

Access to 5(6→7)*abeo*-Steroids through Benzilic Acid Rearrangement of *i*-Steroids

Florian Noack

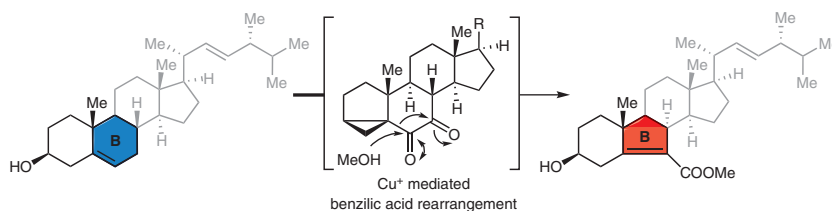
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Dedicated to Barbara, Kurt, and Konrad Krieger

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Abstract Benzilic acid rearrangement of *i*-steroid ketones and their subsequent opening gives access to 5(6→7)*abeo*-steroids. The functional group tolerance is demonstrated by several examples, including substrates with additional olefinic groups. The method opens a potential route to the synthesis of complex natural products such as solanioic acid from abundant steroid starting materials like ergosterol.

Key words *abeo*-steroids, benzilic acid rearrangement, *i*-steroids, natural products, total synthesis

Among the class of steroids, 5(6→7)*abeo*-steroids constitute a rather small subgroup with only few examples reported as isolated natural products¹ or semisynthetic analogs.² In recent years, especially the isolation of solanioic acid (**1**, Figure 1), a potent antibacterial natural product isolated from the tubers of *Cyperus rotundus*, drew some attention because of its intriguing structural complexity.³ Despite the mentioned 5(6→7)*abeo*-motif, an additional 11,12-*seco*-motif is present in its molecular framework, and a biosynthetic rationale may trace back these structural elements to ergosterol as a potential precursor. Another recently isolated example is 3β,5β,6-trihydroxy-B-norsitostane (**2**, Figure 1), although no biological activity could be identified so far.⁴ 5(6→7)*abeo*-Steroids have also been known to affect myelin degradation in the central nervous system, a process serving as a clinical hallmark of multiple sclerosis.⁵ Atheronal B (**3**, Figure 1), thus, modulates misfolding of apolipoprotein B₁₀₀, β-amyloid protein, α-synuclein, and κ- and λ-antibody light chains. Specifically, **3** forms imines with lysine side chains, a process that effectively reduces the cationic nature of, e.g., the myelin basic protein, which leads to structural changes and a decrease in

myelin stability and may contribute to the onset and progression of multiple sclerosis. The biosynthetic origin of atheronal B (**3**) was subject to some controversy with speculations regarding the possible formation of ozone (O₃) in brain tissue and its reaction with, e.g., cholesterol (**4**, Scheme 1, lower part).⁶ Although tempting, neither O₃ nor the corresponding ozonides could be detected so far, and it thus appears much more likely that a sequence consisting of the Schenck ene reaction, Hock rearrangement, and aldol addition is operative and leads to the formation of **3** (Scheme 1, **4**→**5**→**A**→**B**→**3**).⁷

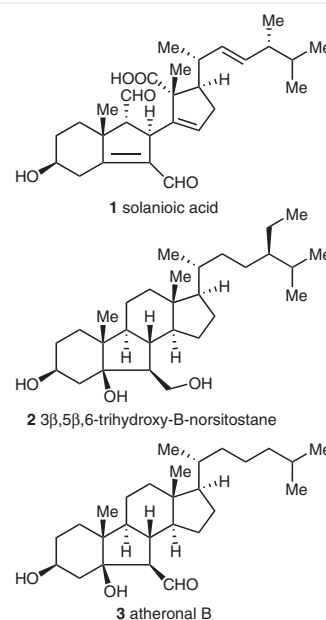
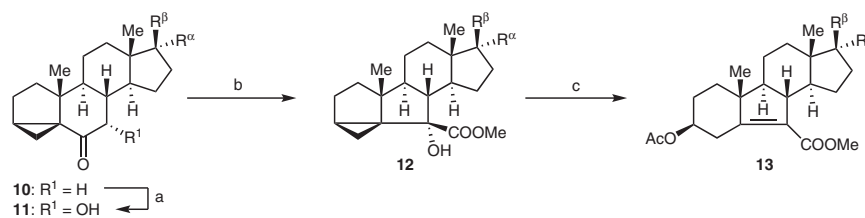


Figure 1 Molecular structures of 5(6→7)*abeo*-steroids solanioic acid (**1**), 3β,5β,6-trihydroxy-B-norsitostane (**2**), and atheronal B (**3**)

Table 1 Substrate Scope of the Three-Step Procedure for the Synthesis of *B-nor*-Steroids^a

Entry	R ^β	R ^α	Yield [%] of oxidation product 11 (R ¹ = OH)	Yield [%] of rearrangement product 12	Yield [%] of <i>i</i> -steroid opening product 13
1		H	11a : 56 (82 ¹¹)	12a : 94	13a : 79
2		H	11b : 56	12b : 88	13b : 70
3	OH	H	11c : 37	12c : 61	13c : 42
4	OTMS	H	11d : 23	12c : 83 ^b	– ^c
5	OH		11e : 30	12e : – ^d	– ^c
6	OTMS		11f : 13	12f : – ^d	– ^c
7			11g : 38 (recovered 10g : 44%)	12g : 85	13g : – ^d

^a Reaction conditions: (a) 1. TMSOTf (3.0 equiv), Et₃N (4.0 equiv), CH₂Cl₂, 0 °C, 20 min; 2. *m*CPBA (1.1 equiv), CH₂Cl₂, –40 °C, 2 h; (b) CuCl (20 equiv), MeOH, 50 °C, 3–16 h; (c) BF₃·Et₂O (80 equiv), AcOH (200 equiv), Et₂O, 25 °C, 15 h.

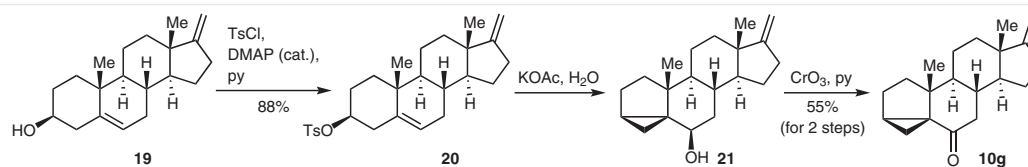
^b The TMS ether was cleaved during the rearrangement step and the same product as in the unprotected case was obtained.

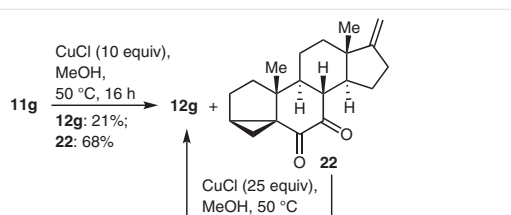
^c Reaction was not performed since the required rearrangement product could not be obtained in the previous step.

^d No desired product could be isolated.

ring under the reaction conditions. Substrate **10g** underwent the oxidation and rearrangement steps without incident, but failed to undergo the final *i*-steroid opening, likely due to Lewis acid-promoted double bond isomerization of the *exo* double bond into the D ring or Wagner–Meerwein-type rearrangements occurring. In an additional experiment, we lowered the number of equivalents of CuCl in the oxidation/rearrangement step for substrate **10g** and observed a much more sluggish reaction and only 21% of rearrangement product **11g** being isolated. Interestingly, the major product under these conditions (68% yield) was as-

signed by 2D NMR spectroscopic analysis to be the assumed intermediate dione **22** (Scheme 4). This species proved isolable by column chromatography and was stable in pure form for an extended period of time. Replacing MeOH as the solvent in the reaction for non-nucleophilic CH₂Cl₂ resulted in the recovery of starting material and no formation of either **12g** or **22**. Dione **22** was found to be capable of reentering the reaction when resubjected to the original conditions (using 25 equiv CuCl) and gave **12g**. This result also served as confirmation of the intermediacy of a dione in the mechanistic rationale.

**Scheme 3** Synthesis of substrate **10g**



Scheme 4 Synthesis of dione intermediate **22** and its conversion into **12g**

In summary, we herein reported a novel method for the preparation of *B-nor*-steroids that makes use of a Cu-mediated one-pot oxidation/benzilic acid rearrangement. The substrate scope was explored and the tolerance of our conditions towards additional functionalities was examined. These results will be useful in our ongoing work on solanionic acid analogs and, thus, present an opportunity for biological studies and a deepened understanding of the underlying biology of this class of natural products.

All reactions sensitive to moisture and/or air were carried out using heat-gun dried glassware, an argon atmosphere, and anhydrous solvents. Anhydrous dichloromethane and diethyl ether were prepared by an M. Braun GmbH MB SPS-800 solvent purification system. Anhydrous toluene and methanol were purchased from Acros (extra anhydrous quality). Ethyl acetate and *n*-hexane were purified by distillation on a rotary evaporator. All other solvents and commercially available reagents were used without further purification unless otherwise stated. Reactions were monitored by TLC carried out on Merck Silica Gel 50 F₂₄₅ plates and visualized by fluorescence quenching under UV light, or an aqueous solution of cerium sulfate and phosphomolybdic acid, or ceric ammonium molybdate (CAM), or an acidic methanolic solution of vanillin and heat as developing agent. Column chromatographic purifications were performed on Macherey-Nagel Silica Gel 60 M (40–60 μm) and preparative TLC was performed on Merck Silica Gel 50 F₂₄₅ plates. Concentration under reduced pressure was performed by rotary evaporation at 40 °C and the appropriate pressure and subsequent exposure to vacuum (1×10^{-3} mbar) at 25 °C. NMR spectra were recorded on a Jeol ECP500 (500 MHz), Bruker AVANCE III 500 (500 MHz), or Bruker AVANCE III 700 (700 MHz, with CryoProbe) spectrometer. Chemical shifts were calibrated by using the residual undeuterated solvent signals (CDCl₃; ¹H, δ = 7.26; ¹³C, δ = 77.16; CD₃OD: ¹H, δ = 3.31; ¹³C, δ = 49.00) as internal reference at 298 K and are reported in ppm. The given multiplicities are phenomenological, thus the actual appearance of the signals is stated and not the theoretically expected one. In case no multiplicity could be identified, the chemical shift range of the signal is given. IR spectra were measured on a Jasco FT/IR-4100 Type A spectrometer with a TGS detector. HRMS was carried out by using an Agilent 6210 ESI-TOF spectrometer. Optical rotations were measured on a JASCO P-2000 polarimeter at 589 nm by using 100 mm cells; the solvent and concentration (g/100 mL) are indicated. Melting points were measured on a Stuart SMP30 melting point apparatus and are uncorrected.

