swab samples obtained from a total of 2,268 patients admitted to the hospital of Meram Medical School of Necmettin Erbakan University and Ministry of Health Konya Training and Research Hospital were investigated.

The nasopharyngeal swab samples obtained in the hospital of Meram Medical School were investigated via Seeplex RV12 ACE Detection multiplex PCR (Seegene, South Korea) while the samples in Konya Training and Research Hospital were assessed using the system by CLART PneumoVir (Genomica, Spain).

Of the 2,268 samples investigated in the study, 1,320 (58.2%) were detected for viruses. Positive number of viruses found in both kits were collected for use in a table, and the most common viruses rates were calculated according to these numbers. Among positive 1,221 samples, 27.9% were found to be RSV B, and this rate was, in turn, followed by HRV (18.8%) and RSV A. The most frequent concomitant of double viral agents was observed in RSV B and HRV as 14% followed by RSV A and HRV as 6.8%, and PIV 3 and HRV with 5.9%. While RSV B and RSV A were encountered most in winter and spring months, HRV was determined as an infectious agent in all seasons.

Multiplex polymerase chain reaction is beneficial for physicians to diagnose such viruses at an early stage. By the early detection of respiratory viruses leading to seasonal epidemics, physicians' approach to patients will become easier, and unnecessary use of antibiotics will be prevented. Additionally, our study findings are intriguing in shedding light on studies related to the development and application of vaccines.

Keywords

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- children
- viruses

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Introduction

Respiratory tract infections (RTI) are among the most commonly seen infections across the world, with the highest rate of morbidity. Viruses are known to be the primary agent in 20 to 60% of these infections and mostly lead to upper RTIs. However, in risk groups such as children, the elderly, those with underlying disorders, and patients with immunosuppression, viruses could lead to serious infections by involving lower respiratory tract, with high mortality.¹ Virus-induced RTIs are seen as significant public health challenges as they easily lead to epidemics. Acute lower RTIs are reported to cause nearly four million deaths annually, consisting mostly of children under 5 years of age.² In preschool period, each child experiences acute RTIs approximately five to eight times per annum.³ The most commonly detected viruses are respiratory syncytial virus (RSV), rhinovirus (HRV), and influenza virus (INF).⁴ The others may be listed as parainfluenza (PIV), adenovirus (AdV), and enteroviruses (EV). Thanks to the developments in molecular diagnostic modalities, in recent years, a number of tests have begun to be used to diagnose viral RTIs, and many novel viruses leading to RTIs have been described, such as human metapneumoviruses (HMPV), severe acute respiratory syndrome coronavirus which causes severe acute respiratory syndrome, human coronavirus (HCoV), HCoV-NL63, HCoV-HKU1, human bocavirus (HBoV), and polyomaviruses KI and WU. Among these agents, while INF, PIV, and RSV lead to epidemics in general, viruses such as AdV, HCoV, and HRV give rise to endemic infections.¹

The agents of acute RTIs, viruses, may exhibit different characteristics, depending on geographical regions, seasonal differences, and diagnostic procedures. In warm climates, an increase is observed in the incidences of RSV and INF, especially during winter months. PIV 3 and PIV 1 in winter, PIV 2 at the initial of fall and winter, EV during summer and fall months, and HRV in spring and winter are known to cause infections at a higher rate, while AdVs could be the reason for infections within each season.¹ PIV seasonality follows type-specific seasonal patterns, with PIV 1 circulating in odd-numbered years and PIV 2 and PIV 3 circulating annually.⁵

Detection and classification of the common respiratory pathogens is impressively important because of the fact that pathogens have potentially high morbidity and mortality rates. Culture-based, antigen-based, and molecular techniques are currently used as diagnostic methods. Among them, molecular methods have the potential for the highest sensitivity, with assay turn-around times on the order of a few hours and foreseeable capability to be run in a high-throughput batch process.^{6,7} In multiplex PCR assay (mPCR) with higher sensitivity, resulting in a shorter time and one of the nucleic acid diagnostic methods developed to be used in the rapid diagnosis of respiratory tract pathogens in clinical samples, multiple respiratory viruses can be detected more than once in the same reaction using one clinical sample at the same time.⁸ Especially in children with lower RTI, agents can be diagnosed in exacerbations

such as febrile neutropenia, cystic fibrosis and chronic obstructive pulmonary disease, and unnecessary use of antibiotics is prevented.⁹ Because of providing rapid results, mPCR causes morbidity and mortality rates to be decreased.¹⁰

In the present study designed retrospectively, it was aimed at investigating viral agents leading to acute RTIs and their seasonal distributions in the province of Konya.

Materials and Methods

The Group of Patients and Clinical Samples

Prediagnosed with acute RTI between January 2013 and May 2015, children under the age of 18 were included in the study. Nasopharyngeal swab samples obtained from a total of 2,268 patients admitted to the hospital of Meram Medical School of Necmettin Erbakan University and Ministry of Health Konya Training and Research Hospital were investigated.

