Posterior Epistaxis and Hypertension: Our ENT Department Study
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Introduction:
Epistaxis is one of the most common ENT emergencies, while posterior epistaxis represents the severest one. The relationship between epistaxis and hypertension still represents a controversy.

Methods:
This study was performed in ENT Department Timisoara, during a period of 3 years (2013-2015). A total 244 patients were divided into two groups:
• Epistaxis Group
  – 122 patients
• Control Group
  – 122 patients

Holter Blood Pressure was performed in all patients. Blood Pressure follow-up was conducted by the cardiologist for all the patients in the study each month for 6 months.

Results:
Epistaxis Group patients presented a higher incidence of anterior and posterior epistaxis episodes.

There was a highly significant positive correlation between posterior epistaxis episodes and blood pressure values.

Conclusion:
High blood pressure values are associated with posterior epistaxis.