α-Hydroxy Ketones **11** by Rubottom Oxidation of 6-Oxo-*i*-steroids **10**; General Procedure A

The appropriate ketone **10** (1.0 equiv) was dissolved in CH₂Cl₂ (0.1 M) and the solution was cooled to 0 °C. Then Et₃N (4.0 equiv) was added

followed by dropwise addition of TMSOTf (3.0 equiv) over 20 min. The organic phase was then washed with sat. aq NaHCO₃, separated, dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure to yield the silyl enol ether as a colorless solid that was used in the next step without further purification.

The silyl enol ether thus obtained was dissolved in CH₂Cl₂ (0.1 M), and a solution of freshly purified 0.1 M *m*CPBA in CH₂Cl₂ (1.1 equiv) was added dropwise at –40 °C. After 2 h, sat. aq Na₂SO₃ was added and the mixture was stirred for 15 min at 25 °C. The organic phase was washed sequentially with sat. aq NaHCO₃, 1 M aq HCl, and sat. brine, dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc) to yield the corresponding α-hydroxy ketone **11** as a colorless solid.

α-Hydroxy Ketone **11a**

Ketone **10a** (221 mg, 0.56 mmol, 1.0 equiv) was processed as described in general procedure A and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 10:1) to yield α-hydroxy ketone **11a** as a colorless solid. All analytical data were in agreement with those reported previously.¹¹

Yield: 129 mg (0.31 mmol, 56%).

¹H NMR (CDCl₃, 500 MHz): δ = 5.25–5.13 (m, 2 H), 3.78 (t, *J* = 3.5 Hz, 1 H), 2.05–2.01 (m, 4 H), 1.90–1.61 (m, 8 H), 1.62–1.56 (m, 3 H), 1.53–1.42 (m, 2 H), 1.34–1.19 (m, 3 H), 1.11–1.06 (m, 1 H), 1.03 (d, *J* = 6.6 Hz, 3 H), 0.98 (s, 3 H), 0.91 (d, *J* = 6.9 Hz, 3 H), 0.84–0.80 (m, 6 H), 0.72 (s, 3 H), 0.70 (t, *J* = 5.0 Hz, 1 H).

α-Hydroxy Ketone **11b**

Ketone **10b** (480 mg, 1.16 mmol, 1.0 equiv) was processed as described in general procedure A and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield α-hydroxy ketone **11b** as a colorless solid.

Yield: 288 mg (0.67 mmol, 56%); mp 152–154 °C (CHCl₃); [α]_D²⁰ +23.7 (c 1.00, CHCl₃); *R*_f = 0.30 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 3398 (b), 2957 (m), 2869 (w), 2360 (s), 2341 (s), 1675 (w), 1376 (w), 1302 (w) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 3.78 (s, 1 H), 2.24 (s, 1 H), 2.10–1.98 (m, 2 H), 1.96–1.83 (m, 1 H), 1.82–1.75 (m, 2 H), 1.75–1.62 (m, 3 H), 1.62–1.54 (m, 1 H), 1.52–1.08 (m, 18 H), 0.98 (s, 3 H), 0.93 (d, *J* = 6.7 Hz, 3 H), 0.86–0.83 (m, 3 H), 0.83 (d, *J* = 6.8 Hz, 3 H), 0.81 (d, *J* = 6.8 Hz, 3 H), 0.70 (s, 3 H), 0.69 (m, 1 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 210.6, 73.2, 55.9, 49.5, 47.4, 46.0, 44.3, 39.5, 39.2, 37.7, 37.7, 36.3, 34.0, 33.8, 29.3, 28.4, 26.3, 26.1, 23.6, 23.2, 22.9, 20.0, 19.4, 19.2, 18.9, 12.1, 11.9, 10.8.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₉H₄₈NaO₂: 451.3547; found: 451.3556.

α-Hydroxy Ketones **11c** and **11d**

Ketones **11c** and **11d** were prepared according to general procedure A. Ketone **10c** (154 mg, 0.53 mmol, 1.0 equiv) was processed as described in general procedure A and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 7:1→1:1) to yield α-hydroxy ketone **11d** (23%) and α-hydroxy ketone **11c** (37%), both as colorless solids.

11c

Yield: 59 mg (0.2 mmol, 37%); mp 163–164 °C (CHCl₃); [α]_D²⁰ +6.4 (c 1.00, CHCl₃); *R*_f = 0.55 (*n*-hexane–EtOAc, 1:3, CAM [blue]).

IR (neat): 3393 (b), 2995 (m), 2870 (w), 2360 (s), 2341 (s), 1682 (s), 1455 (m), 1375 (m), 1046 (m), 1019 (m), 736 (s) cm^{-1} .

^1H NMR (CD_3OD , 500 MHz): δ = 3.67 (d, J = 2.2 Hz, 1 H), 3.64 (d, J = 8.7 Hz, 1 H), 2.13–1.99 (m, 3 H), 1.90–1.79 (m, 4 H), 1.77–1.61 (m, 5 H), 1.56–1.44 (m, 2 H), 1.32 (td, J = 11.9, 5.9 Hz, 1 H), 1.13 (td, J = 12.9, 4.1 Hz, 1 H), 1.08–1.02 (m, 1 H), 1.00 (s, 3 H), 0.79 (s, 3 H), 0.69 (t, J = 4.9 Hz, 1 H).

^{13}C NMR (CD_3OD , 126 MHz): δ = 211.9, 82.3, 73.5, 45.4, 45.2, 44.3, 44.0, 41.1, 39.2, 37.6, 37.3, 34.6, 30.6, 27.1, 23.5, 23.5, 19.5, 11.4, 10.3.

HRMS (ESI): m/z [$\text{M} + \text{Na}$] $^+$ calcd for $\text{C}_{19}\text{H}_{28}\text{NaO}_3$: 327.1931; found: 327.1944.

11d

Yield: 46 mg (0.12 mmol, 23%); mp 93–94 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ +5.4 (c 1.00, CHCl_3); R_f = 0.47 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 2969 (w), 2954 (w), 2359 (s), 2341 (m), 1737 (s), 1682 (w), 1372 (s), 1228 (m), 1216 (s), 840 (w) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 3.79–3.76 (m, 1 H), 3.63 (t, J = 8.4 Hz, 1 H), 2.34 (s, 1 H), 2.03 (dtd, J = 17.0, 8.2, 4.1 Hz, 1 H), 1.98–1.87 (m, 2 H), 1.84–1.57 (m, 7 H), 1.54–1.43 (m, 2 H), 1.35–1.23 (m, 2 H), 1.12–0.99 (m, 2 H), 0.99 (s, 3 H), 0.90–0.82 (m, 1 H), 0.75 (s, 3 H), 0.71 (t, J = 4.9 Hz, 1 H), 0.08 (s, 9 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 210.6, 81.6, 72.6, 47.3, 44.4, 43.9, 43.1, 39.3, 38.1, 37.9, 36.6, 33.8, 30.8, 26.3, 22.9, 22.5, 19.5, 11.2, 11.0, 0.3.

HRMS (ESI): m/z [$\text{M} + \text{Na}$] $^+$ calcd for $\text{C}_{21}\text{H}_{28}\text{NaO}_3$: 399.2326; found: 399.2344.

α -Hydroxy Ketones 11e and 11f

Ketones **11e** and **11f** were prepared according to general procedure A. Ketone **10e** (116 mg, 0.37 mmol, 1.0 equiv) was processed as described in general procedure A and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 7:1–4:1) to yield α -hydroxy ketone **11f** (13%) as a colorless foam and α -hydroxy ketone **11e** (30%) as a colorless solid.

11e

Yield: 36 mg (0.11 mmol, 30%); mp 163–164 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ –18.6 (c 1.00, CHCl_3); R_f = 0.15 (*n*-hexane–EtOAc, 7:1, CAM [blue]).

IR (neat): 3420 (b), 3305 (m), 2956 (s), 2931 (s), 2871 (m), 2360 (s), 2341 (m), 1675 (s), 1376 (s), 1301 (m), 1252 (m), 1148 (m), 1046 (s), 754 (s) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 3.77 (d, J = 3.3 Hz, 1 H), 3.47 (s, 1 H), 2.60 (s, 1 H), 2.34 (ddd, J = 13.8, 9.8, 5.6 Hz, 1 H), 2.17 (td, J = 11.8, 7.5 Hz, 1 H), 1.91 (td, J = 11.3, 3.4 Hz, 1 H), 1.86–1.77 (m, 5 H), 1.74–1.72 (m, 4 H), 1.65–1.58 (m, 1 H), 1.46 (qd, J = 13.4, 4.1 Hz, 1 H), 1.35 (qd, J = 12.1, 5.6 Hz, 1 H), 1.06–1.01 (m, 1 H), 0.99 (s, 3 H), 0.89 (s, 3 H), 0.71 (t, J = 5.0 Hz, 1 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 210.7, 87.4, 79.8, 74.5, 72.4, 47.2, 46.9, 44.4, 43.7, 39.8, 39.0, 38.0, 37.7, 33.8, 32.4, 26.2, 22.6, 22.5, 19.5, 12.7, 11.1.