Method of mPCR

The nasopharyngeal swab samples obtained from the hospital of Meram Medical School were investigated via Seeplex RV12 ACE Detection mPCR (Seegene, South Korea) while the samples from Konya Training and Research Hospital were assessed using the system by CLART PneumoVir (Genomica, Spain). Although only 12 viral agents such as HMPV, AdV, HCoV; 229E/NL63, and OC43/HKU1, PIV 1, 2 and 3, INF A and B, RSV A and B, and HRV A and B could be investigated by the system of Seeplex RV12 ACE Detection mPCR. The system of CLART PneumoVir was capable of determining 18 viruses such as AdV, HMPV A and B, PIV 1, 2, 3 and 4 (A and B subtypes), HRV, RSV A and B, HBoV, HCoV; 229E, OC43, and NL63, EV, INF A (H7N9, H3N2, H1N1, H1N1/2009 subtypes), and INF B, and C (► Figs. 1, 2 and 3).

Results

Of the 2,268 samples investigated in the study, viruses were detected as agents in 1,320 (58.2%). The 1,320 positive samples were composed of 427 men (42.1%) and 588 women (57.9%). Positive number of viruses found in both kits were collected for use in a table, and the most common viruses' rates were calculated according to these numbers, among which, 27.9% were found to be RSV B, and this rate was, in turn, followed by HRV (18.8%) and RSV A (17.8%) (► Table 1).

Positivity was detected in agents more than once in 263 of 2,268 respiratory tract swap samples in the study, and the findings presented in ► Table 2.

The most frequent concomitancy of double agents was observed in RSV B and HRV with 14% followed by RSV A and HRV with 6.8%, and PIV 3 and HRV with 5.9% (► Table 3).

Considering the distribution of samples with positivity to months, the positivity was observed to be densely accumulated in January, February, March, and April (► Table 4).

While RSV B and RSV A are encountered most in winter and spring months, HRV was determined as an infectious agent in all seasons (► Table 5).

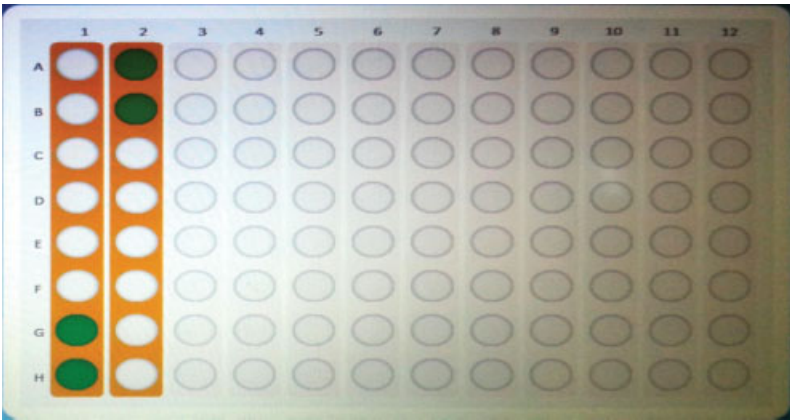


Fig. 1 Patients' panel studied.



Fig. 2 Negative results of patients.



Fig. 3 Negative results of patients (influenza virus A [INF A] H₃N₂ positivity).

Discussion

Viral RTIs are a significant societal health challenge as they lead to long hospital stays and even deaths, especially in children under the ages of 5. We consider that knowing about the frequency and seasonal distribution of agents leading to viral RTIs in this age segment sheds light on the diagnosis and

vaccination for healthcare professionals.¹¹ In RTI-originated acute disorders, agents cannot be determined in general, and so most of the agents determined are considered to be viral.¹² The effects witnessed on RTIs may display differences in terms of age segments, seasons, underlying disorders, and geographical regions. According to their incidences, however, RSV, INF, PIV 3, and AdV are reported as the agents ranking from highest to lowest.¹

In our study performed with mPCR assay, we determined viral agents of acute RTIs and their percentages as RSV B (27.9%), HRV (18.8%), and RSV A (17.8%) (►Table 1). In a similar study performed by Çiçek et al,¹⁰ three most frequently encountered pathogens were defined as RSV (11.0%), HRV (5.6%), and INF A (4.2%). One thousand one hundred and twenty-six eligible children were enrolled in another prospective study from United States. A specific virus was

Table 1 Distribution of viral agents leading to acute respiratory tract infections

Viruses	Number	Percentage (%)
RSV B	341	27.9
HRV	230	18.8
RSV A	217	17.8
HMPV	92	7.5
INF A (and subtypes)	91	7.5
AdV	88	7.2
INF B	60	4.9
PIV 3	58	4.8
HCoV	21	1.7
PIV 1	17	1.4
PIV 2	6	0.5
Total	1,221	100

Abbreviations: AdV, adenovirus; HCoV, human coronavirus; HMPV, human metapneumovirus; HRV, human rhinovirus; INF A/B, influenza virus A/B; PIV 1/2/3, parainfluenza virus 1/2/3; RSV A/B, respiratory syncytial virus A/B.

