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A Clinically Driven New Classification for Aortic Dissections
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Background: To report a new classification for aortic dissections (AD), based on a modified Stanford classification, to consider the aortic arch as a separate entity and integrate patterns influencing treatment strategy notably malperfusion syndrome (MPS). The proposed classification was evaluated in a large population of ADs. Method(s): All patients with proven de novo acute AD who were admitted to our hospital from 2005 to 2017 were included in this study. All pre-therapy CT angiographies were reviewed and reclassified using the new classification based on three types and four subtypes: Type: A, dissection involving at least the ascending aorta; Type B, dissection involving exclusively the descending aorta; and type C, dissection involving the aortic arch with/without descending aorta. Subtype: 0; absence of MPS; 1, dynamic MPS; 2, static MPS; 3, static and dynamic MPS. Result(s): A total number of 228 consecutive patients were included in the study. According to the new classification, AD were distributed as 153 type A, 50 type B (38B0, 5B1, 6B2, 1B3) and 25 type C (18C0, 6C2, 1C3). The new type represented 11% of all ADs. MPS was present in 28% of type C. Treatment strategies in type C included endovascular interventions and surgery in 32% and 12%, respectively. Conclusion(s): The new classification is easy to use and feasible in a large group population. It should be helpful driving the decision making process and especially in integrating the latest development in trans-catheter therapies.

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Pelvic Venous Reflux in Males with Varicose Veins and Recurrent Varicose Veins
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Background: To report on a male cohort with pelvic vein reflux and associated primary and recurrent lower limb varicose veins. Method(s): Full lower limb duplex ultrasonography revealed significant pelvic contribution in eight males (3% of those presenting during the time period) presenting with bilateral lower limb varicose veins. Testicular and internal iliac veins were examined with either one or a combination of computed tomography, magnetic resonance venography, testicular, transabdominal or transrectal duplex ultrasonography. Subsequently, all patients received pelvic vein embolisation, prior to leg varicose vein treatment. Venography and Cross sectional Imaging depicits reflux from not only the internal iliacs but the testicular veins communicating avidly with the legs. Result(s): Pelvic vein reflux was found in 23 of the 32 truncal pelvic veins and these were treated by pelvic vein embolisation. Four patients have since completed their leg varicose vein treatment and four are undergoing leg varicose vein treatments currently. Conclusion(s): Pelvic vein reflux contributes towards lower limb venous insufficiency in 3% males with leg varicose veins. Despite the challenges, we suggest that pelvic vein reflux should probably be investigated and pelvic vein embolisation considered in such patients to reduce risks of recurrence.

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Anatomical Abnormalities of the Pelvic Venous System and their Implications for Endovascular Management of Pelvic Venous Reflux
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Background: Pelvic venous reflux is often treated with pelvic vein embolisation; however, atypical pelvic venous anatomy may provide therapeutic challenges. Method(s): We retrospectively over 100 patient files and reported symptoms and diagnostic imaging. Patients in which aberrant anatomy had been demonstrated was reviewed. We discuss the basic techniques of Pelvic Vein Embolisation and highlight in a pictorial review the range of anatomical abnormalities demonstrated in the female pelvis. Result(s): Anatomical abnormalities demonstrated included internal iliac veins draining into the contralateral common iliac vein, duplicated inferior vena cava, reverse-angle renal veins with atypical left ovarian vein drainage and direct drainage of the internal iliac vein to the inferior vena cava. All patients were successfully treated with pelvic vein embolisation. Catheter choice and approach to treatment when facing anatomical variations are shown. Conclusion(s): Abnormal embryological development may cause variable pelvic venous anatomy. Knowledge of this will enable interventional radiologists to successfully treat such patients. This pictorial review demonstrates the most commonly encountered abnormalities and the challenges to interventional radiology in Pelvic Vein Embolisation.

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The Efficacy and Safety of Radiofrequency Ablation As a Treatment Option for Benign Thyroid Nodules
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Background: The aim of this study is to measure the efficacy and safety of radiofrequency ablation (RFA) as a treatment option for benign thyroid nodules. Method(s): The study includes 56 pathologically proven benign thyroid nodules from 50 patients as Bethesda II by two timely separated fine needle aspiration (FNA). All nodules were treated with RFA between January 2016 and December 2018 by interventional radiologist. The volume and size of the nodules were determined before treatment utilizing ultrasound evaluation. The response was retrospectively assessed using the volume reduction method (VRM). Result(s): The volume and size of the nodules were determined before treatment utilizing ultrasound evaluation. The response was retrospectively assessed using the volume reduction method (VRM). Conclusion(s): The efficacy and safety of radiofrequency ablation (RFA) as a treatment option for benign thyroid nodules is promising and the response was assessed using the volume reduction method (VRM).
Abstracts