HRMS (ESI): m/z [$\text{M} + \text{Na}$] $^+$ calcd for $\text{C}_{21}\text{H}_{28}\text{NaO}_3$: 351.1931; found: 351.1935.

11f

Yield: 21 mg (0.05 mmol, 13%); mp 81–81.5 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ –24.3 (c 1.00, CHCl_3); R_f = 0.48 (*n*-hexane–EtOAc, 7:1, CAM [blue]).

IR (neat): 3386 (b), 3307 (w), 2956 (s), 2872 (m), 2360 (w), 2340 (w), 1677 (s), 1378 (m), 1303 (w), 1248 (s), 1148 (m), 1137 (m), 1087 (s), 917 (m), 890 (m), 842 (s) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 3.77 (t, J = 3.2 Hz, 1 H), 2.56 (s, 1 H), 2.41 (d, J = 3.8 Hz, 1 H), 2.27 (ddd, J = 13.5, 9.8, 5.4 Hz, 1 H), 2.13 (td, J = 11.6, 7.6 Hz, 1 H), 2.10–2.02 (m, 1 H), 1.99–1.86 (m, 2 H), 1.84–1.54 (m, 9 H), 1.50–1.39 (m, 1 H), 1.32 (qd, J = 12.1, 5.4 Hz, 1 H), 1.05–1.00 (m, 1 H), 0.99 (s, 3 H), 0.81 (s, 3 H), 0.70 (t, J = 5.0 Hz, 1 H), 0.17 (s, 9 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 210.6, 87.8, 80.6, 75.1, 72.6, 47.7, 47.3, 44.4, 42.6, 40.4, 40.0, 37.8, 37.8, 33.8, 32.3, 26.6, 22.8, 22.6, 19.5, 12.7, 11.0, 2.0.

HRMS (ESI): m/z [$\text{M} + \text{Na}$] $^+$ calcd for $\text{C}_{24}\text{H}_{36}\text{NaO}_3\text{Si}$: 423.2326; found: 423.2331.

α -Hydroxy Ketone 11g

Ketone **10g** (408 mg, 1.43 mmol, 1.0 equiv) was processed as described in general procedure A and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 15:1–7:1) to yield α -hydroxy ketone **11g** (38%) as a colorless foam and recovered ketone **10g** (180 mg, 0.63 mmol, 44%).

Yield: 165 mg (0.55 mmol, 38%); mp 63–64.5 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ –8.1 (c 1.00, CHCl_3); R_f = 0.38 (*n*-hexane–EtOAc, 9:1, CAM [red]).

IR (neat): 3304 (b), 2959 (s), 2872 (m), 1737 (m), 1693 (s), 1678 (s), 1655 (m), 1452 (w), 1373 (s), 1302 (w), 1216 (w), 1160 (w), 875 (m), 850 (w) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 4.69–4.64 (m, 2 H), 3.84 (t, J = 2.9 Hz, 1 H), 2.59–2.50 (m, 1 H), 2.49–2.44 (m, 1 H), 2.36–2.26 (m, 1 H), 2.04 (dtd, J = 17.1, 8.1, 4.0 Hz, 1 H), 1.93 (td, J = 11.3, 3.3 Hz, 1 H), 1.88–1.79 (m, 4 H), 1.76–1.64 (m, 4 H), 1.60 (dd, J = 8.3, 5.0 Hz, 1 H), 1.52 (tdd, J = 13.6, 12.1, 4.1 Hz, 1 H), 1.38–1.27 (m, 2 H), 1.08–1.01 (m, 1 H), 1.00 (s, 3 H), 0.83 (s, 3 H), 0.71 (t, J = 5.0 Hz, 1 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 210.6, 161.0, 101.3, 73.0, 47.7, 47.3, 44.4, 44.1, 39.2, 38.0, 37.8, 35.3, 33.8, 29.5, 26.3, 23.7, 22.8, 19.5, 18.2, 11.0.

HRMS (ESI): m/z [$\text{M} + \text{Na}$] $^+$ calcd for $\text{C}_{20}\text{H}_{28}\text{NaO}_2$: 323.1982; found: 323.1997.

Methyl Esters 12 by Oxidation and Benzilic Acid Rearrangement of 7-Hydroxy-6-oxo-*i*-steroids 11; General Procedure B

The appropriate α -hydroxy ketone **11** (1.0 equiv) was suspended in MeOH (0.04 M) and CuCl (20 equiv) was added. The resulting suspension was stirred at 50 °C for 3–16 h. After cooling to ambient temperature, the suspension was filtered through a plug of Celite, all volatiles were removed under reduced pressure, and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc) to give the corresponding *B-nor*- α -hydroxy methyl ester **12** as a colorless oil or colorless solid.

B-nor- α -Hydroxy Methyl Ester 12a

α -Hydroxy ketone **11a** (139 mg, 0.33 mmol, 1.0 equiv) was processed as described in general procedure B and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to give **12a** as a colorless oil.

Yield: 139 mg (0.31 mmol, 94%); $[\alpha]_{\text{D}}^{20}$ –19.2 (c 1.00, CHCl_3); R_f = 0.68 (*n*-hexane–EtOAc, 7:1, CAM [blue]).

IR (neat): 3524 (w), 2951 (s), 2929 (m), 2866 (s), 1723 (s), 1455 (m), 1379 (m), 1270 (w), 1247 (s), 1215 (m), 1159 (s), 1107 (m), 1097 (m), 1072 (w), 1015 (w), 971 (m), 754 (w) cm^{-1} .

^1H NMR (CDCl_3 , 700 MHz): δ = 5.21–5.14 (m, 2 H), 3.76 (s, 3 H), 2.87 (s, 1 H), 2.29 (t, J = 11.5 Hz, 1 H), 2.07–1.99 (m, 1 H), 1.97 (dt, J = 12.5, 3.0 Hz, 1 H), 1.84 (td, J = 6.9, 5.8 Hz, 1 H), 1.74–1.56 (m, 5 H), 1.52–1.43 (m, 4 H), 1.40–1.33 (m, 2 H), 1.27–1.12 (m, 4 H), 1.02 (d, J = 6.6 Hz, 3 H), 0.93 (s, 3 H), 0.90 (d, J = 6.8 Hz, 3 H), 0.83 (d, J = 6.8 Hz, 3 H), 0.81 (d, J = 6.8 Hz, 3 H), 0.68 (s, 3 H), 0.54 (t, J = 5.4 Hz, 1 H), 0.50 (dd, J = 8.8, 5.5 Hz, 1 H).

^{13}C NMR (CDCl_3 , 176 MHz): δ = 178.5, 136.0, 132.0, 80.5, 55.3, 53.0, 52.0, 50.7, 50.4, 50.3, 50.0, 44.7, 43.0, 40.1, 39.1, 34.2, 33.3, 28.9, 25.9, 24.0, 23.6, 21.8, 21.3, 20.1, 19.8, 18.5, 17.8, 12.9, 11.5.

HRMS (ESI): m/z [$M + \text{Na}$] $^+$ calcd for $\text{C}_{29}\text{H}_{46}\text{NaO}_3$: 465.3339; found: 465.3345.

B-nor- α -Hydroxy Methyl Ester 12b

α -Hydroxy ketone **11b** (202 mg, 0.47 mmol, 1.0 equiv) was processed as described in general procedure B and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to give **12b** as a colorless oil.

Yield: 190 mg (0.41 mmol, 88%); $[\alpha]_{\text{D}}^{20}$ +13.1 (c 1.00, CHCl_3); R_f = 0.57 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 2950 (s), 2934 (s), 2865 (s), 1724 (s), 1462 (m), 1378 (m), 1271 (w), 1247 (s), 1215 (w), 1159 (m), 1108 (w), 1049 (w), 954 (m), 754 (w) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 3.77 (s, 3 H), 2.88 (s, 1 H), 2.28 (t, J = 11.4 Hz, 1 H), 2.01 (dt, J = 12.6, 3.0 Hz, 1 H), 1.87 (dddd, J = 15.3, 13.3, 9.1, 5.7 Hz, 2 H), 1.72 (dd, J = 14.0, 9.4 Hz, 1 H), 1.69–1.61 (m, 3 H), 1.56 (s, 1 H), 1.52–1.44 (m, 3 H), 1.39–1.30 (m, 3 H), 1.30–1.20 (m, 3 H), 1.19–1.10 (m, 3 H), 1.07–0.95 (m, 2 H), 0.94–0.92 (m, 8 H), 0.84–0.80 (m, 6 H), 0.81 (d, J = 6.8 Hz, 3 H), 0.67 (s, 3 H), 0.54 (t, J = 5.4 Hz, 1 H), 0.50 (dd, J = 8.8, 5.5 Hz, 1 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 178.6, 80.5, 55.2, 53.0, 52.0, 50.7, 50.4, 50.2, 50.0, 46.0, 44.7, 39.2, 36.2, 34.2, 29.3, 28.8, 26.2, 25.9, 24.0, 23.6, 23.2, 21.9, 19.9, 19.2, 19.0, 18.5, 12.6, 12.1, 11.5.

HRMS (ESI): m/z [$M + \text{Na}$] $^+$ calcd for $\text{C}_{30}\text{H}_{50}\text{NaO}_3$: 481.3652; found: 481.3659.

B-nor- α -Hydroxy Methyl Ester 12c

α -Hydroxy ketone **11d** (20 mg, 0.05 mmol, 1.0 equiv) was processed as described in general procedure B and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 1:1) to give **12c** as a colorless oil.

