Posterior Circulation Intervention but Mind the Spinal Cord!

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Spinal cord infarction (SCI), a rare complication following endovascular treatment of posterior circulation aneurysms, is infrequently recognized in the periprocedural period. We illustrate the same with digital subtraction angiography and diffusion-weighted magnetic resonance imaging in this series of two cases. Categorically, the anterior spinal artery was patent, post-procedure, in both instances. Likely, guiding catheter-induced local flow alterations initiates the pathogenesis. A subsequent insufficiency of radiculomedullary artery (RMA) reinforcements is the probable mechanism leading to hemodynamic compromise. Our observations further reiterate that periprocedural antiplatelet therapy is conceivably ineffective in preventing SCI. Besides, advanced age and uncontrolled hypertension could potentially exacerbate the periprocedural RMA compromise. Due vigilance is required to recognize this rare and potentially life-threatening complication in posterior circulation neurovascular intervention.

Abstract

Keywords
- posterior circulation endovascular intervention
- spinal cord infarction

Introduction

Spinal cord infarction (SCI) complicating endovascular embolization of posterior circulation aneurysms is rare and is infrequently recognized in periprocedural setting. This report of two cases highlights the clinical and imaging findings in two adults who underwent endovascular therapy for posterior circulation aneurysms with their procedural outcome complicated by SCI.

Case Report

Patient 1
A 54-year-old male presented with a holocranial headache of 2 days duration. Imaging with a noncontrast-enhanced computed tomography (CT) brain and CT angiogram revealed a modified-Fisher Grade 4 subarachnoid hemorrhage (SAH) and right superior cerebellar artery (SCA) aneurysm. Digital subtraction angiography (DSA) confirmed a superiorly directed SCA aneurysm (dome—4.9 x 3.6 mm, neck—2.5 mm). Left vertebral artery (VA) angiogram revealed anterior spinal artery (ASA) and multiple radiculomedullary arteries (RMA) arising from V4 and V2 segments, respectively. Systemic heparinization was initiated with 5000 IU of unfractionated heparin (80 IU/kg) as a bolus and 1,000 IU additionally every following hour. Through right femoral access, the left VA was cannulated with a 6F long guiding sheath (0.88 inch internal diameter (ID), 5F vertebral catheter, 0.035 inch coaxial system with the 6F guiding sheath eventually parked at the ostium of V1 segment and maintained with a heparinized saline flush. The 5F catheter was replaced with a 6F distal access catheter with 0.72 ID that was navigated over a 0.035-inch hydrophilic...
guidewire into the V2 segment of the left VA. Following slow intra-arterial infusion of 2 mg of nimodipine over 10 minutes, it was connected to a continuous nimodipine flush for the rest of the procedure. No stasis of contrast was noted post-connection of nimodipine flush. The aneurysm was cannulated with 0.0165-inch ID microcatheter, and coil embolization of the aneurysm was successfully performed. Post-extubation, the patient was unable to maintain oxygen saturation and was reintubated. On examination, both upper limbs had reduced power; on immediate magnetic resonance imaging (MRI) evaluation, restricted diffusion was evident in ASA territory involving the C2 to C7 level of the cervical cord (►Fig. 1). A review of the post-embolization angiogram reaffirmed the patency of the ASA. Over the next 48 hours, the weakness progressed to involve his lower limbs. Later, he developed difficulty in breathing due to diaphragmatic paralysis and required continued mechanical ventilation and hence an extended admission in the intensive care unit. He eventually succumbed to a respiratory infection after 3 months.

