# A Gold Standard Protocol for Human Megakaryocyte Culture Based on the Analysis of 1,500 Umbilical Cord Blood Samples

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# Introduction

Three decades after the ground breaking proposal of using human umbilical cord blood (UCB) as a source of transplantable hematopoietic stem cells (HSCs),<sup>1</sup> over 40,000 transplants have been performed worldwide.<sup>2</sup> The hematopoietic reconstitution capacity of UCB resides in the high concentration of CD34<sup>+</sup> cells, enriched for hematopoietic stem and progenitors cells.<sup>3,4</sup>

Since 1993, public UCB banks have been established worldwide. In Italy, UCB is stored, free of charge, when (1) it is altruistically donated for HSC transplantation and (2) it is for a family affected with, or at risk of, a disease that is treatable with transplantation.<sup>5</sup>

UCBs that do not meet the requirements for banking based on the international standards became invaluable sources for stem cell research.<sup>6</sup> The study of human hematopoiesis is one of the major applications as this human model can overcome drawbacks related (1) to the use of animals, which can be poor predictors of human physiology,<sup>7</sup> (2) to the high cost and expertise necessary for generating the embryonic and induced pluripotent cell lines,<sup>8–10</sup> or (3) to the limited supply of adult HSCs, which usually become available when discarded after clinical procedures.<sup>11,12</sup>

Different protocols have been established for in vitro megakaryocyte (Mk) differentiation from CD34<sup>+</sup> cells. All entail the usage of various concentrations of recombinant human thrombopoietin (TPO) in combination with a variety

received August 18, 2020 accepted after revision September 8, 2020 published online November 7, 2020 of hematopoietic cytokines but with contrasting results in terms of Mk and proplatelet phenotypes.<sup>13–16</sup>

We report a retrospective analysis of our 15-year experience in UCB processing, with a focus on UCB features and experimental procedures that are basic for a reproducible culture of functional Mks without the need for serum supplementation or coculture with feeder cells.

### **Results and Discussion**

The UCB bank of the I.R.C.C.S. Policlinico San Matteo Foundation of Pavia, in Italy, collects 4 UCB units/day. After donor screening and testing for infectious agents, samples that meet the international standards for banking (current $ly > 1.6 \times 10^9$  total nucleated cells [TNCs] or  $> 1.2 \times 10^9$ TNCs and  $2 \times 10^6$  CD34<sup>+</sup> cells) are stored, while the others are forwarded to research laboratories. Among these, our laboratory handled a median of 16 unstored samples/month, corresponding to more than 1,500 UCB units processed in the past 15 years. All the samples were analyzed within a timelapse of 0 to 5 days from the date of collection, with most of them ( $\sim$ 80%) processed within 3 days ( $\succ$  Fig. 1A). A retrospective analysis of these samples showed a median volume of 75 mL/unit and a median cell count of  $10 \times 10^3/\mu$ L white blood cells,  $3 \times 10^6/\mu$ L red blood cells, and  $200 \times 10^3/\mu$ L platelets (**Fig. 1B-E**). The percentage of CD34<sup>+</sup> cells was approximately 0.2% (**Fig. 1B**). Of these, we separated a of  $0.85 \times 10^6$  $CD34^+$ cells/UCB median (range:

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**Fig. 1** General characteristics of umbilical cord blood units. (A) Percentage of samples processed in the different day intervals. (B) Median values and range of the volume and total cell count of umbilical cord blood (UCB) units (WBC, with blood cell; RBC, red blood cell; PLT, platelet). Based on the concentration of (C) WBCs, (D) RBCs, and (E) PLTs, UCB unit distribute with a Gaussian-like distribution within the range of analysis. (F) Box and whisker diagram of the number of CD34<sup>+</sup> cells obtain from the UCB samples according to the day interval in which the sample was processed. (p = NS). (G) Percentage of viable CD34<sup>+</sup> cells obtained from the UCB samples according to the day interval in which the sample was processed. Data are expressed as mean and standard deviation (SD) (p = NS).