Yield: 14 mg (0.04 mmol, 83%; from **11c**: 61%); $[\alpha]_{\text{D}}^{20}$ –4.4 (c 1.00, CHCl_3); R_f = 0.46 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 3481 (b), 2947 (w), 2865 (w), 2360 (s), 2341 (m), 1719 (s), 1455 (w), 1978 (w), 1274 (w), 1252 (s), 1160 (m), 1106 (m), 1096 (m), 1051 (m) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 3.78 (s, 3 H), 3.71 (t, J = 8.5 Hz, 1 H), 2.36 (t, J = 11.5 Hz, 1 H), 2.07 (dtd, J = 13.6, 9.3, 6.0 Hz, 1 H), 1.91–1.85 (m, 1 H), 1.82 (dt, J = 12.6, 3.1 Hz, 1 H), 1.75–1.70 (m, 1 H), 1.70–1.63 (m, 2 H), 1.58–1.35 (m, 7 H), 1.17 (qd, J = 12.2, 6.0 Hz, 1 H), 1.07 (td, J = 12.5, 4.1 Hz, 1 H), 0.98 (ddd, J = 13.8, 10.8, 8.8 Hz, 1 H), 0.94 (s, 3 H), 0.77 (s, 3 H), 0.55 (t, J = 5.5 Hz, 1 H), 0.52–0.49 (m, 1 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 178.4, 81.3, 80.1, 53.1, 51.9, 50.4, 50.3, 50.2, 45.6, 45.1, 36.2, 34.2, 30.8, 25.8, 24.0, 23.1, 21.5, 18.5, 11.7, 11.4.

HRMS (ESI): m/z [$M + \text{Na}$] $^+$ calcd for $\text{C}_{20}\text{H}_{30}\text{NaO}_4$: 357.2036; found: 357.2043.

B-nor- α -Hydroxy Methyl Ester 12g

α -Hydroxy ketone **11g** (80 mg, 0.26 mmol, 1.0 equiv) was processed as described in general procedure B by using CuCl (20 equiv) and a shorter reaction time of 3 h. The thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to give **12g** as a colorless solid.

Yield: 73 mg (0.22 mmol, 85%); mp 78–80 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ +13.8 (c 1.00, CHCl_3); R_f = 0.64 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 2929 (m), 2864 (w), 2360 (s), 2341 (s), 1722 (m), 1653 (w), 1455 (w), 1375 (w), 1274 (m), 1260 (m), 1157 (w), 1091 (w), 875 (w), 764 (s), 750 (s) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 4.64 (ddt, J = 4.2, 2.1, 1.3 Hz, 2 H), 3.78 (s, 3 H), 2.89 (s, 1 H), 2.46 (ddq, J = 17.1, 10.0, 2.2 Hz, 1 H), 2.39–2.32 (m, 1 H), 2.26 (dtt, J = 17.3, 8.8, 2.0 Hz, 1 H), 1.94–1.80 (m, 2 H), 1.79–1.70 (m, 2 H), 1.67–1.58 (m, 2 H), 1.55–1.44 (m, 2 H), 1.42–1.37 (m, 1 H), 1.28–1.13 (m, 2 H), 1.03–0.97 (m, 1 H), 0.95 (s, 3 H), 0.80 (s, 3 H), 0.56 (t, J = 5.5 Hz, 1 H), 0.51 (dd, J = 8.9, 5.6 Hz, 1 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 178.4, 160.5, 100.9, 80.2, 53.0, 51.9, 50.5, 50.4, 50.3, 48.6, 46.1, 35.1, 34.2, 29.7, 25.9, 24.0, 23.7, 21.6, 19.1, 18.5, 11.5.

HRMS (ESI): m/z [$M + \text{Na}$] $^+$ calcd for $\text{C}_{21}\text{H}_{30}\text{NaO}_3$: 353.2087; found: 353.2101.

B-nor-Acrylic Esters 13 by *i*-Steroid Opening of B-nor- α -Hydroxy Methyl Esters 12; General Procedure C

The appropriate B-nor- α -hydroxy methyl ester **12** (1.0 equiv) was dissolved in Et_2O (0.04 M). Glacial AcOH (200 equiv) and $\text{BF}_3 \cdot \text{Et}_2\text{O}$ (80 equiv) were added and the resulting mixture was stirred for 15 h at 25 °C. The solution was diluted with EtOAc and carefully poured onto sat. aq. NaHCO_3 . The organic phase was separated and the aqueous phase was extracted with EtOAc (2 \times); the combined organic extracts were washed with sat. brine, dried over MgSO_4 , and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc) to give the corresponding B-nor-acrylic ester **13** as a colorless oil.

B-nor-Acrylic Ester 13a

Ester **12a** (94 mg, 0.21 mmol, 1.0 equiv) was processed as described in general procedure C and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to give **13a** as a colorless oil.

Yield: 80 mg (0.17 mmol, 79%); $[\alpha]_{\text{D}}^{23}$ –68.9 (c 1.00, CHCl_3); R_f = 0.32 (*n*-hexane–EtOAc, 9:1, CAM [blue, UV]).

IR (neat): 2953 (m), 2869 (w), 2360 (m), 1735 (m), 1716 (s), 1456 (m), 1370 (m), 1235 (s), 1035 (m), 971 (w) cm^{-1} .

^1H NMR (CDCl_3 , 700 MHz): δ = 5.23–5.14 (m, 2 H), 4.72 (tt, J = 11.5, 4.6 Hz, 1 H), 3.68 (s, 3 H), 3.26 (ddd, J = 13.9, 4.9, 2.1 Hz, 1 H), 2.63 (td, J = 10.7, 4.4 Hz, 1 H), 2.04 (s, 3 H), 2.02–1.97 (m, 3 H), 1.87–1.80 (m, 2 H), 1.68–1.60 (m, 2 H), 1.50–1.42 (m, 4 H), 1.41–1.31 (m, 2 H), 1.29–1.24 (m, 3 H), 1.16–1.13 (m, 3 H), 1.01 (d, J = 6.6 Hz, 3 H), 0.92 (s, 3 H), 0.91 (d, J = 6.9 Hz, 3 H), 0.83 (d, J = 6.8 Hz, 3 H), 0.81 (d, J = 6.8 Hz, 3 H), 0.73 (s, 3 H).

^{13}C NMR (CDCl_3 , 176 MHz): δ = 170.4, 168.2, 156.4, 135.9, 132.0, 131.4, 72.9, 60.4, 55.3, 54.6, 51.0, 47.7, 45.9, 45.2, 43.0, 40.0, 39.9, 36.3, 33.3, 30.6, 28.9, 27.7, 25.3, 21.5, 21.4, 20.9, 20.1, 19.8, 17.7, 15.4, 12.9.

HRMS (ESI): m/z $[\text{M} + \text{Na}]^+$ calcd for $\text{C}_{31}\text{H}_{48}\text{NaO}_4$: 507.3445; found: 507.3451.

B-nor-Acrylic Ester 13b

Ester **12b** (78 mg, 0.17 mmol, 1.0 equiv) was processed as described in general procedure C and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to give **13b** as a colorless oil.

Yield: 58 mg (0.12 mmol, 70%); $[\alpha]_{\text{D}}^{20}$ –40.0 (*c* 1.00, CH_2Cl_2); R_f = 0.40 (*n*-hexane–EtOAc, 9:1, CAM [blue, UV]).

IR (neat): 2955 (m), 2870 (w), 2360 (w), 2341 (w), 1730 (m), 1717 (s), 1456 (w), 1434 (w), 1376 (w), 1362 (w), 1238 (s), 1139 (w), 1078 (w), 1035 (m), 754 (s) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 4.71 (tt, J = 11.5, 4.5 Hz, 1 H), 3.68 (s, 3 H), 3.25 (ddd, J = 13.9, 4.9, 2.0 Hz, 1 H), 2.63 (td, J = 10.7, 4.3 Hz, 1 H), 2.03 (s, 3 H), 1.97 (dd, J = 32.6, 12.2 Hz, 1 H), 1.81 (d, J = 13.4 Hz, 2 H), 1.70–1.58 (m, 1 H), 1.56–1.05 (m, 20 H), 0.92 (d, J = 6.6 Hz, 3 H), 0.91 (s, 3 H), 0.85 (s, 1 H), 0.82 (d, J = 7.5 Hz, 3 H), 0.81 (s, 3 H), 0.80 (d, J = 6.8 Hz, 3 H), 0.72 (s, 3 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 170.4, 168.2, 156.3, 131.4, 72.9, 60.3, 55.3, 54.5, 51.0, 47.7, 46.0, 45.9, 45.3, 40.0, 36.3, 36.1, 34.1, 30.6, 29.3, 28.8, 27.7, 26.3, 25.3, 23.2, 21.5, 20.9, 20.0, 19.2, 19.1, 15.3, 12.6, 12.1.

HRMS (ESI): m/z $[\text{M} + \text{Na}]^+$ calcd for $\text{C}_{32}\text{H}_{52}\text{NaO}_4$: 523.3758; found: 523.3764.

B-nor-Acrylic Ester 13c

Ester **12c** (19 mg, 0.06 mmol, 1.0 equiv) was processed as described in general procedure C and the thus-obtained crude product was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 4:1) to give **13c** as a colorless oil.

Yield: 9 mg (0.02 mmol, 42%); $[\alpha]_{\text{D}}^{24}$ –18.9 (*c* 0.48, CHCl_3); R_f = 0.81 (*n*-hexane–EtOAc, 1:1, CAM [blue, UV]).

IR (neat): 3734 (b), 2952 (m), 2860 (w), 2360 (s), 2341 (s), 1733 (m), 1716 (w), 1540 (m), 1507 (w), 1260 (m), 750 (m) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 4.72 (tt, J = 11.5, 4.6 Hz, 1 H), 4.62 (dd, J = 9.3, 7.8 Hz, 1 H), 3.70 (s, 3 H), 3.35 (ddd, J = 13.9, 4.8, 2.1 Hz, 1 H), 2.70 (td, J = 10.9, 4.3 Hz, 1 H), 2.18–2.09 (m, 1 H), 2.04 (s, 3 H), 2.02–1.92 (m, 1 H), 1.83 (dt, J = 13.4, 3.5 Hz, 1 H), 1.80–1.76 (m, 1 H), 1.74–1.68 (m, 1 H), 1.68–1.54 (m, 1 H), 1.52–1.36 (m, 2 H), 1.31–1.23 (m, 1 H), 1.22–1.10 (m, 2 H), 0.93 (s, 3 H), 0.87 (d, J = 0.7 Hz, 3 H).

