

# Effects of Long Durations of RF–Magnetron Sputtering Deposition of Hydroxyapatite on Titanium Dental Implants

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Abstract	<ul> <li>Objectives Dental implant is a revolution in dentistry; some shortages are still a focus of research. This study use long duration of radiofrequency (RF)-magnetron sputtering to coat titanium (Ti) implant with hydroxyapatite (HA) to obtain a uniform strongly adhered in a few micrometers in thickness.</li> <li>Materials and Methods Two types of substrates, discs and root form cylinders were prepared using a grade 1 commercially pure (CP) Ti rod. A RF-magnetron sputtering was set at 150 W for 22 hours at 100°C under continuous argon gas flow and substrate rotation at 10 rpm. Coat properties were evaluated via field emission scanning electron microscopy (FESEM), scanning electron microscopy-energy dispersive X-ray (EDX) analysis, atomic force microscopy, and Vickers hardness (VH). Student's <i>t</i>-test was used.</li> <li>Results All FESEM images showed a homogeneous, continuous, and crack-free HA coat</li> </ul>
<ul> <li>Keywords</li> <li>dental implant</li> <li>field emission scanning electron microscopy</li> <li>hydroxylapatite</li> <li>magnetron sputtering</li> <li>titanium</li> <li>Vickers hardness</li> </ul>	with a rough surface. EDX analysis revealed inclusion of HA particles within the substrates surface in a calcium (Ca)/phosphorus (P) ratio (16.58/11.31) close to that of HA. Elementa and EDX analyses showed Ca, Ti, P, and oxygen within Ti. The FESEM views at a cross-section of the substrate showed an average of 7 $\mu$ m coat thickness. Moreover, these images revealed a dense, compact, and uniform continuous adhesion between the coat layer and the substrate. Roughness result indicated highly significant difference between uncoated Ti and HA coat ( <i>p</i> -value < 0.05). A significant improvement in the VH value was observed when coat hardness was compared with the Ti substrate hardness ( <i>p</i> -value < 0.05). <b>Conclusion</b> Prolonged magnetron sputtering successfully coat Ti dental implants with HA in micrometers thickness which is well adhered essentially in excellent osseointegration.

# Introduction

Hydroxyapatite (HA) and  $\beta$  tricalcium phosphate are acceptable bioactive materials because of their apatite formation abilities.<sup>1-3</sup> The inorganic HA, Ca<sub>10</sub>(PO4)<sub>2</sub>(OH)<sub>2</sub>, is an essential biomaterial component of human hard tissues as bones and teeth. Owing to its inherent biocompatibility, it is used for medical and dental implant coatings.<sup>45</sup> The

published online January 28, 2021 **DOI** https://doi.org/ 10.1055/s-0040-1721314 **ISSN** 1305-7456. role of a coating material is to protect the body organs from metal ions that may be released by metallic implant materials. Moreover, the ability to induce implant a bone bonding is an important factor to consider when selecting a coating material. Hence, the coating material should be pore free, dense, and with a strong adhesion to their substrate material.<sup>6.7</sup> Metal surfaces can be coated by bioactive

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materials via several methods, such as, dip coating, electrophoretic deposition, thermal sputtering, colloidal solution deposition, magnetron sputtering, plasma spraying, sol-gel technique, and pulsed laser deposition, to enhance bone healing and metal implant integration.

Coating thickness is a crucial factor that will determine the success or failure of a direct implantation procedure. The aforementioned implantation methods can achieve a coating thickness ranging from 0.05 to 200 µm.8 For instance, sand blasting with an acid provides a coat with numerous micropores on the substrate surface to stimulate bone growth. However, this technique requires a healing period of ~3 to 6 months.<sup>9</sup> A commonly applied method is plasma-sprayed coating of implant surface using HA to improve biocompatibility and rapid bone tissue growth.<sup>10</sup> However, this technique has several disadvantages, such as it produces a thick HA coating layer ranging from 75 to 150 µm.<sup>11</sup> Shortages of this coat leads to delamination a adhesion and cohesion failure with porosity,<sup>12</sup> as well as a decrease in the ability of the coat to withstand shear fatigue.13 These coat thickness-related complications can result in implant failure due to breakage of the coating film. The radiofrequency (RF) sputtering technique is an alternative method that involves collision of high-energy electrons with gas molecules or atoms to form positive ions for bombarding the HA target after ionization and excitation-relaxation reaction, which in turn deposit the target material onto the implant substrate material.14 RF-magnetron sputtering provides elemental composition coating by sintering the target made from a homogeneous mixture of phosphates to provide high-purity coating.<sup>15</sup> This method provides very thin coat (nanoscale films); a thin coat may degrade rapidly, a condition that is detrimental to dental implants.<sup>1,16,17</sup> Therefore, the objective is to create thick, well-adhered HA coat that allow sufficient time for osseointegration and will not easily separate during the procedure. A coating of HA in a few micrometers in thickness is ideal because such coating may not exfoliate as rapidly as thinner or thicker HA coatings.<sup>18,19</sup>

This study used long durations of RF–magnetron sputtering deposition to produce a microscale HA bioceramic layer and evaluated its effects on grade 1 commercially pure (CP) titanium (Ti) implant materials.