 $0.13-5.8 \times 10^6$ ), by immunomagnetic sorting procedure. No significant differences were observed in the number and viability of CD34<sup>+</sup> cells isolated from day 0 to 5 (**-Fig. 1F, G**), thus supporting the notion that UCB CD34<sup>+</sup> cell survival can last for several days after collection.<sup>1</sup>

Upon harvesting,  $1 \times 10^6$  CD34<sup>+</sup> cells/mL were cultured in a serum-free medium in the presence of 10 ng/mL TPO and 10 ng/mL interleukin (IL)-11, which were renewed every 3 days over 2 weeks of differentiation. The median number of viable Mks quantified at the end of each culture was  $1 \times 10^6$  (range:  $0.1-7 \times 10^6$ ). A significant correlation between the input number of CD34<sup>+</sup> cells and the corresponding number

of differentiated CD41<sup>+</sup>CD42b<sup>+</sup> Mks was shown by linear regression analysis ( $R^2 = 0.85$ , p < 0.0001; **Fig. 2A**), regardless of the timing of UCB processing after collection, thus demonstrating that UCB CD34<sup>+</sup> cells maintain full differentiation capability over 5 days after sampling. These data highlight the efficient rate of success of our culture conditions that support the differentiation of one mature Mk per starting CD34<sup>+</sup> cell, rather than the proliferation of immature progenitors. Comparable results were obtained after thawing cryopreserved CD34<sup>+</sup> cells, consistent with previous knowledge about the efficient recovery of UCB HSCs after several years of storage.<sup>17</sup>



Fig. 2 Megakaryopoiesis from umbilical cord blood hematopoietic stem cells. (A) CD34<sup>+</sup> cells were cultured in a serum-free medium in the presence of interleukin (IL)-11 (10 ng/mL) and thrombopoietin (TPO) (10 ng/mL) for 2 weeks. Linear regression analysis of the number of CD34<sup>+</sup> cells at the input and  $CD41^+CD42b^+$  at the output proved to be significant with an  $R^2 = 0.85$ . (B) The diameter of cells was measured randomly throughout the culture, to assess the rate of maturation. Data are expressed as mean  $\pm$  standard deviation (SD) (p < 0.05). (C) Megakaryocyte (Mk) ploidy was quantified at the end of the culture by flow cytometry by gating CD41<sup>+</sup> events within the corresponding parameters of size and complexity to mature Mks. Data are expressed as mean  $\pm$  SD. (D) Panning of cell surface maturity markers on Mks on the 14th day of culture was performed by flow cytometry. Data are expressed as mean  $\pm$  SD. (E) Differentiation was confirmed by fluorescence microscopy (green: CD61; red: CD41; blue: nuclear stain Hoechst 33258; scale bar: 30 µm). (F) Representative light microscopy images of proplatelet formation by Mks in liquid culture (scale bar = 50  $\mu$ m). (G) The percentage of proplatelet forming Mks was calculated as the number of cells displaying long filamentous pseudopods with respect to the total number of round Mks per analyzed field. Histograms show the percentage of proplatelet formation throughout the culture. Data are expressed as mean  $\pm$  SD (\*p < 0.01). (H) Mks at day 13 of culture were plated on fibronectin-coated coverslips. After 30 minutes, 5 hours, or 16 hours of incubation adherent cells were fixed and stained for immunofluorescence analysis with TRITG-phalloidin (red) and antibody against α-tubulin (green). Nuclei were counterstained with Hoechst 33258 (blue). Scale bar = 30 μm. (I) CD34<sup>+</sup> cells were cultured in a serum-free medium in the presence of IL-11 (10 ng/mL) and increasing concentrations of TPO (10–50–100 ng/mL). Analysis of proplatelet structure was performed after 2 weeks by immunofluorescence staining of the Mk-specific cytoskeleton component  $\beta$ 1-tubulin (green =  $\beta$ 1-tubulin; blue = nuclei; scale  $bar = 25 \mu m$ ). In all tested conditions, the representative pictures show similar elongation of proplatelet shafts with the presence of bulbous tips, at the terminal ends of each branch, resembling mature platelets. (L) The analysis of the percentage of proplatelet forming Mks in the different tested conditions show comparable Mk function. Data are expressed as mean  $\pm$  SD (p = NS).