^{13}C NMR (CDCl_3 , 126 MHz): δ = 171.3, 170.4, 167.7, 157.9, 82.3, 72.8, 60.3, 51.0, 49.2, 47.3, 45.9, 45.2, 37.1, 36.2, 30.7, 27.9, 27.6, 25.2, 21.3, 20.3, 15.5, 12.6.

HRMS (ESI): m/z $[\text{M} + \text{Na}]^+$ calcd for $\text{C}_{22}\text{H}_{32}\text{NaO}_5$: 399.2141; found: 399.2137.

B-nor-Aldehyde 14

Step 1 giving the corresponding B-nor-allylic alcohol: A solution of B-nor-acrylic ester **13a** (58 mg, 0.12 mmol, 1.0 equiv) in THF (0.6 mL) was added dropwise to a suspension of LiAlH_4 (22 mg, 0.59 mmol, 4.0 equiv) in THF (0.6 mL) at 25 °C. The resulting mixture was stirred at the same temperature for 3 h. A sat. aq potassium/sodium tartrate solution (2 mL) was added and the mixture was stirred for 15 min. The phases were separated and the aqueous phase was extracted

with EtOAc (2 × 3 mL). The combined organic extracts were washed with sat. brine, dried over MgSO_4 , and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 1:1→1:3) to give the corresponding B-nor-allylic alcohol as a colorless solid.

Yield: 25 mg (0.06 mmol, 50%); mp 183.5–184.5 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ –102.7 (*c* 1.00, CHCl_3); R_f = 0.26 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 3275 (b), 2954 (m), 2926 (w), 2866 (w), 2360 (s), 2338 (s), 1457 (w), 1368 (m), 1273 (w), 1016 (w), 975 (m), 751 (m) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 5.24–5.14 (m, 2 H), 4.14 (d, J = 11.6 Hz, 1 H), 4.06 (d, J = 11.6 Hz, 1 H), 3.53 (tt, J = 11.2, 4.4 Hz, 1 H), 2.80 (ddd, J = 13.7, 4.6, 2.0 Hz, 1 H), 2.37 (td, J = 10.8, 4.0 Hz, 1 H), 2.08–1.98 (m, 2 H), 1.93–1.82 (m, 4 H), 1.78 (dt, J = 13.2, 3.4 Hz, 2 H), 1.75–1.04 (m, 13 H), 1.02 (d, J = 6.6 Hz, 3 H), 0.91 (d, J = 6.8 Hz, 3 H), 0.87 (s, 3 H), 0.83 (d, J = 6.8 Hz, 3 H), 0.82 (d, J = 6.8 Hz, 3 H), 0.71 (s, 3 H).

^{13}C NMR (126 MHz, CDCl_3) δ = 145.9, 136.9, 136.0, 132.0, 71.7, 61.3, 57.5, 55.2, 54.1, 47.5, 45.3, 44.8, 43.0, 40.0, 39.9, 37.2, 33.5, 33.3, 32.0, 29.1, 24.9, 21.4, 21.0, 20.1, 19.8, 17.7, 15.3, 12.9.

HRMS (ESI): m/z $[\text{M} + \text{Na}]^+$ calcd for $\text{C}_{28}\text{H}_{44}\text{NaO}_2$: 437.3390; found: 437.3398.

Step 2 giving B-nor-aldehyde 14: The B-nor-allylic alcohol thus-obtained (25 mg, 0.06 mmol, 1.0 equiv) was dissolved in CH_2Cl_2 (1 mL) and MnO_2 (50 mg, 0.6 mmol, 10.0 equiv) was added. The resulting dark suspension was allowed to stir for 48 h at 25 °C. The suspension was diluted with CH_2Cl_2 (2 mL) and filtered through a plug of Celite. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 1:1) to give **14** as a colorless solid.

Yield: 20 mg (0.05 mmol, 80%; 40% over 2 steps); mp 124–124.5 °C (CHCl_3); $[\alpha]_{\text{D}}^{20}$ –58.4 (*c* 0.47, CHCl_3); R_f = 0.51 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 3321 (b), 2955 (s), 2928 (s), 2867 (s), 2359 (w), 1675 (s), 1596 (m), 1370 (w), 1239 (w), 1071 (m), 970 (m), 817 (w) cm^{-1} .

^1H NMR (CDCl_3 , 500 MHz): δ = 9.96 (s, 1 H), 5.26–5.12 (m, 2 H), 3.70 (tt, J = 11.2, 4.5 Hz, 1 H), 3.47 (ddd, J = 14.3, 4.6, 2.0 Hz, 1 H), 2.56 (td, J = 10.8, 4.0 Hz, 1 H), 2.14–1.99 (m, 3 H), 1.97–1.10 (m, 17 H), 1.02 (d, J = 6.7 Hz, 3 H), 0.94 (s, 3 H), 0.91 (d, J = 6.8 Hz, 3 H), 0.82 (t, J = 6.6 Hz, 6 H), 0.74 (s, 3 H).

^{13}C NMR (126 MHz, CDCl_3) δ = 189.8, 169.0, 139.4, 135.8, 132.0, 71.0, 60.3, 55.4, 54.7, 46.4, 45.3, 43.0, 40.0, 36.3, 34.0, 33.3, 33.2, 31.4, 28.8, 26.7, 26.7, 21.4, 20.8, 20.1, 19.8, 17.7, 15.8, 12.9.

HRMS (ESI): m/z $[\text{M} + \text{Na}]^+$ calcd for $\text{C}_{28}\text{H}_{44}\text{NaO}_2$: 435.3234; found: 435.3240.

Substrate 10g

Tosylate 20

17-Methylenedehydroepiandrosterone¹⁸ (**19**; 580 mg, 2.02 mmol, 1.0 equiv) was dissolved in pyridine (20 mL) and DMAP (24 mg, 0.2 mmol, 0.1 equiv) was added. Then TsCl (1.93 g, 10.1 mmol, 5.0 equiv) was added and the resulting mixture was stirred for 16 h at 25 °C. The solution was poured onto ice water (70 mL) and extracted with Et_2O (3 × 25 mL). The organic phase was separated and washed sequentially with H_2O (2 × 50 mL) and sat. brine (100 mL). The organic phase was then dried over MgSO_4 and filtered, and all volatiles were removed under reduced pressure. The thus-obtained residue was dis-

solved in toluene (2 × 15 mL) and concentrated under reduced pressure to give tosylate **20** as a colorless solid which was used in the next step without further purification.

Yield: 781 mg (1.77 mmol, 88%); mp 127–128.5 °C (CHCl₃); [α]_D²⁰ –59.3 (c 1.00, CH₂Cl₂); *R*_f = 0.47 (*n*-hexane–EtOAc, 9:1, CAM [orange, UV]).

IR (neat): 2944 (m), 2907 (w), 2360 (s), 2341 (m), 1716 (w), 1652 (w), 1455 (w), 1362 (s); 1187 (s), 1175 (s), 1098 (w), 939 (s), 888 (m), 864 (s), 813 (m), 667 (s) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 7.80 (d, *J* = 8.3 Hz, 2 H), 7.33 (d, *J* = 7.7 Hz, 2 H), 5.34–5.30 (m, 1 H), 4.70–4.60 (m, 2 H), 4.33 (tt, *J* = 11.5, 4.8 Hz, 1 H), 2.57–2.45 (m, 1 H), 2.45 (s, 3 H), 2.34–2.17 (m, 3 H), 2.06–1.99 (m, 1 H), 1.86–1.79 (m, 3 H), 1.76–1.65 (m, 2 H), 1.62–1.42 (m, 4 H), 1.34–1.17 (m, 2 H), 1.07–1.00 (m, 1 H), 0.99 (s, 3 H), 0.98–0.87 (m, 2 H), 0.78 (s, 3 H).

¹³C NMR (126 MHz, CDCl₃) δ = 161.7, 144.5, 139.1, 134.9, 129.9, 127.8, 123.5, 101.1, 82.4, 54.8, 50.3, 44.0, 39.0, 37.1, 36.6, 35.6, 31.8, 31.8, 29.5, 28.8, 24.4, 21.8, 21.1, 19.4, 18.4.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₇H₃₆NaO₃S: 463.2277; found: 463.2280.

6-Hydroxy-*i*-steroid **21**

Tosylate **20** (780 mg, 1.77 mmol, 1.0 equiv) was suspended in a mixture of acetone and H₂O (4:1, 22.5 mL) in a pressure vessel and KOAc (694 mg, 7.08 mmol, 4.0 equiv) was added. The resulting mixture was stirred for 16 h at 85 °C. After cooling of the mixture to ambient temperature, H₂O (15 mL) was added and the mixture was extracted with Et₂O (3 × 10 mL). The combined organic phases were washed with sat. brine, dried over MgSO₄, and filtered, and all volatiles were removed under reduced pressure to give **21** (500 mg, 1.77 mmol, quant.) as a pale yellow oil which was used in the next step without further purification. A small sample of this material was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield pure **21** as a colorless oil.

[α]_D²⁰ +40.7 (c 1.00, CHCl₃); *R*_f = 0.35 (*n*-hexane–EtOAc, 9:1, CAM [green]).

