A Rare Case of Calcifying Pseudoneoplasms of the Neural Axis in Lumbar Spine

Venkatesan Ravi 1 Pammi Srinath 1

1Department of Spine Surgery, Apollo Hospitals, Chennai, India

Address for correspondence Pammi Srinath, MBBS, DNB, Department of Spine Surgery, Counter No, 14, Apollo Hospitals, No. 21, Greams Road, off Greams Lane, Thousand Lights, Chennai 600006, India (e-mail: drsrinath.p@gmail.com).

Calcified pseudoneoplasm of the neural axis (CAPNON) is a very rare, non-neoplastic, calcified pathological entity occurring anywhere in the central nervous system (CNS). Overall, less than 100 cases were reported, of which less than 50% were from the spine. We present a case of a 53-year-old lady with a history of L4–L5 radiculopathy, known case of rheumatoid arthritis, and with no previous history of trauma, tumor or infection. MRI showed calcified intradural mass, extending into the right lateral recess, which was isointense on T1- and T2-weighted sequences. Fenetration on right side along with complete resection of the lesion was done. Mass was found adherent around the dura, extending in to right L5 nerve root foramen, and histopathological examination confirmed the diagnosis of CAPNON. At 6 months follow-up, the patient is pain-free with no radicular symptoms. This entity should be taken in as differential in cases of calcified intraspinal and intracranial lesions. Surgical resection is the treatment of choice.

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Introduction

Calcified pseudoneoplasm of the neural axis (CAPNON) is a very rare, non-neoplastic calcified pathological entity occurring anywhere in the central nervous system (CNS). Overall, less than 100 cases were reported, of which less than 50% were from the spine. They are also known as fibro-osseous lesions of the CNS. The exact etiology is still unknown, but it is believed to be reactive in nature. It was first described by Rhodes and Davis in 1978. CAPNON may occur in the spine and also intracranially, although incidence in the latter is more common. We present a case of CAPNON in the spine, considering clinical presentation, imaging, histopathology, differentials, treatment options, and outcome. These lesions are benign in nature and the symptoms are due to mass effect. It is important to distinguish them from more neoplastic lesions, as complete resection is curative.

Case Report

We present a case of a 53-year-old female with complaints of back pain, radiating to right lower limb, with no neurological deficit or gait instability. The patient is a known case of rheumatoid arthritis with no previous history of trauma, tumor or infection. On examination, there was tenderness at the L4–L5 level, straight leg raising test was negative with power 5/5 in both lower limbs, and deep tendon reflexes in the normal range.

MRI showed calcified intradural extramedullary mass, extending into the right lateral recess, which was isointense on T1- and T2-weighted sequences (Fig. 1A, B). Hemilaminectomy was done on the right side, mass was found around the dura, and adherent extending in to right L5 nerve root foramen. Mass was round and firm. Complete resection of the lesion was done. Histopathological examination showed multiple fragments of fibrocollagenous and degenerated tissue with foci of calcification, granular material surrounded by inflammatory cells composed of histiocytic aggregates and granuloma, and a giant cell reaction suggestive of calcified pseudoneoplasm of the neural axis (Fig. 2).

At 6 months follow-up, the patient is pain-free with no radicular symptoms.
Histopathologically, there is a chondromyxoid matrix with variable amounts of fibrous tissue, and calcification with foreign body type giant cells. A complete resection is the treatment. There are no recommendations for any chemotherapy or radiotherapy after excision. Recurrence in case of CAPNON is very unlikely. According to Stienen et al., 92.3% of patients with spinal CAPNON and 93.7% of patients with intracranial CAPNON showed no signs of recurrence. Although many studies recommend complete resection, in terms of recurrence, there was no significant difference between complete and incomplete resection.

Conclusion
CAPNON in lumbar spine is a rare presentation. This entity should be taken as differential in cases of calcified intraspinal and intracranial lesions. Even though CT and MRI give a clue about the diagnosis, confirmation is only based on histopathology. Surgical resection is the treatment of choice.

Conflict of Interest
None declared.

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References