**Patient 2**

A 56-year-old female, a chronic hypertensive, presented with modified Fisher Grade 3 SAH following rupture of a posteriorly and superiorly directed basilar top aneurysm (neck—3.9 mm; dome—8.2 X 5.2 mm) with multiple blebs. Left VA angiogram revealed ASA arising from the V4 segment. An iatrogenic dissection of the left petrous internal carotid artery (ICA) occurred during the diagnostic angiography. Systemic heparinization, vasodilator administration, and long access were achieved as with the previous case with the long-guiding sheath and guiding catheters in similar positions eventually. No stasis of contrast was noted post-connection of nimodipine flush. Balloon-assisted coil embolization of the basilar top aneurysm was successfully completed. Stenting (LEO STENT (Balt, Montmorency, France) 5.5 x 55 mm) of the petrous ICA dissection was performed following occlusion of the aneurysm. Following extubation, the patient was unable to maintain saturation and had to be reintubated. Decreased spontaneous movement of the left upper and lower limb was observed. In view of a ruptured aneurysm, the patient was not preloaded with antiplatelets, and tirofiban infusion was initiated. As per protocol, she was planned for bridge dual antiplatelet therapy. Approximately 2 hours later, there was deterioration in her motor status progressing to left hemiplegia. MRI brain evaluation did not reveal a diffusion abnormality or evidence of new hemorrhage. Chest radiography, done later that day, showed a collapse consolidation of the basal segments of the left lung with elevated left hemidiaphragm—suggesting diaphragmatic paralysis. MRI of the spinal cord was performed; it showed pencil-shaped T2 hyperintensity along the left hemicord involving C2 to C4 segments in the ASA territory. Diffusion-weighted imaging depicted restricted diffusion in the same region. Besides, a small focus of restricted diffusion was also present in the right hemicord (C4 level) in posterior spinal artery territory (►Fig. 2). A review of the post-procedural DSA revealed patent ASA as well as the opacification of the RMA reinforcements. Left diaphragmatic paralysis was confirmed on fluoroscopy,
but the patient was able to maintain saturation during treatment. The patient was referred for neurorehabilitation. At a 9-month follow-up, her modified Rankin Score was 3.

**Discussion**

SCI is an infrequent occurrence complicating aortic interventions/surgery, epidural injections, and spinal decompression. In the neuroendovascular realm, posterior circulation interventions have a theoretical risk of SCI. Between the coiling of VA aneurysms versus basilar aneurysms, a higher theoretical possibility of the SCI exists in the former due to inadvertent occlusion of the ASA. To best of our knowledge, only three such cases have been described in the literature. According to previous reports, wedging of the guiding catheter against the wall of VA with consequent flow stasis and thromboembolism into ASA may be a causal factor. The authors, however, described patent ASA on review of post-procedure DSA. We emphasize that the ASA and its RMA reinforcements were angiographically patent on review of both of our cases in the post-procedure angiograms, similar to previous reports. Stringent control of blood pressure was maintained with no significant intra-procedural fluctuation. We believe that pathogenetic mechanism may either be (a) small emboli beyond angiographic resolution that lodges into strategic territories or (b) local hemodynamic insufficiency of the RMA reinforcements of ASA due to local flow alteration caused by snugly fitting guiding catheter in the VA. We reiterate that one of our patients developed SCI while on tirofiban. These observations corroborate with one of our hypotheses of hemodynamic insufficiency of the RMA reinforcements in the poorly collateralized ASA. Prior reports of SCI exist where intraoperative hypotension has been ascribed as a cause. Furthermore, the microvascular ischemia due to uncontrolled hypertension must have exacerbated the effect of hemodynamic insufficiency. Both our patients were in their 6th decade, similar to the previously reported cases. This suggests that advanced age may be a possible risk factor in the development of SCI in posterior circulation interventions apart from guiding catheter-induced local flow alteration and increased procedure time. The local anatomy and tortuosity of the origin of the VA significantly influence the distal navigation of the guide catheter and, therefore, the overall procedure time and success. No tortuosity at the ostia or the proximal VA was encountered in our cases.

A novel flow reversal method from VA to femoral vein via external shunt was devised and proposed by Ohshima et al to prevent post-procedural SCI. Nonetheless, its application is limited by the collateral status and its inability to reverse stagnated flow in the proximal VA. Optimizing guiding catheter position, vasodilation, adequate heparinization, and minimizing procedure time hold potential to help avert such disastrous complications.
Conclusion

SCI is a rare but potentially devastating complications due to guiding catheter-induced local flow alteration in posterior circulation interventions, especially in patients beyond the fifth decade. Categorically enough, it should be considered and excluded as a potential cause of post-procedural limb deficit associated with diaphragmatic palsy but without cranial nerve involvement in the case of posterior circulation neurointervention.

Conflict of Interest

None declared.

References