IR (neat): 2927 (s), 2865 (m), 2360 (s), 2341 (m), 1737 (s), 1653 (w), 1455 (m), 1373 (s), 1228 (m), 1216 (s), 1025 (m), 875 (m), 668 (w) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 4.66–4.59 (m, 2 H), 3.27 (t, *J* = 2.9 Hz, 1 H), 2.51 (ddq, *J* = 17.1, 10.1, 2.3 Hz, 1 H), 2.24 (dt, *J* = 17.4, 8.7, 2.0 Hz, 1 H), 1.95–1.86 (m, 2 H), 1.83 (ddd, *J* = 12.4, 3.9, 2.9 Hz, 1 H), 1.80–1.69 (m, 2 H), 1.61–1.52 (m, 4 H), 1.52–1.31 (m, 3 H), 1.22 (dtd, *J* = 14.1, 12.6, 3.5 Hz, 2 H), 1.08 (s, 3 H), 1.08–1.01 (m, 1 H), 0.92–0.85 (m, 2 H), 0.84 (s, 3 H), 0.53 (dd, *J* = 4.8, 3.7 Hz, 1 H), 0.32–0.28 (m, 1 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 162.1, 100.8, 73.9, 54.7, 48.1, 44.4, 43.2, 39.1, 37.1, 36.1, 33.4, 30.0, 29.6, 25.2, 24.4, 24.3, 22.7, 20.4, 18.8, 11.8.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₀H₃₀NaO: 309.2189; found: 309.2201.

i-Steroid Ketone **10g**

CrO₃ (1.42 g, 14.4 mmol, 4.0 equiv) was added portionwise to pyridine (15 mL) under stirring at 0 °C. Then, 6-hydroxy-*i*-steroid **21** (1.02 g, 3.56 mmol, 1.0 equiv), dissolved in pyridine (15 mL), was added via cannula to the brown suspension. The resulting, dark solution was stirred for 15 h at 25 °C. Et₂O (60 mL) was added and the solution was filtered over Celite and rinsed with Et₂O (2 × 30 mL). The filtrate was washed sequentially with H₂O (2 × 50 mL) and sat. brine (50 mL),

dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield *i*-steroid ketone **10g** as a colorless solid.

Yield: 555 mg (1.95 mmol, 55% over 2 steps); mp 176–177 °C (CHCl₃); [α]_D²⁰ +41.0 (c 1.00, CHCl₃); *R*_f = 0.45 (*n*-hexane–EtOAc, 9:1, CAM [green]).

IR (neat): 2946 (m), 2906 (m), 1680 (s), 1454 (w), 1372 (w), 1295 (w), 1161 (w), 875 (m), 809 (w), 737 (w) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 4.69–4.65 (m, 2 H), 2.58–2.46 (m, 2 H), 2.32–2.23 (m, 1 H), 2.06–1.92 (m, 2 H), 1.89 (ddd, *J* = 12.6, 4.2, 3.1 Hz, 2 H), 1.83 (dd, *J* = 13.7, 8.1 Hz, 1 H), 1.74–1.68 (m, 4 H), 1.59–1.49 (m, 2 H), 1.37–1.27 (m, 3 H), 1.19 (ddd, *J* = 12.8, 10.2, 6.4 Hz, 1 H), 1.03 (s, 3 H), 1.02–0.98 (m, 1 H), 0.84 (s, 3 H), 0.73 (t, *J* = 4.9 Hz, 1 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 209.5, 161.1, 101.4, 55.1, 47.0, 46.5, 46.5, 44.8, 44.4, 35.6, 35.5, 34.9, 33.6, 29.5, 26.0, 24.2, 22.9, 19.9, 18.6, 11.9.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₀H₂₈NaO: 307.2032; found: 307.2047.

α -Methoxy Methyl Ester **15**

Ester **12a** (16 mg, 0.036 mmol, 1.0 equiv) was dissolved in THF (0.36 mL), NaH (6 mg, 0.144 mmol, 4.0 equiv) was added, and the resulting mixture was stirred for 5 min at 25 °C. MeI (16 μ L, 0.25 mmol, 7.0 equiv) was added and the mixture was stirred for 1 h at 25 °C. The mixture was cooled to 0 °C and quenched with sat. aq. NH₄Cl (2 mL) and warmed to ambient temperature. The mixture was then extracted with EtOAc (3 × 2 mL), and the combined organic phases were washed sequentially with H₂O (3 mL) and sat. brine (3 mL), dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield **15** as a colorless oil.

Yield: 13 mg (0.03 mmol, 81%); [α]_D²⁰ –18.9 (c 1.00, CHCl₃); *R*_f = 0.76 (*n*-hexane–EtOAc, 9:1, CAM [orange]).

IR (neat): 2951 (s), 2924 (s), 2866 (s), 2359 (w), 1740 (s), 1456 (m), 1379 (m), 1246 (m), 1215 (w), 1199 (w), 1152 (w), 1104 (m), 1053 (w), 970 (w), 793 (w) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 5.21–5.16 (m, 2 H), 3.72 (s, 3 H), 3.20 (s, 3 H), 2.11 (t, *J* = 11.6 Hz, 1 H), 1.95 (dt, *J* = 12.9, 3.3 Hz, 1 H), 1.92–1.82 (m, 2 H), 1.75–1.63 (m, 4 H), 1.57–1.37 (m, 7 H), 1.19–1.03 (m, 3 H), 1.01 (d, *J* = 6.6 Hz, 3 H), 0.98–0.92 (m, 2 H), 0.91 (d, *J* = 6.9 Hz, 3 H), 0.89 (s, 3 H), 0.83 (d, *J* = 6.8 Hz, 3 H), 0.81 (d, *J* = 6.8 Hz, 3 H), 0.74 (dd, *J* = 8.6, 5.9 Hz, 1 H), 0.67 (d, *J* = 5.4 Hz, 1 H), 0.65 (s, 3 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 175.1, 135.9, 131.7, 87.8, 55.2, 55.1, 52.7, 51.8, 51.6, 51.4, 50.1, 49.6, 45.0, 42.8, 39.9, 39.0, 33.2, 33.1, 28.7, 25.7, 23.9, 23.8, 21.9, 21.1, 20.0, 19.6, 18.2, 17.6, 13.3, 12.6.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₃₀H₄₈NaO₃: 479.3496; found: 479.3497.

B-nor-i-Steroid Ketone **16a**

Step 1 giving the corresponding diol: To ester **12a** (50 mg, 0.11 mmol, 1.0 equiv) in THF (4 mL) at 0 °C was added LiAlH₄ (17 mg, 0.45 mmol, 4.0 equiv). The resulting suspension was heated to 66 °C for 16 h. After cooling to ambient temperature, the reaction was quenched by addition of sat. aq. potassium/sodium tartrate solution (2.5 mL) and stirred vigorously for 15 min. The phases were separated and the aqueous phase was extracted with EtOAc (2 × 5 mL). The combined organic phases were washed with sat. brine (5 mL), dried over MgSO₄,

and filtered. All volatiles were removed under reduced pressure to yield the corresponding diol as a colorless solid that was used immediately in the next step.

Yield: 42 mg (0.10 mmol, 92%); mp 88–90 °C (CHCl₃); [α]_D²⁰ –5.7 (c 1.00, CHCl₃); *R*_f = 0.15 (*n*-hexane–EtOAc, 9:1, CAM [red]).

IR (neat): 3394 (b), 2954 (s), 2866 (s), 2360 (s), 2342 (m), 1456 (m), 1371 (m), 1275 (m), 1262 (m), 1159 (w), 970 (m), 749 (m) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 5.24–5.15 (m, 2 H), 3.41 (s, 2 H), 2.09–2.03 (m, 1 H), 2.00 (dt, *J* = 12.8, 3.1 Hz, 1 H), 1.88–1.80 (m, 2 H), 1.77–1.63 (m, 6 H), 1.51–1.37 (m, 4 H), 1.34–1.08 (m, 7 H), 1.03 (d, *J* = 6.7 Hz, 3 H), 0.91 (d, *J* = 6.8 Hz, 3 H), 0.85–0.81 (m, 9 H), 0.72–0.71 (m, 3 H), 0.47 (t, *J* = 5.0 Hz, 1 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 136.0, 132.0, 78.4, 69.3, 55.4, 51.8, 51.3, 50.1, 49.1, 47.4, 44.9, 43.0, 40.1, 39.5, 33.5, 33.3, 29.0, 25.8, 24.9, 21.8 (2C), 21.3, 20.1, 19.8, 18.5, 17.8, 13.1, 9.4.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₈H₄₆NaO₂: 437.3390; found: 437.3398.

Step 2 giving ketone 16a: To a solution of the diol (40 mg, 0.1 mmol, 1.0 equiv) in a mixture of THF (750 μ L) and H₂O (250 μ L) was added NaIO₄ (248 mg, 1.16 mmol, 5.0 equiv). The resulting suspension was stirred at 25 °C for 1.5 h. H₂O (4 mL) was added and the resulting mixture was extracted with EtOAc (3 \times 3 mL). The combined organic phases were washed with sat. brine and dried over MgSO₄. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield **16a** as a colorless solid.

Yield: 83 mg (0.21 mmol, 90%; 82% over 2 steps); mp 133–134.5 °C (EtOAc); [α]_D²⁰ –28.9 (c 1.00, CHCl₃); *R*_f = 0.65 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 2961 (s), 2940 (s), 2361 (s), 2338 (s), 1780 (s), 1463 (m), 1366 (m), 988 (w), 755 (w) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 5.24–5.14 (m, 2 H), 2.18 (dd, *J* = 12.6, 10.3 Hz, 1 H), 2.09–2.00 (m, 3 H), 1.96–1.81 (m, 3 H), 1.78–1.69 (m, 2 H), 1.65–1.53 (m, 3 H), 1.51–1.41 (m, 2 H), 1.40–1.24 (m, 4 H), 1.23–1.11 (m, 3 H), 1.03 (d, *J* = 6.6 Hz, 3 H), 1.00 (s, 3 H), 0.91 (d, *J* = 6.8 Hz, 3 H), 0.89 (d, *J* = 5.4 Hz, 1 H), 0.83 (d, *J* = 6.8 Hz, 3 H), 0.82 (d, *J* = 6.8 Hz, 3 H), 0.69 (s, 3 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 217.0, 135.8, 132.1, 55.0, 51.8, 51.8, 50.7, 50.2, 48.1, 44.9, 43.0, 40.1, 39.4, 36.5, 35.0, 33.3, 29.2, 25.9, 23.9, 21.7, 21.4, 20.1, 19.8, 17.8, 17.7, 15.2, 12.6.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₇H₄₂NaO: 405.3128; found: 405.3148.

