A rare complication of endoloop-assisted polypectomy: adhesion of snare and endoloop

Endoloop-assisted polypectomy may minimize the risk of bleeding after endoscopic resection of large pedunculated colorectal adenomas [1 – 3]. To the best of our knowledge, this is the first report of a rare complication of this technique caused by adhesion of the snare and endoloop.

A 67-year-old man was referred to our endoscopy unit for polypectomy of colorectal adenomas detected during a colonoscopy carried out at a private office. Colonoscopy was performed at our department and 11 adenomas in the colorectum, ranging in diameter between 5 mm and 25 mm, were removed by snare polypectomy without complications. Finally, it was decided to remove the largest adenoma, a pedunculated adenoma with a diameter of 30 mm located in the descending colon (Fig. 1 a), using endoloop-assisted polypectomy.

After indigo carmine had been injected into the stalk of the polyp (Fig. 1 b), the stalk was ligated close to its base by an endoloop (Fig. 1 c). As the snare was closed around the stalk (about 5 mm distal to the endoloop), it went unnoticed that part of the plastic tail belonging to the endoloop had also been caught by the snare. As a result, application of electric current during the polypectomy not only cut off the adenoma but also caused the plastic tail of the endoloop to melt, resulting in adhesion of the snare and endoloop (Fig. 1 d). Consequently, the snare was stuck to the endoloop and could not be removed via the working channel of the endoscope.

To avoid complications that might be caused by abruptly pulling the snare, a second endoscope (gastroscope) was inserted into the descending colon and a forceps inserted through the gastroscope was used to grasp and stabilize the tail of the endoloop (Fig. 1 e). It was then possible to release the stuck snare by gently pulling it away from the stabilizing forceps (Fig. 1 f). Histologic examination revealed a tubulovillous adenoma with high grade dysplasia.

We conclude that adhesion of a snare and endoloop is a rare complication of endoloop-assisted polypectomy. A safe distance must be kept between the endoloop and the snare when performing this procedure and caution is required when closing the snare to avoid the endoloop getting caught. Should it occur, the complication can be managed by introducing a second endoscope.

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