Table 2 Distribution of viruses with positivity more than one

Viruses	Number	Percentage (%)
Double agents	236	89.8
Triple agents	18	6.8
Quaternary agents	9	3.4
Total	263	100

identified in 61.0% of children, HMPV was identified in 9.0%, second to RSV (45%).¹³

Biçeret al,¹⁴ however, reported RSV (32%) as the most frequent agent followed by AdV with 26.2% and PIV with 19.4%. In another similar study performed by Akçaliyet al,¹⁵ RSV and HRV were reported as the most frequent agents with 61% and 35%, respectively. In the study performed in children by Sancakliyet al¹⁶, however, the most frequent agents were reported as HRV (26.4%) and RSV A-B (10.3%). Another study also found that 48.5% of agents causing lower RTIs were viral, and 44% of these originated from RSV.¹⁷ In another retrospective study with 2,044 pediatric patients in Russia, the most frequent RTI agents were identified as INFA (40%) and INFB (12%).¹⁸ In our study the total rate of INF viruses is 12.4%. These rates may vary according to region and year.

In the study by Akkaya et al,¹⁹ RSV and HSV were emphasized as the most frequent viral agents in children. In the study by Hatipoğlu et al,²⁰ RSV (55.6%) and PIV (27.8%) were also found as the most frequent agents. In another study, however, the most frequent agents were reported to be INF A (25%), HRV (20%), and HMPV (10%).²¹ As understood from these findings of studies conducted in different regions, different results were reported.

Viral RTIs demonstrating seasonal differences lead to epidemics that could change from year to year, especially in warm climates. RSVs are known to cause infections most in winter months, while HRVs are known to do so throughout the year.^{1,22} As consistent with those found in literature, similar results were obtained for RSV and HRV in our study, as well. Considering the rates of coinfections in our study, the con-

Table 3 Concomitancy of double agents with positivity

Viruses	Number	Percentage (%)
RSV B–HRV	33	14.0
RSV A–HRV	16	6.8
PIV 3–HRV	14	5.9
RSV A–RSV B	13	5.5
RSV B–HMPV	11	4.7
RSV A–HMPV	10	4.2
RSV A–INF B	10	4.2
Others	129	54.7
Total	236	100

Abbreviations: HMPV, human metapneumovirus; HRV, human rhinovirus; INF B, influenza virus B; PIV 3, parainfluenza virus 3; RSV A/B, respiratory syncytial virus A/B.

Table 4 Monthly distribution of viruses with positivity

Months	Number	Percentage (%)
January	223	16.9
February	217	16.4
March	265	20.2
April	158	12
May	97	7.3
June	108	8.2
July	57	4.3
August	44	3.3
September	41	3.1
October	36	2.7
November	30	2.3
December	44	3.3
Total	1,320	100

comitancy of RSV B–HRV was detected as 14%. Akçaliyet al¹⁵ report in their study that the concomitancy of RSV–HRV was found as the most widespread reason for coinfection, as parallel to our findings. Again, in another study by Frobert et al,²³ in children under the age of 2 in the intensive care unit, RSV (24.3%) was reported to be the most frequently encountered agent in coinfections. Another prospective study was performed with 772 hospitalized infants. Fifty-nine patients had coinfection with RSV and HRV, RSV and AdV, INF and HRV, or AdV and HRV.²⁴ In two other studies, the coinfection rates of HRV–EV were found to be higher, compared with other

Table 5 Distributions of most commonly detected viruses per month

Months	RSV B	HRV	RSV A
January	118	23	21
February	35	16	62
March	66	24	76
April	56	36	44
May	13	18	8
June	3	38	2
July	2	6	1
August	4	8	0
September	1	12	1
October	4	16	0
November	2	15	1
December	37	18	1
Total	341	230	217

Abbreviations: HRV, human rhinovirus; RSV A/B, respiratory syncytial virus A/B.

agents.^{25,26} As seen in all these studies, why viruses lead to coinfections still remains unclear.²⁷

The importance of respiratory viruses as the etiologic agent of RTIs in children was verified in our study. In 58.2% of the children admitted to our hospitals with the complaint of acute RTIs, the major pathogen was seen as virus. Our study summarizes the clinical characteristics of viral agents that were detected in children with RTI. The severity of diseases caused by RSV B, HRV, and RSV A were higher than other viruses. Coinfections were detected in 19.9% of the patients, especially with some pathogens, such as RSV, HRV, and PIV, whereas, AdV and HCoV were more commonly identified as single infections. The presence of coinfections was not associated with increased disease severity. RSV exhibited seasonal patterns; cases peaking over the rainy season (December–April), and HRV were endemic throughout the year. It was concluded that mPCR is beneficial for physicians to diagnose such viruses at an early stage. By the early detection of respiratory viruses leading to seasonal epidemics, physicians' approach to patients will become easier, and unnecessary use of antibiotics will be prevented. Additionally, our study findings are intriguing in shedding light on studies related to the development and application of vaccines.

Conflict of Interest

None.

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