B-nor-i-Steroid Ketone 16b

Step 1 giving the corresponding diol: To ester **12b** (190 mg, 0.41 mmol, 1.0 equiv) in THF (4 mL) at 0 °C was added LiAlH₄ (63 mg, 1.65 mmol, 4.0 equiv). The resulting suspension was heated to 66 °C for 16 h. After cooling to ambient temperature, the reaction was quenched by addition of sat. aq potassium/sodium tartrate solution (6 mL) and the mixture was stirred vigorously for 15 min. The phases were separated and the aqueous phase was extracted with EtOAc (2 \times 5 mL). The combined organic phases were washed with sat. brine (5 mL), dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure to yield the corresponding diol as a colorless solid that was used immediately in the next step.

Yield: 160 mg (0.37 mmol, 91%); mp 114–116 °C (CHCl₃); [α]_D²⁰ +28.9 (c 1.00, CHCl₃); *R*_f = 0.24 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 3379 (b), 2965 (s), 2958 (s), 2864 (s), 2360 (m), 2341 (m), 1463 (m), 1376 (m), 1309 (w), 1266 (w), 1047 (w), 1020 (m), 747 (m) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 3.42 (d, *J* = 5.0 Hz, 2 H), 2.03 (dt, *J* = 12.8, 3.0 Hz, 1 H), 1.93–1.62 (m, 6 H), 1.50–0.96 (m, 19 H), 0.94 (d, *J* = 6.6 Hz, 3 H), 0.86 (s, 1 H), 0.84 (d, *J* = 1.6 Hz, 3 H), 0.83–0.82 (m, 6 H), 0.81 (d, *J* = 6.8 Hz, 3 H), 0.70 (s, 3 H), 0.47 (t, *J* = 5.0 Hz, 1 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 78.3, 69.3, 55.3, 51.7, 51.2, 50.0, 49.1, 47.4, 45.9, 45.0, 39.6, 36.1, 34.1, 33.5, 29.2, 28.8, 26.1, 25.7, 24.8, 23.1, 21.8, 21.7, 19.9, 19.1, 19.0, 18.4, 12.7, 12.1, 9.3.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₉H₅₀NaO₂: 453.3703; found: 453.3717.

Step 2 giving ketone 16b: To a solution of the diol (100 mg, 0.23 mmol, 1.0 equiv) in a mixture of THF (2 mL) and H₂O (500 μ L) was added NaIO₄ (248 mg, 1.16 mmol, 5.0 equiv). The resulting suspension was stirred at 25 °C for 30 min. H₂O (4 mL) was added and the resulting mixture was extracted with EtOAc (3 \times 3 mL). The combined organic phases were washed with sat. brine and dried over MgSO₄. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield **16b** as a colorless solid.

Yield: 83 mg (0.21 mmol, 90%; 82% over 2 steps); mp 75–76 °C (CHCl₃); [α]_D²⁰ +8.8 (c 1.00, CHCl₃); *R*_f = 0.59 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 2953 (s), 2934 (s), 2867 (s), 2360 (s), 2341 (s), 1721 (s), 1540 (w), 1456 (m), 1383 (m), 1366 (m), 1290 (m), 1260 (m), 749 (s) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 2.17 (dd, *J* = 12.4, 10.4 Hz, 1 H), 2.11–2.03 (m, 2 H), 1.96–1.79 (m, 2 H), 1.74 (dd, *J* = 12.9, 8.8 Hz, 2 H), 1.69–1.51 (m, 4 H), 1.47 (dd, *J* = 12.7, 3.6 Hz, 1 H), 1.43–1.08 (m, 15 H), 0.99 (s, 3 H), 0.93 (d, *J* = 6.5 Hz, 3 H), 0.89 (t, *J* = 5.3 Hz, 1 H), 0.84 (d, *J* = 7.6 Hz, 3 H), 0.83 (d, *J* = 6.8 Hz, 3 H), 0.80 (d, *J* = 6.8 Hz, 3 H), 0.68 (s, 3 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 217.1, 55.1, 51.8, 51.7, 50.6, 50.2, 48.1, 46.0, 44.9, 39.6, 36.5, 36.3, 35.0, 34.2, 29.3, 29.0, 26.3, 25.9, 23.9, 23.2, 21.7, 19.9, 19.2, 19.1, 17.7, 15.1, 12.3, 12.1.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₈H₄₆NaO: 421.3441; found: 421.3454.

B-nor-3-Acetyl Ketone 17a

Ketone **16a** (24 mg, 0.06 mmol, 1.0 equiv) was dissolved in glacial AcOH (4.2 mL) and 2.5 M aq H₂SO₄ (1.1 mL) was added. The resulting solution was stirred at 95 °C for 48 h. After cooling to ambient temperature, the solution was neutralized with 25% aq NaOH and extracted with Et₂O (3 \times 5 mL). The combined organic phases were washed with sat. brine (5 mL), dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was re-dissolved in pyridine (0.5 mL). To this solution were added sequentially DMAP (0.7 mg, 0.006 mmol, 0.1 equiv) and acetic anhydride (28 μ L, 0.30 mmol, 5.0 equiv) and the mixture was stirred for 24 h at 25 °C. Afterwards, the reaction mixture was quenched with sat. aq NH₄Cl (1 mL) and extracted with Et₂O (3 \times 3 mL). The combined organic phases were washed with sat. brine (5 mL), dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield **17a** as a colorless solid.

Yield: 22 mg (0.048 mmol, 80%, mixture of C5-epimers); mp 110.5–112 °C (CHCl₃); *R*_f = 0.44 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

IR (neat): 2943 (s), 2939 (m), 2830 (s), 2359 (s), 2341 (s), 1450 (m), 1417 (m), 1115 (w), 1022 (s), 839 (m) cm⁻¹.

¹H NMR (CDCl₃, 400 MHz): δ = 5.23–5.08 (m), 5.01 (t, *J* = 3.9 Hz), 4.35 (tq, *J* = 11.8, 4.4 Hz), 2.65–2.58 (m), 2.40–2.34 (m), 2.29 (ddt, *J* = 13.3, 4.3, 2.2 Hz), 2.23–2.16 (m), 2.16–2.04 (m), 2.02 (s), 1.99 (s), 1.98–1.20 (m), 1.17 (s), 1.04–1.02 (m), 1.03 (s), 1.01 (d, *J* = 6.6 Hz), 0.97 (d, *J* = 6.6 Hz), 0.90 (d, *J* = 6.8 Hz), 0.89 (d, *J* = 6.8 Hz), 0.82 (d, *J* = 6.9 Hz), 0.81 (d, *J* = 6.9 Hz), 0.80 (d, *J* = 6.8 Hz), 0.79 (d, *J* = 6.8 Hz), 0.65 (s), 0.51 (s).

¹³C NMR (CDCl₃, 101 MHz): δ = 207.6, 206.8, 170.2, 135.4, 132.0, 70.7, 68.4, 55.4, 54.8, 53.4, 52.2, 51.2, 50.4, 49.8, 47.6, 44.8, 44.1, 42.8, 42.8, 42.0, 40.2, 40.0, 39.2, 38.6, 38.0, 37.2, 33.1, 33.0, 32.8, 29.0, 27.9, 27.8, 27.1, 26.6, 25.0, 23.6, 23.6, 23.0, 21.8, 21.3, 21.3, 21.2, 21.1, 21.0, 20.7, 20.0, 19.9, 19.6, 17.6, 17.6, 12.7, 12.4.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₉H₄₆NaO₃: 465.3339; found: 465.3359.

B-nor-3-Acetyl Ketone 17b

Ketone **16b** (82 mg, 0.2 mmol, 1.0 equiv) was dissolved in glacial AcOH (16.7 mL) and 2.5 M aq H₂SO₄ (4.2 mL) was added. The resulting solution was stirred at 95 °C for 48 h. After cooling to ambient temperature, the solution was neutralized with 25% aq NaOH and extracted with Et₂O (3 × 15 mL). The combined organic phases were washed with sat. brine (15 mL), dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was re-dissolved in pyridine (4 mL). To this solution were added sequentially DMAP (2.5 mg, 0.02 mmol, 0.1 equiv) and acetic anhydride (95 μL, 1.0 mmol, 5.0 equiv) and the mixture was stirred for 24 h at 25 °C. Afterwards, the reaction mixture was quenched with sat. aq NH₄Cl (10 mL) and extracted with Et₂O (3 × 10 mL). The combined organic phases were washed with sat. brine (10 mL), dried over MgSO₄, and filtered. All volatiles were removed under reduced pressure and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to yield **17b** as a colorless solid (81 mg, 88%, mixture of C5-epimers). The mixture of epimers was re-subjected to column chromatography (silica gel, CH₂Cl₂–EtOAc–acetone 300:2:1) to yield an analytically pure sample of the less polar epimer.

Mixture of Epimers 17b

Yield: 81 mg (0.176 mmol, 88%, mixture of epimers); mp 115.5–116 °C (CHCl₃); *R*_f = 0.40 (*n*-hexane–EtOAc, 9:1, CAM [blue]).

¹H NMR (CDCl₃, 500 MHz): δ = 5.04–5.00 (m), 4.37 (tt, *J* = 11.5, 4.4 Hz), 2.63 (t, *J* = 6.7 Hz), 2.38 (dt, *J* = 6.5, 2.1 Hz), 2.34–2.19 (m), 2.04 (s), 2.01 (s), 1.96–1.79 (m), 1.83 (s), 1.78–1.68 (m), 1.71–1.31 (m), 1.33 (s), 1.34–1.18 (m), 1.18 (s), 1.17–1.05 (m), 1.04 (s), 0.93 (d, *J* = 6.5 Hz), 0.89 (d, *J* = 6.5 Hz), 0.87–0.82 (m), 0.81 (d, *J* = 6.8 Hz), 0.65 (s), 0.52 (s).

