Hepaticogastrostomy guided by real-time contrast-enhanced harmonic endoscopic ultrasonography: a novel technique

Endoscopic ultrasonography-guided hepaticogastrostomy (EUS-HGS) has recently been developed as an alternative biliary drainage technique for failed endoscopic retrograde cholangiopancreatography (ERCP) [1–3]. A recent review revealed its overall technical success rate to be 82% [4], but puncturing the left intrahepatic bile duct (LIBD) is occasionally challenging. Here we present a case in which EUS-HGS was successfully performed under real-time contrast-enhanced harmonic EUS guidance.

A 55-year-old woman with obstructive jaundice secondary to gastric cancer was referred to our hospital. She had previously undergone endoscopic transpapillary metal stenting for biliary obstruction caused by lymph node metastasis. Stent occlusion occurred 6 months after stent deployment and an ERCP was attempted; however, the ampulla was inaccessible because of a duodenal stricture. As computed tomography (CT) scanning revealed a dilated LIBD (Fig. 1), EUS-HGS was performed. Although the left hepatic lobe could be visualized well with an echoendoscope from the stomach, the LIBD was invisible. The contrast between the bile duct and the hepatic parenchyma was enhanced by performing contrast-enhanced harmonic EUS. Immediately after an intravenous infusion of sonographic contrast agent (Sonazoid; Daiichi-Sankyo, Tokyo, Japan) had been administered, the dilated intrahepatic bile duct could be identified and was punctured with a 19-gauge aspiration needle, which allowed hepaticogastrostomy to be safely carried out.

The strong contrast between the liver parenchyma and the bile duct facilitated the procedure. After aspiration of bile, a small amount of contrast medium was injected, allowing the bile duct to be visualized clearly (Fig. 2). A covered metal stent was successfully deployed (Video 1). The placement of the stent was confirmed by fluoroscopy and the patient’s jaundice improved significantly.

Endoscopic ultrasonography-guided hepaticogastrostomy (EUS-HGS) is a valuable technique for biliary drainage in patients with difficult access to the common bile duct. The use of contrast-enhanced harmonic EUS improves the accuracy of needle puncture and allows for a safe and effective procedure.
enchyma and the LIBD lasted until the stent had been deployed.
Sonazoid, a unique ultrasound contrast agent, is phagocytosed by Kupffer cells in the liver, which enables persistent and stable image enhancement [5]. When the normal hepatic parenchyma is enhanced, the bile ducts are clearly delineated as contrast defects as they do not contain Kupffer cells. In this patient, the bile duct was filled with sludge and debris, which may have impaired the visibility of the dilated LIBD on conventional EUS. In such cases, EUS-HGS under real-time contrast-enhanced imaging may be useful to clearly visualize and decisively puncture the LIBD.

Endoscopy_UCTN_Code_TTT_1AS_2AD

Competing interests: None

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DOI http://dx.doi.org/10.1055/s-0042-109059
Endoscopy 2016; 48: E228–E229
© Georg Thieme Verlag KG Stuttgart · New York ISSN 0013-726X

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Minaga Kosuke et al. Real-time contrast-enhanced EUS-HGS... Endoscopy 2016; 48: E228–E229