# **Materials and Methods**

#### **Sample Preparation**

Grade 1 CP Ti (99.9% purity) (Baoji Jinsheng Metal Material, China) supplied as annealed rods with a dimension of 1,000 mm × 6 mm (length × diameter) were used to prepare the substrate. Two different substrate specimens were prepared: a disc-shaped specimen with a dimension of 6 mm × 2 mm (diameter × thickness) was prepared by cutting the Ti rods using a water jet machine; the other was a cylindrical specimen (root form implant) with a dimension of 3 mm × 6 mm (diameter × length) that was fabricated using a turning machine, to demonstrate that this technique applicable for every implant surface design, root or screw. The disc specimens were used for *in vitro* coating optimization and characterization, whereas the cylindrical specimens were utilized for *in vivo* biomechanical and histological evaluations. Before sputtering, all specimens were gradually polished using a silicon carbide (SiC) polishing paper with increasing grit sizes of 500, 800, 1,200, 2,000, and 2,400. The specimens were cleaned with absolute ethanol in an ultrasonic cleaning device for 30 minutes and then air dried. The specimens were etched using a solution of distilled water, 6% HNO<sub>3</sub> and 2% HF for 3 minutes to remove the oxide layer. After etching, the specimens were rinsed with acetone for coating.<sup>20,21</sup> A custom-made stainless steel plat holder was designed to hold the circular substrates and fix the rod substrates (root form) vertically in the vacuum chamber during sputtering to ensure uniform coating.

#### Hydroxyapatite Target Preparation

The targets for magnetron sputtering (50 mm × 3 mm, diameter × thickness) were custom fabricated and sintered from HA powder (99.99% purity, the particle size was > 30 nm, ~2.13 g/cm<sup>3</sup> in density, and had a stoichiometric calcium [Ca]/phosphorus [P] ratio of 1.6). The targets were produced by vacuum hot-press sintering (Jiangyin Entret Coating Technology Co.). The pressure was 50 MPa, and the sintering temperature was 1,100°C.<sup>22</sup> A protective copper cover was used to protect the targets from cracks during sputtering process because the power of a device suddenly breakdown to zero when plasma strikes to the broken area (cracks) of the target as sparking occurs in that area.

#### **Sputtering Process**

Several sputtering trials were conducted in a pilot study to determine the suitable sputtering parameters for optimal coating deposition for 90 minutes. A magnetron sputtering device (Torr International Inc., United States) was used with different parameters, including magnetron power, working pressure, and target-to-substrate distance (**Table 1** and **Fig. 1**). Thickness was calculated at six different target-to-substrate distances (20, 30, 40, 50, 60, and 70 mm) for each specific magnetron power that was used. The optimum sputtering parameters were identified by measuring coat thickness on a square quartz microscope slide (25.4 mm × 25.4 mm × 1 mm thick; Ted Pella, Inc., United States) using a laser ellipsometer (SE 800, Sentech, Germany). The quartz slides provide extremely high purity, optical, and ultraviolet transparency, all these are important when a laser ellipsometer was used to measure coat thickness.

## **Final Coating Process**

The results of the pilot study showed that sample D was the best sample to obtain the optimum coat. Its sputtering parameters are listed in **-Table 1**.