¹³C NMR (CDCl₃, 126 MHz): δ = 219.9, 170.6, 170.3, 70.9, 68.5, 55.6, 55.0, 53.5, 52.3, 51.4, 50.5, 50.0, 47.8, 47.6, 46.0, 45.9, 45.1, 44.2, 42.2, 39.5, 38.8, 38.2, 37.4, 36.4, 36.2, 34.1, 33.9, 33.0, 29.3, 29.2, 29.0, 28.1, 28.0, 27.7, 27.3, 26.7, 26.3, 26.2, 25.2, 23.8, 23.2, 23.2, 23.1, 22.0, 21.5, 21.4, 21.3, 20.9, 20.0, 19.9, 19.2, 19.2, 19.0, 19.0, 12.6, 12.3, 12.1.

Major, Less Polar Epimer 17b

Mp 122.5–123 °C (CHCl₃); [α]_D²⁰ –24.9 (c 1.00, CHCl₃); *R*_f = 0.51 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 2954 (s), 2931 (s), 2869 (m), 2360 (w), 1733 (s), 1462 (m), 1375 (m), 1240 (s), 1140 (w), 1030 (m), 750 (s) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 4.37 (tt, *J* = 11.4, 4.4 Hz, 1 H), 2.62 (t, *J* = 6.7 Hz, 1 H), 2.37 (dt, *J* = 6.3, 2.1 Hz, 1 H), 2.30 (ddt, *J* = 12.9, 4.6, 2.3 Hz, 1 H), 2.25–2.17 (m, 1 H), 2.03 (t, *J* = 3.6 Hz, 1 H), 2.00 (s, 3 H),

1.89–1.79 (m, 2 H), 1.73 (dt, *J* = 13.2, 6.9 Hz, 1 H), 1.70–1.53 (m, 6 H), 1.54–1.21 (m, 9 H), 1.18 (s, 3 H), 1.16–0.98 (m, 6 H), 0.89 (d, *J* = 6.5 Hz, 3 H), 0.85–0.82 (m, 6 H), 0.80 (d, *J* = 6.8 Hz, 2 H), 0.51 (s, 3 H).

¹³C NMR (CDCl₃, 126 MHz): δ = 219.9, 170.3, 70.9, 55.6, 53.5, 50.5, 47.8, 45.9, 44.2, 42.2, 38.9, 38.2, 36.4, 33.9, 33.0, 29.3, 27.7, 27.3, 26.7, 26.2, 23.2, 23.2, 22.0, 21.5, 20.9, 19.9, 19.2, 19.0, 12.6, 12.1.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₃₀H₅₀NaO₃: 481.3652; found: 481.3675.

B-nor-3-Hydroxy Ketone 18a

To a solution of **17a** (20 mg, 0.044 mmol, 1.0 equiv) in MeOH–CH₂Cl₂ (10:1, 1.1 mL) was added KOH (12 mg, 0.22 mmol, 5.0 equiv). After stirring at 25 °C for 15 min, the reaction mixture was diluted with H₂O (5 mL) and neutralized with aq HCl (1.0 M). The aqueous layer was extracted with EtOAc (3 × 5 mL), and the combined organic phases were washed with sat. brine (5 mL), dried over MgSO₄, filtered, and concentrated under reduced pressure. Column chromatography (silica gel, *n*-hexane–EtOAc, 3:1→1:1) gave **18a** as a colorless oil.

Yield: 15 mg (0.037 mmol, 83%); *R*_f = 0.59 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 3313 (b), 2947 (s), 2918 (m), 2359 (s), 2341 (s), 1711 (w), 1540 (m), 1507 (w), 1264 (m), 763 (m) cm⁻¹.

¹H NMR (CDCl₃, 401 MHz): δ = 5.26–5.08 (m), 4.10–4.05 (m), 3.39–3.28 (m), 2.64–2.57 (m), 2.38–1.22 (m), 1.17 (s), 1.03 (s), 1.02 (d, *J* = 6.6 Hz), 0.98 (d, *J* = 6.6 Hz), 0.91 (d, *J* = 6.8 Hz), 0.90 (d, *J* = 6.8 Hz), 0.84 (d, *J* = 1.6 Hz), 0.83 (d, *J* = 1.6 Hz), 0.82 (d, *J* = 1.6 Hz), 0.81 (d, *J* = 1.6 Hz), 0.66 (s), 0.53 (s).

¹³C NMR (CDCl₃, 101 MHz): δ = 197.2, 195.2, 135.6, 132.2, 76.8, 68.3, 65.4, 55.6, 53.9, 52.5, 50.6, 47.8, 44.2, 43.0, 42.1, 40.3, 40.1, 38.8, 38.2, 33.4, 33.2, 30.8, 30.7, 28.0, 23.2, 22.0, 21.2, 20.9, 20.1, 19.8, 17.7, 17.7, 12.9.

HRMS (ESI): *m/z* [M + Na]⁺ calcd for C₂₈H₄₆NaO: 423.6362 found: 423.6354.

B-nor-3-Hydroxy Ketone 18b

To a solution of **17b** (14 mg, 0.031 mmol, 1.0 equiv) in MeOH–CH₂Cl₂ (10:1, 0.7 mL) was added KOH (9 mg, 0.155 mmol, 5.0 equiv). After stirring at 25 °C for 15 min, the reaction mixture was diluted with H₂O (3 mL) and neutralized with aq HCl (1.0 M). The aqueous layer was extracted with EtOAc (3 × 3 mL), and the combined organic phases were washed with sat. brine (5 mL), dried over MgSO₄, filtered, and concentrated under reduced pressure. Column chromatography (silica gel, *n*-hexane–EtOAc, 3:1→1:1) gave **18b** as a colorless solid.

Yield: 10 mg (0.024 mmol, 79%, mixture of C5-epimers); mp 115.5–116 °C (CHCl₃); *R*_f = 0.48 (*n*-hexane–EtOAc, 1:1, CAM [blue]).

IR (neat): 3389 (b), 2955 (s), 2932 (s), 2867 (s), 2360 (m), 2342 (m), 1729 (s), 1461 (m), 1379 (m), 1259 (m), 1204 (w), 1059 (m), 909 (m) cm⁻¹.

¹H NMR (CDCl₃, 500 MHz): δ = 5.04–5.00 (m), 4.37 (tt, *J* = 11.5, 4.4 Hz), 2.63 (t, *J* = 6.7 Hz), 2.38 (dt, *J* = 6.5, 2.1 Hz), 2.34–2.19 (m), 2.04 (s), 2.01 (s), 1.96–1.79 (m), 1.83 (s), 1.78–1.68 (m), 1.71–1.31 (m), 1.33 (s), 1.34–1.18 (m), 1.18 (s), 1.17–1.05 (m), 1.04 (s), 0.93 (d, *J* = 6.5 Hz), 0.89 (d, *J* = 6.5 Hz), 0.87–0.82 (m), 0.81 (d, *J* = 6.8 Hz), 0.65 (s), 0.52 (s).

¹³C NMR (CDCl₃, 126 MHz): δ = 221.1, 68.3, 65.3, 55.6, 55.0, 53.9, 52.4, 51.2, 50.5, 50.0, 47.9, 45.9, 45.1, 44.1, 42.2, 38.9, 38.2, 37.4, 36.4, 36.2, 33.9, 33.4, 30.7, 30.7, 29.3, 27.7, 26.1, 23.9, 23.2, 22.0, 21.2, 20.9, 20.0, 19.2, 19.0, 12.6, 12.3, 12.1.

HRMS (ESI): m/z $[M + Na]^+$ calcd for $C_{28}H_{48}NaO_2$: 439.3547; found: 439.3550.

i-Steroid Dione 22

α -Hydroxy ketone **11g** (45 mg, 0.15 mmol, 1.0 equiv) was suspended in MeOH (3.8 mL) and CuCl (150 mg, 1.5 mmol, 10.0 equiv) was added. The resulting suspension was stirred at 50 °C for 16 h. After cooling to ambient temperature, the suspension was filtered through a plug of Celite, all volatiles were removed under reduced pressure, and the thus-obtained residue was purified by column chromatography (silica gel, *n*-hexane–EtOAc, 9:1) to give **22** (31 mg, 68%) as a colorless solid along with *B-nor*- α -hydroxy methyl ester **12g** (16 mg, 0.05 mmol, 21%).

Yield (**22**): 31 mg (0.1 mmol, 68%); $[\alpha]_D^{20}$ –25.9 (c 1.00, $CHCl_3$); R_f = 0.32 (*n*-hexane–EtOAc, 9:1, CAM [green]).

IR (neat): 2963 (m), 2922 (m), 2359 (m), 2342 (w), 1720 (m), 1693 (s), 1654 (w), 1455 (w), 1365 (w), 1293 (m), 1141 (w), 1100 (w), 991 (w), 876 (m) cm^{-1} .

1H NMR ($CDCl_3$, 500 MHz): δ = 4.70 (s, 1 H), 4.66 (s, 1 H), 2.77 (dd, J = 12.1, 10.4 Hz, 1 H), 2.58–2.49 (m, 1 H), 2.38–2.28 (m, 2 H), 2.00–1.41 (m, 10 H), 1.32–1.24 (m, 1 H), 1.23 (s, 3 H), 1.23–1.25 (m, 1 H), 1.19 (t, J = 10.5 Hz, 1 H), 1.10 (s, 1 H), 0.85 (s, 3 H).

^{13}C NMR ($CDCl_3$, 126 MHz): δ = 198.2, 197.1, 159.7, 101.7, 50.5, 50.3, 48.7, 45.7, 45.4, 44.6, 40.9, 34.8, 34.1, 29.5, 25.8, 25.4, 23.0, 19.4, 18.6, 15.9.

HRMS (ESI): m/z $[M + Na]^+$ calcd for $C_{20}H_{26}NaO_2$: 321.1825; found: 321.1811.

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Supporting Information

Supporting information for this article is available online at <https://doi.org/10.1055/s-0036-1591883>.

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