Analysis of Thrombin-Activated Platelet-Derived Exosome (T-aPDE) Potential for Dental Pulp Regeneration: In-Vitro Study

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Abstract

Objective  This study analyzed the potential of various concentrations of the thrombin-activated platelet-derived exosome (T-aPDE) to regenerate the dental pulp by performing an in-vitro analysis of the cell viability, migration activity, and vascular endothelial growth factor A (VEGF-A) expression of human dental pulp stem cells (hDPSCs).

Material and Methods  The hDPSCs were collected from nine third molar teeth of nine healthy donors and were isolated and cultured using the explant method. They were harvested between the third and fourth passages and starved, after which they were seeded in the following treatments: Dulbecco’s Modified Eagle Medium and 10% platelet-rich plasma-thrombin as the control groups, and 0.5, 1, and 5% T-aPDE as the experimental groups. All groups had three biological triplicates (Triplo) and two number of experiments. The T-aPDE was analyzed using transmission electron microscopy testing, particle size analyzer, and CD63⁺ and CD81⁺ specific immune phenotyping flow cytometry tests for plasma exosomes. The cell viability was evaluated using the colorimetric assay of activity cellular enzymes (MTT assay); the migration activity, using scratch assay; and the VEGF-A expression, using enzyme-linked immunosorbent assay.

Results  The highest viability absorbance value of hDPSCs after 24, 48, 72 hours of observation was in the 5% T-aPDE group (p<0.05). Whereas, the closest distance result of migratory activation hDPSCs was also in the same group (p<0.05). However the highest VEGF-A expression of hDSPCs was noted in the same group at 72 hours observation (p<0.05).

Statistical Analysis  The data were analyzed using one-way analysis of variance and the Kruskal–Wallis test. The statistical power was set at p < 0.05

Conclusion  The 5% T-aPDE had a higher potential to induce dental pulp regeneration than the other groups.

Keywords

► platelet
► exosome
► thrombin
► dental pulp
► stem cells


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Thieme Medical and Scientific Publishers Pvt. Ltd., A-12, 2nd Floor, Sector 2, Noida-201301 UP, India
**Introduction**

A modified paradigm of free-based cell concepts has been developed over the past few years. The American Association of Endodontists approved this therapy concept and created protocols that include cell homing, migration, and attracting factors for endogenous human dental pulp stem cells (hDPSCs) and apical papilla stem cells. Nevertheless, studies are still trying to find a suitable conditioned medium for hDPSCs, which is one of the crucial factors that will back up this endogenous stem cell recruitment and growth and provide a favorable microenvironment or niche biology for dental bioengineering.

Many studies have proven the effectiveness of platelet-based secretomes as supplemented conditioned media for hDPSCs. Studies have verified the potential effectiveness of 10% platelet-rich plasma (PRP), 10% human platelet lysate (hPL), concentrated growth factor, 5 to 25% advanced platelet-rich fibrin (A-PRF), 5% to 25% platelet-rich fibrin lysate (PRF-L), and 10% platelet-rich fibrin exudates (PRF-E) for migration, proliferation, differentiation, and angiogenesis of hDPSCs in vitro. Nonetheless, there have been reports of the potential bias of studies on platelet-based conditioned media, which may explain the variation in the results and may alter the performance of such media in the clinical setting.

The exposure of human dental pulp to hypoxic conditions caused by increased reactive oxygen species (ROS) has resulted in increased levels of the transcription factor hypoxia-inducible factor 1 and the vascular endothelial growth factor (VEGF). A very high and unregulated ROS level may lead to mitochondrial dysfunction followed by DNA damage, which can cause decreased VEGF expression of hDPSCs within 72 hours. VEGF (also known as VEGF-A, the VEGF family) plays an important role in regulating the pulp vascular permeability and migration of pulp endothelial cells. A previous study demonstrated that platelet-based conditioned media can release the platelet-derived growth factor (PDGF) that synergistically upregulates VEGF. Thus, further proof of a change in the VEGF expression of hDPSCs cultured in platelet-based media is important.

In recent years, research has been growing on exosomes as platelet-based conditioned media. They have been reported as a stable form of platelet-based conditioned media and as the effector of secretomes as well as new potential carriers of bioactive proteins, mRNAs, and miRNAs that play crucial roles in cell-to-cell communication. Exosomes are nanosized (∼150 nm) vesicles that have exosomal cargo consisting of biomolecules located inside the vesicles and secreted by almost all metabolically active cells and plasma. Exosomes have specific transmembrane proteins, such as CD9 +, CD63 +, and CD81 +.

It has been demonstrated that platelet-based exosomes can be taken up by bone mesenchymal stem cells (BMSCs) after 20 hours and accumulated in the perinuclear region, which had been believed to be related to the role of exosomes in recipient cells. Another study has proven that platelet-rich plasma exosomes (PRP-E) can act as carriers of growth factors. Thus, they have been presented as a novel treatment for osteoarthritis. Later, it was also proven that PRP-E can induce proliferation and migration of endothelial cells that trigger the re-epithelialization of chronic wounds in vitro.

