Clipping of Cerebral Aneurysm in a Patient with Coarctation of Aorta: Anesthetic Management

Summit Bloria¹  Neha Maheshwari¹  Hemant Bhagat²

¹Department of Anaesthesia, Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh, India
²Division of Neuroanaesthesia, Department of Anaesthesia and Intensive Care, Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh, India

Address for correspondence  Neha Maheshwari, MD, Department of Anaesthesia, Postgraduate Institute of Medical Education and Research (PGIMER), Sector-12, Chandigarh 160012, India (e-mail: nehadoc2705@gmail.com).

We report perioperative management of a 45-year-old male patient with coarctation of aorta (CoA) posted for clipping of ruptured posterior inferior cerebellar artery (PICA) aneurysm. A 45-year-old male patient, a known hypertensive for past 1 year, presented to this hospital with sudden onset of severe headache and drowsiness for 2 days. An urgent non-contrast computerized tomography (NCCT) head was done, which revealed intraventricular hemorrhage in third and fourth ventricles. Digital subtraction angiography (DSA) via the femoral route was attempted to locate the site of bleed but could not be done as the DSA team had difficulty in negotiating the guidewire beyond the aortic isthmus. CT angiography was subsequently done and revealed shelf-like narrowing at aortic isthmus beyond the origin of subclavian artery, suggestive of CoA (►Fig. 1). Cerebral CT angiography also revealed a ruptured right PICA aneurysm.

Transthoracic echocardiography in this patient revealed normal left systolic function with ejection fraction of 55 to 60%. Considering the ruptured cerebral aneurysm to be an urgency and the fact that hemodynamic fluctuations might occur during correction of coarctation, cardiology team opined that the cerebral aneurysm be clipped in this patient prior to correction of coarctation. We subsequently reviewed the patient for clipping of aneurysm under general anesthesia, and he was accepted for anesthesia under high risk.

On the day of surgery, the patient was taken to operation theater and baseline monitors were attached. His left radial artery was cannulated under local anesthesia and arterial blood pressure (BP) was transduced, which was 211/99 mm Hg. Noninvasive BP was taken in the left calf and it was 128/76 mm Hg.

Our intraoperative aims were to prevent fluctuations in BP and prevention of ischemia below the coarctation of aorta. After a standard induction of anesthesia, an arterial cannula was placed in the left posterior tibial artery and was transduced to measure BP distal to the coarctation of aorta. Mean BP in the lower limb was maintained above 60 mm Hg throughout the surgery (►Fig. 2). Intraoperative urine output

Fig. 1  CT angiography demonstrating coarctation of aorta. The arrow points toward the site of coarctation. CT, computed tomography.

Fig. 2  Intraoperative monitoring of invasive BP in upper and lower limb. BP, blood pressure.
was adequate (2 mL/kg/h). Postoperatively, the patient was shifted to intensive care unit (ICU) for elective ventilation as it was a poor grade aneurysm (Hess and Hunt grade 4). In the ICU, monitoring of invasive BP in both left radial and left posterior tibial arteries was continued with the aim of maintaining a mean BP of > 60 mm Hg in the lower limb. He was gradually weaned off and extubated the next day.

Eppinger had first described aortic coarctation complicated with intracranial aneurysm. In patients with CoA, it has been suggested that the elevation of BP in the head, neck, and upper limbs, caused due to aortic constriction, predisposes to the development of intracranial aneurysm. Mercado et al discussed whether CoA or aneurysm should be first treated in these patients. They suggested that aneurysms should be first treated in the presence of an unnoticed CoA as they have a higher risk of rupture.

Anesthesia management of these patients includes the following: (1) maintaining adequate perfusion distal to coarctation so as to prevent ischemia, and (2) preventing hypertension proximal to coarctation. With this aim, we used invasive BP monitoring in both upper and lower limbs in our patient and kept the mean BP above 60 mm Hg in lower limbs. Recently, Paul et al had managed a case of CoA taken up for coiling of an intracranial aneurysm on similar lines. Azimee et al reported poor outcome in a patient of CoA taken up for intracranial aneurysm coiling when only radial artery pressures and urine output were used to guide BP management. They had also recommended the use of two invasive arterial lines while caring for these patients.

Conflict of Interest
None declared.

References
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