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Inferior Vena Cava Filters: Retrospective Review of a Single Center Experience
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Background: Venous thromboembolism is a preventable culprit of Pulmonary Embolism. PE remains a source of significant mortality and morbidity in Saudi Arabia, its exact incidence remains unknown, however, deaths due to VTE and PE range from 10-12% in inpatients. While most patients are managed by oral anticoagulants; many risk factors preclude their use and recurrent PE remains a major risk. IVC filters has been introduced since 1969, many filter types were developed since then which had better outcomes and less complications. In this review, we explored the indications, success and complications rate of IVC insertion in a large tertiary hospital in Saudi Arabia to compare it to the trends reported in the latest edition of Guidelines in the United States and Europe (CIRSE).

Method(s): The medical charts of patients who had IVC insertion from 2011-2016 years were reviewed. Indications of insertion, outcomes, complications of IVC were collected. Categorial variables were summarized as proportion and percent. Continuous variables were summarized as mean and standard deviation. Data was analyzed using SAS.

Result(s): Total of 411 patients were eligible based on the inclusion criteria. 61.07% males, 38.93% females. The main referring departments were Internal Medicine, Orthopedics, and Emergency Room 15.54% (n=55), 13.84% (n=49), 12.99% (n=13.84), respectively. Main indication for filter insertion in our sample was calculated based on the latest SIR guidelines. the most common indication of insertions was Absolute or relative contraindication to Oral anti coagulants 131 (37.86%) followed by PE or DVT and transient inability to anticoagulate in 65 (18.79%). 2.94% had history of thrombophilia and one patient (0.24) pregnant at the time of insertion and had thrombosis as a late complication. While 18.79% (n=65) of our patients had one or more severe medical contraindication to anticoagulation. 42% of our patients had previous one or more PE’s.

Conclusion(s): Despite the many filter types available, only one thrombotic event was reported during the follow-up period.

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Contrast-Enhanced Ultrasound in Vascular and Interventional Radiology: Current Status and Future Perspective
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Background: Ultrasound (US) is the modality of choice for the workup of many vascular pathologies based on a plethora of advantages. However, US has inherent limitations including limited spatial resolution, and lower sensitivity to slow blood flow and vascular luminal irregularities. For evaluation of vascular pathology, angiography has long been considered the gold standard. Cross-sectional imaging techniques have gradually replaced angiography for the evaluation of many vascular beds, currently being regarded as the diagnostic imaging modality of choice for diagnosis of virtually almost every vascular disease leaving angiography mainly for treatment purposes. The introduction of microbubbles as ultrasonographic contrast agents has rendered contrast-enhanced ultrasound (CEUS) an evolving valuable complementary technique with markedly increased diagnostic accuracy for assessing both the macro- and microvascular anatomy of the vasculature. CEUS has a safety profile which is much favorable when compared to other contrast agents. Due to its superior spatial and temporal resolution, ability for prolonged scanning and dynamic and real-time imaging, it provides clinically significant additional information compared to the standard Duplex US.

Method(s): In this communication, we discuss the currently available literature regarding vascular applications of CEUS, with special attention to the abdominal aorta, briefly elaborate on CEUS technique and present cases in order to illustrate the added value in the diagnosis and treatment of aortic pathologies.

Result(s): CEUS enables imaging of adventitial vasa vasorum providing additional clinical utility since adventitial vasa vasorum has important implications in the pathogenesis of vascular diseases. The recent advances of CEUS along with ongoing development of drug-eluting contrast microbubbles has allowed improved targeted detection and real-time ultrasound guided therapy for aortic vasa vasorum inflammation and neovascularization in animal models.

Conclusion(s): CEUS is uniquely suited to comprehensively assess and potentially treat vascular diseases in the future.

ratio (VRR) by ultrasound examination at 6 months and 12 months post ablation procedure. Therapeutic success was defined as a >50% and 75% volume reduction at 6 months and 1 year, respectively. All minor and major complications were recorded. Result(s): The mean volume of nodule was 54.3 cm3 (42.6–291.5). The mean VRRs were 60.4±12.7% at 6 months and 81.4±11.8% at 1 year. Two patients (4%) had immediate voice changes and three patients (6%) had infection with sinus formation. Conclusion(s): Radiofrequency ablation is very effective in decreasing the size of the benign thyroid nodule.