The pressure of the sputtering chamber was set to less than  $1.5 \times 10^{-5}$  Torr as the base pressure, and the working pressure was set  $1.5 \times 10^{-3}$  Torr. Argon gas was then introduced into the device as sputtering gas at a flow rate of  $150 \text{ cm}^3/\text{min}$ . The coating process was performed by RF sputtering at a

Sample	Magnetron power (W)	Working pressure (Torr)	The target-to-substrate distance (mm)	Coat thickness (nm)	Observation results
А	100	3 x 10 <sup>-3</sup>	20-70	90 ± 11	
В	120	3 x 10 <sup>-3</sup>	20-70	120 ± 13	
С	130	3 x 10 <sup>-3</sup>	20-70	180 ± 19	
D	150	3 x 10 <sup>-3</sup>	20-70	192 ± 22	Coat was uniform, dense, and compact ( <b>– Fig. 1A, 1B</b> )
E	>150				Crack of the target and change in stoichiometry
F	<100		>70		Coat was delaminated, adhesive and cohesive failure with porosity
					(►Fig. 1C, 1D)

 Table 1
 Sputtering process parameters



**Fig. 1** FESEM images for substrates surfaces after sputter processing (**A**, **B**) as a function of sputter at power level of 150 W and the target-to-substrate distance was 40 mm (**C**, **D**) as a function of sputter at power level of 70 W and the target-to-substrate distance was 80 mm. FESEM, field emission scanning electron microscopy.

power level of 150 W. During sputtering, the magnetron power applied to the targets was gradually increased by 10 W every 3 minutes and maintained at 150 W until the end of the sputtering process. The deposition heat was fixed at 100°C; the temperature of the substrate during the sputtering procedure was 100°C. During the sputtering process, water was ejected to cool the targets. The entire procedure (deposition time) lasted for 22 hours to obtain a coat more than 5 µm in thickness. The substrates were moved in a rotary motion during deposition at 10 rpm. The target-to-substrate distance was 30 to 40 mm. Afterward, all HA substrates were sintered in a sintering oven (Nabertherm, Sintering Furnace HTCT01-16, United States). The heat treatment was conducted in air, and the temperature was gradually increased by 10°C/min up to 550°C for 1 hour (**>Fig. 2**).<sup>23</sup>

The discs were molded vertically, and the yielded blocks were ground using a 400 grit SiC paper and then finished and polished with a 2,000 grit SiC paper to expose the substrate–coat area.<sup>20,24</sup>

Coating thickness and surface morphology were investigated via field emission scanning electron microscopy (FESEM) (MIRA3 Tescan, Czech Republic). SEM–energy dispersive X-ray (EDX) analysis was conducted for elemental analysis. Elemental distribution was determined via EDX mapping. Vickers hardness (VH) test (Buehler Micromet 5103, United States) was performed to measure coat hardness.

# Results

## Surface Microstructure

Ti- and HA-coated substrates were examined via FESEM. The HA coating surface was continuous, crack free, and the HA particles were uniformly distributed with few aggregates of different sizes ( $\succ$  Fig. 3).

# Chemical Analysis of Ti and Hydroxyapatite-Coated Substrates

EDX analysis of the control (uncoated) Ti surface revealed that the surface consisted of Ti and oxygen (O). By comparison, the analysis revealed the presence of HA particles on the surface of the HA-coated substrate and that it comprised of Ca, Ti, P, and O. Moreover, the coating was not contaminated by other elements (**- Table 2**).

## Ca/P Ratio of Hydroxyapatite Coating

The Ca/P ratio in the coat layer (16.58/11.31) was ~1.5 (**>Table 2**), which was close to that in  $Ca_{10}(PO_4)_6$ ·2H<sub>2</sub>O (10/6)<sup>25</sup> because the HA target had a stoichiometric Ca/P ratio



**Fig. 2** (**A**) HA target, (**B**) holder of the target, (**C**) schematic diagram of experimental sputtering setup, and (**D**) Ti- and HA-coated substrates. HA, hydroxyapatite; Ti, titanium.



**Fig. 3** FESEM surface topographic image: (**A**) uncoated Ti and (**B–I**) FESEM surface topographic images of coated substrate at different magnifications of x 500, x 1,000, x 5,000, x 10,000, x 20,000, x 35,000, x 70,000, and x 140,000. FESEM, field emission scanning electron microscopy; Ti, titanium.

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Element	Mass%	Atom%
0	52.43	71.60
Р	16.04	11.31
Ca	30.41	16.58
Ti	1.13	0.51
	100	100

Abbreviations: Ca, calcium; EDX, energy dispersive X-ray; O, oxygen; P, phosphoru s; Ti, titanium.

of 1.6. Therefore, RF-magnetron sputtering did not alter the Ca/P ratio (**~ Fig. 4**).

The cross-section line elements at the HA–Ti interface were analyzed via EDX line scans of the interface at different areas (**-Fig. 5**).

EDX elemental analysis of the coat area revealed abundant Ca, P, and O atoms in the coating. EDX elemental analysis showed that the interface consisted of Ti, Ca, P, and O atoms. EDX elemental analysis revealed that the Ti substrate comprised abundant Ti atoms. From the Ti substrate area to the coating area, the EDX line scans showed that the levels of Ca and P increased and that of Ti decreased.