During differentiation, a progressive increase in the percentage of cells with high diameter, ploidy, and expression of lineage-specific markers was observed (>Fig. 2B-E). Electron microscopy analysis demonstrated the development of the demarcation membrane system and the presence of granules throughout the cytoplasm (**-Supplementary** Fig. S1, available in the online version). At the end of the culture > 95% of Mks were viable (  $\succ$  Supplementary Fig. S2, available in the online version) and approximately  $91 \pm 5\%$  of cells expressed late-stage differentiation markers, such as CD41 and CD42b. Of these, approximately  $13 \pm 3\%$  Mks elongated branched proplatelets in liquid culture (Fig. 2F, **G**). The process of proplatelet formation was spontaneously initiated by Mks and burst between day 13 and 14 of differentiation, independently of the presence of any cytokines, including TPO. This was probably due to the regulation of proplatelet formation through autocrine-paracrine signaling,<sup>18,19</sup> even though the exact mechanisms that drive proplatelet formation are still unknown.<sup>20</sup> Platelet-like particles could be found in the culture medium (**Supplementary Fig. S1**, available in the online version). Additionally, in our three-dimensional silk-based bone marrow models we demonstrated that UCB-derived Mks release platelets with the same morphological and functional features of peripheral blood platelets.<sup>21-23</sup>

In vivo Mk function is supported by the interaction with extracellular matrix components. Among these, fibronectin is known to support proplatelet formation.<sup>13,24</sup> Upon adhesion on fibronectin, we showed that Mks activate different cellular processes: (1) early passive adhesion; (2) stress fiber formation and microtubule polymerization with proplatelet-like pseudopod formation; and (3) proplatelet branching (**-Fig. 2H**). Mk cultures with increasing concentrations of TPO, from 10 to 100 ng/mL, did not prompt further Mk differentiation or proplatelet formation (**-Fig. 21, L**).

In summary, we developed a protocol to differentiate Mks from UCB CD34<sup>+</sup> cells using minimal concentrations of TPO and IL-11. The analysis of 1,500 UCB samples indicates that our culture protocol is highly reproducible and represents a gold standard for the study of human megakaryopoiesis. UCB HSCs are cells of fetal/neonatal origin, and Mks derived from these cells present distinct characteristics such as high proliferation rate, low ploidy, and mature cytoplasm. For this reason, low-ploidy neonatal Mks are more mature than adult low-ploidy Mks.<sup>14</sup> Despite these differences, our protocol has been designed to promote exclusively Mk maturation resulting in almost one CD41<sup>+</sup>CD42b<sup>+</sup> Mk per CD34<sup>+</sup> cell. The controlled proliferation in our cultures leads to the production of a uniform population of CD41<sup>+</sup>CD42b<sup>+</sup> Mks. The consistency of this protocol makes these Mks a highly reliable tool for different studies ranging from basic science to disease modeling and drug testing.<sup>12,13,25</sup>

#### Authors' Contributions

C.A.D.B. designed research studies, conducted experiments, acquired data, analyzed data, and wrote the manuscript. P.M.S. conducted experiments, acquired data, analyzed data, and wrote the manuscript. C.P.M. analyzed data and wrote the manuscript. C.P. and C.D.F. provided cord blood samples, analyzed data, and edited the manuscript. A.B. designed and supervised the research project, acquired data, analyzed data and wrote the manuscript.

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Conflict of Interest None declared.

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