Bilateral Internal Thoracic Artery Minimally Invasive CABG Management in COPD

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Thorac Cardiovasc Surg Rep 2022;11:e14–e16.

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Introduction

Over the last decade, coronary artery bypass grafting (CABG) has evolved toward innovative minimally invasive approaches (minimally invasive cardiac surgery-coronary artery bypass grafting [MICS-CABG]), that have been described to be as safe as sternotomy-based off-pump CABG (OPCAB) but exhibit less wound infection, better cosmetic outcome, more rapid post-operative recovery, and shorter in-hospital stay compared with conventional OPCAB.² Continuous technological optimization has made off-pump MICS-CABG an excellent and safe alternative for complete myocardial revascularization, so far particularly for younger patients with low comorbidity profile.

Case Description

We report on a 61-year-old patient suffering from coronary one-vessel disease with a severely stenotic left anterior descending artery and diagonal branch in an intermediate branch position (Fig. 1). Additionally, the patient with a 45-year history of daily smoking showed a chronic obstructive pulmonary disease with severely impaired lung function exhibiting a combination of restriction and obstruction under inhalative triple therapy combining beclometasone, formoterol, and glycopyrronium (forced expiratory volume in one second 1.6 L [48%], vital capacity 2.2 L [51%], peak expiratory flow 3.5 L/s [41%], mean expiratory flow at 75% of forced vital capacity (MEF-75) 2.3 L/s [31%], MEF-50 1.3 L/s [29%], and MEF-25 0.7 L/s [38%]).

The patient underwent off-pump MICS-CABG via left anterolateral mini-thoracotomy (Fig. 2A). To achieve double lung ventilation, our previously described fan technique was applied.² In short, the pericardium was incised preserving the phrenic nerve, and traction sutures (8–12) were stitched along the pericardiopleural margin. All sutures were collected and pulled through the third intercostal space descending artery and a severely stenotic diagonal branch.
close to the midaxillary line, so that a fan was created that retracted the left lung allowing for continuous double lung ventilation (Fig. 2B).

First, the left internal thoracic artery (LITA) was prepared following a skeletonization approach. By means of the additionally placed sub-xiphoidal retractor to lift the sternum (Fig. 2A), the right internal thoracic artery (RITA) was also skeletonized (Fig. 3A). Both lungs exhibited severe anthracosis.

After calculation of the bypass architecture, the RITA graft was proximally anastomosed to the LITA in a T-graft geometry using a stabilization platform (Fig. 3B). Afterward, the peripheral coronary target anastomoses were constructed, suturing the LITA to the left ascending artery and the RITA to the significant first diagonal branch (Fig. 3C). Transit time flow measurement after release of bypass perfusion was conducted showing excellent blood flow to both coronary targets.

During the whole operation, a double lung ventilation could be achieved, resulting in adequate oxygenation and carbon dioxide removal.

Postoperatively, the patient was transferred to the intensive care unit and could be extubated 2 hours later. The patient was further transferred to the normal ward on the second postoperative day and was discharged from the hospital on the sixth postoperative day.

**Discussion**

Off-pump multivessel MICS-CABG via an anterolateral mini-thoracotomy has become a feasible and safe procedure. The ability to visualize and access both internal thoracic
arteries, supported by an additionally placed sub-xiphoidal retractor if required, enables for total arterial revascularization of almost all myocardial territories.

Multiple studies and meta-analyses have supported the superiority in patency of arterial grafts compared with venous grafts. Furthermore, the use of both internal thoracic arteries allows for surgery without aortic manipulation (anaortic technique) in the majority of patients. As previously described, anaortic coronary surgery significantly reduces the incidence of intraoperative stroke.

In patients with severely impaired lung function, the use of our previously described fan technique allows for double lung ventilation without impairing the surgeon’s view and space, while supporting adequate gas exchange.

Compared with conventional OPCAB via sternotomy, off-pump MICS-CABG enables faster recovery after surgery, less wound infections, and reduced in-hospital stay.

In conclusion, anaortic off-pump MICS-CABG is an excellent technique to achieve myocardial revascularization with both internal thoracic arteries even in patients with impaired lung function. This approach expands the modular spectrum of innovative coronary surgery which aims at individualized therapy not at last for multimorbid patients.

Authors’ Contributions
A.K.A. contributed toward drafting the manuscript and visualization. A.L. did the review, editing, and collected the resources. A.A. contributed toward the conception of work, performed the operation, and critical revision of the article.

Conflict of Interest
None declared.

References