### **Coat Thickness and Interface Microstructure**

The average thickness of the coating layer was  $7 \mu m$  (**\succ Fig. 6**). FESEM images of the interface showed that the Ti substrate embedded the HA particles well such that the HA particles were trapped on the surface layer of Ti and bonded (no gap) with the Ti substrate. The thickness of  $7 \pm 0.9 \,\mu\text{m}$  was obtained as a result of long sputtering time of 22 hours at 150 W. A coating thickness of 1 to 50 µm does not affect the fatigue strength of the substrate.<sup>11</sup> Aside from the problems commonly encountered by various coating techniques, a study reported that coating with pure HA results in poor adhesion with the substrate and deterioration of several mechanical properties over time when the coating is immersed in simulated body fluids.<sup>26</sup> The FESEM image showed that the coat layer was highly uniform, dense, and compact, without visible defects (microcracks and pores) and with good adhesion to the Ti substrate ( **Fig. 6**).

EDX mapping of the cross-section of the substrate showed that the HA particles were embedded in the Ti substrate at the interface area with no gaps (**- Fig. 7**). Elemental analysis of the deep structure (not the interface line) of a typical cross-section of the HA-coated and Ti interfaces revealed the presence of Ca and P, which are the main elements of HA.

## Surface Roughness

In this study, three-dimensional roughness parameters (nm) were investigated via atomic force microscopy (Nanoscope, California, United States). The mean values of five substrates were each tested at three different positions (**~ Table 3**). The HA coat of Ti had surface roughness significantly higher than uncoated Ti substrates.

## Vickers Hardness of the Coating

The mean values of the hardness of the HA-coated Ti substrate was (1,118 VH), which was significantly higher than that of the Ti substrate (266.7 VH). The difference between the coated and uncoated substrates was highly significant (*p*-value < 0.05; **Fig. 8** and **Fable 4**).

# Discussion

A common limitation of metallic implants is its inability to pair harmoniously with the surrounding bone. This mismatch between metallic implants and human bones is



Fig. 4 SEM-EDX maps of coated Ti substrate surface. SEM-EDX, scanning electron microscopy–energy dispersive X-ray; Ti, titanium.



**Fig. 5** (I) FESEM cross-section image of the coat, (II) EDX compositional line scan data of the Ti–HA layer interface at the selected areas; (A) HA coat, (B) interface, and (C) Ti substrate. EDX, energy dispersive X-ray; FESEM, field emission scanning electron microscopy; HA, hydroxyapatite; Ti, titanium.



**Fig. 6** FESEM images of cross-section substrate at Ti–HA interface area at the sputtering power of 150 W for 22 hours, at different magnifications of 5,000 and 10,000. FESEM, field emission scanning electron microscopy; HA, hydroxyapatite; Ti, titanium.



**Fig. 7** SEM-EDX maps of HA-coated cross-section Ti substrate surface. HA, hydroxyapatite; SEM-EDX, scanning electron microscopy-energy dispersive X-ray; Ti, titanium.

attributed to differences in chemical compositions of the two materials. A surface modification commonly applied to address this problem is coating the implant with a bioactive material, such as HA, with a chemical composition similar to that of bone. Surface coating proves to be successful in enhancing osseointegration and controlling the limitations of metal-based implants, such as corrosion, wear, and release

Substrates	S <sub>a</sub> (nm)	S <sub>dr</sub> (%)	S <sub>dq</sub> (/nm²)	S <sub>q</sub> (nm)
Untreated Ti	9.36 ±1.2	$0.5 \pm 0.06$	0.01 ± 0.005	0.27 ± 0.03
HA cost	18 28 + 2 01	3 07 + 0 1	0 261 ± 0 06	3 69 + 0 4

Table 3 Topographic analyses roughness (nm) of the Ti substrate and HA coat

Abbreviations: HA, hydroxyapatite;  $S_a$ , roughness average;  $S_{da}$ , slop root mean square;  $S_{dr}$ , increment of the interfacial surface area relative to a flat plane baseline;  $S_a$ , height root mean square of the surface; Ti, titanium.

Note: Result indicated highly significant difference between uncoated Ti and HA coat using t-test at p-value < 0.05.



**Fig. 8** Plot of VH values for control substrate and the HA-coated substrate. HA, hydroxyapatite; VH, Vickers hardness.

of harmful ions.<sup>27</sup> Surface coating is the solution in dental implantology. A bioactive coat masks the adverse effects of metal surfaces (dental implants). A continuous and crackfree coat indicates positive biological interactions between living tissues and artificial substitutes.

The power was fixed according to the result of pilot study. When we used power more than 150 W, this result in the crack of the target and change in stoichiometry. When we used power less than 100 W, coat was delaminated, adhesive, and cohesive failure with porosity ( $\succ$  Fig. 2C, 2D). The temperature was 100°C to improve the adhesion.

FESEM revealed that the roughness of the HA coating surface was favorable. This roughness is crucial in ensuring that the bone tissues and implants will bond, thereby enhancing osseointegration and improving the prognosis of implant treatments.<sup>19</sup>

The chemical integrity of HA affects its biocompatibility. The molar ratio of Ca/P is a key indicator of HA.<sup>25</sup> Based on crystallographic analysis, the HA coat resembles natural bones in terms of chemical structure. Hence, the HA coat stimulates cell adhesion and improves cell anchorage.

This result indicated that HA was the main constituent phase in the coating. Moreover, the chemical composition of the coating material did not change during the sputtering process. Despite long sputtering time, the device power of 150 W did not induce HA to undergo thermal decomposition, a process that may affect its biocompatibility.

The whole section of the EDX map including the substrate and the coat revealed penetration of Ca and P indicates HA inclusion within the superfacial thickness of Ti. If this is correlated with dental implant applications, it enhances the bioactivity of Ti fixtures that in turn may help in osseointegration.<sup>28</sup>

In this study, coat layer thickness was measured from the cross-sectional FESEM images of Ti-coated specimens. A thick coating layer is beneficial that will allow sufficient time for osseointegration, but previous studies reported that the coating layer cracks when the thickness is 30 to 80 µm. The optimal coat thickness to enhance osseointegration is 5 to 50 µm.<sup>29,30</sup> To achieve the desired osteoconductive effect of HA coating and prevent cracking of the coating layer, researchers proposed an implant coating layer of only few micrometers in thickness.<sup>30,31</sup> The excellent properties of the coat ensure proper fixture insertion during implantation without the coat crumbling. Furthermore, a dense, thin HA layer is more dissolution resistant than a porous, thick HA layer.<sup>32</sup> The 7-µm-coated thickness is ideal because such coating may not exfoliate as rapidly as thinner or thicker HA coatings.

EDX mapping of the cross-section of the substrate, if this is correlated with dental implant applications, it enhances the bioactivity of Ti fixtures that in turn may help in osseointegration.<sup>28</sup>

Regarding implant surface roughness, increase surface roughness helps in mechanical interlocking for hard tissues.<sup>33</sup> Such rough coating surfaces are advantageous because they enhance bonding to bone tissue *in vivo*.<sup>34,35</sup> Applying bioactive ceramics and increasing roughness are the main causes to improve surface properties for Ti implants. Implant surface textures at values <100 nm promoted cell adhesion and longevity,<sup>36</sup> while surfaces textures decreased cell attachment at values > 100 nm. Similar trends have been found in other studies using different cells.<sup>37</sup> The removal torque values directly related to rough implant surface aid in mechanical interlocking and improve the surface area.<sup>33</sup> The literature confirms that surface texture and chemistry are important. Other technique which has the same coating criteria is long durations of pulse laser deposition technique.

Surface roughness of the implant is another important factor, and high Vickers hardness indicates that the coat layer is less likely to degrade over time. When bones remodel at the implant site, the HA coating slowly degrades without loss of adhesion. The slow release of HA ions at the interface probably stimulates the formation of new bones.<sup>38,39</sup> An extended osseointegration will result from slow resorption of implant coating and bone remodeling. Coated Ti dental implants were covered with three-layered cell sheets that successfully form using collagen grafts as a scaffold<sup>40</sup> to construct biohybrid implants.

Group	Minimum	Maximum	Mean	SD	t-test	p-Value
Ті	255	280	266.7	2.765	32.22	<0.0001 (HS)
НА	980	1,210	1,118	26.26		

Table 4 Descriptive statistic and t-test for hardness test in Vickers hardness number of the Ti substrate and HA coat

Abbreviations: HA, hydroxyapatite; HS, highly significant; SD, standard deviation; Ti, titanium.

# Conclusion

Magnetron sputtering can be used to coat Ti dental implants with HA. A desirable coat thickness can be safely achieved over a prolonged sputtering time of up to 22 hours. Proper coat adhesion and interconnection and suitable coat thickness and hardness can be achieved via magnetron sputtering. This technique is applicable for every implant surface design, root or screw.

## **Conflict of Interest**

None declared.

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