In dentistry, dental pulp stromal cell (DPSC) exosomes have been studied recently. Their benefits have been shown in many severe dental diseases, and they have also been reported to have the ability to increase the proliferation and the odontogenic differentiation of DPSCs. Despite this finding, the use of exosomes derived from platelet-based media is believed to be more potential than the use of exosomes derived from stem cells because platelet-based media are more economical and easier to source to obtain large numbers of exosomes. Therefore, this study was the first that analyzed the importance of determining the suitable concentration of thrombin-activated platelet-derived exosome (T-aPDE) for the dental pulp that has the potential to induce dental pulp angiogenesis, an important stage in dental pulp regeneration that is supported by the ability of T-aPDE to fix the mitochondria cell function, through in-vitro analysis of the cell viability, migration activity, and VEGF-A expression of hDPSCs.

**Material and Methods**

This study was approved in writing by the ethical committee of the Faculty of Dentistry, University of Indonesia (No. 82/ethical approval/FKGOUI/IX/2019; Protocol No. 070940819). The informed consent of all the adults who participated in this study was obtained prior to the study.

**Dental Pulp Cell Culture**

The hDPSCs that were used in this study were collected from nine third-molar teeth of nine healthy donors who fulfilled the inclusion criteria of this study (age range of donor 18–25 years old, no systematic disease, healthy, and no smoking/alcohol consumption habit). The hDPSCs were isolated and cultured using the explant method, based on a previous study.

The hDPSCs were harvested between the third and fourth passages (P3 and 4) and, then, starved for 24 hours in Dulbecco’s Modified Eagle Medium (DMEM; Thermo Fisher Scientific Inc., MA, United States) supplemented with 1% fetal bovine serum (FBS). Then, the hDPSCs were seeded in different treatments in the following groups: (the negative control group) (1) hDPSCs + DMEM; (the positive control group) (2) hDPSCs + DMEM supplemented with 10% FBS; (3) hDPSCs + 10% platelet-rich plasma–thrombin (PRP-T); (the experimental groups) (4) hDPSCs + 0.5% T-aPDE; (5) hDPSCs + 1% T-aPDE; and (6) hDPSCs + 5% T-aPDE. All the groups had three biological triplicates (Triplo). The hDPSCs were analyzed via flow cytometry mesenchymal stem cells (MSCs) analysis using FACSverse (BD Biosciences) for osteoarthritis. Blood was collected from three donors...
who had a normal red blood cell (RBC) count (hemoglobin = 13–15 g/dL; hematocrit = 38–46%; and erythrocytes = 3.8–5.2 × 10⁶/μL; laboratory results attached) and who matched the following inclusion criteria for this study: age, 12 to 18 years, healthy without any systemic disease; not taking aspirin; no smoking habit; and no alcohol consumption. Only 10% of the total plasma volume of the thrombin-activated platelet (from the PRP) (10% PRP-T) was used in this study.

**T-aPDE Isolation**

The T-aPDE (from the PRP) was transferred to a new tube, and 0.5 mL of phosphate-buffered saline (PBS; calcium-free, then magnesium-free, and phenol red-free; Gibco, Thermo Fisher Scientific Inc.) was added to it. Next, 3 µL of a total exosome isolation (TEI) (protein precipitation) reagent was added to the tube (Invitrogen, Carlsbad, CA, United States) (►Fig. 1, step 3). The reagent and the PRP were mixed until they were homogeneous, using a vortex or a pipette tip. Then, the mixture was incubated at room temperature for 10 minutes, after which it was immediately centrifuged at 10,000 g for 5 minutes at room temperature. The supernatant was aspirated and disposed of with a pipette (the visible pellets at the bottom were exosomes) and, then, centrifuged again at 10,000 g for 30 seconds to remove debris. The supernatant was again aspirated and removed carefully with a pipette supernatant. Then, 1x PBS was added to the platelet pellet and mixed using a vortex for resuspension. The resuspension was stored at 4°C to –20°C before use. The total plasma protein volume of the exosomes that were used in this study was divided into the following concentrations: 5, 10, and 50 µg/mL (0.5, 1, and 5%) based on previous study (►Fig. 1).26

**T-aPDE Identification: Size and Morphology**

The sizes and morphologies of the T-aPDE were analyzed using a particle size analyzer (PSA) and transmission electron microscopy testing (TEM; Hitachi TEM System, HF-3300). For the TEM analysis, a few steps were conducted. First, the T-aPDE pellets and the supernatant were fixed with 1 mL of 2.5% glutaraldehyde (pH 7.0) for 1 hour at 4°C. Second, the pH was adjusted to 7.4 using 0.1-M hydrogen chloride and dissolved with 200 mL of distilled water. Third, the 2.5% glutaraldehyde was removed, and the T-aPDE pellets and the supernatant were washed with 1 mL of PBS (Gibco, PBS solution, Thermo Fisher, United States) solution at room temperature.
Then, the hDPSCs were incubated in 5% CO₂ atmosphere at 37°C for 24 hours, after which their development was observed with a microscope. The resulting migration was photographed three times sequentially per well using a digital photographic graph (Zeiss Observer Z1 microscope, UK). The size of the wound/scratch area and the speed rate were calculated with Image J software and statistically analyzed.

**VEGF-A Expression of the hDPSCs**

The quantitative evaluations of the VEGF-A expression of the hDPSCs in 0.5, 1, and 5% T-aPDE were compared with those of the control group (10% PRP-T) using a human VEGF-A enzyme-linked immunosorbent assay (ELISA) kit (Cat. E-EL-H0111, Elabscience, Wuhan, Hubei). The expression was measured after 24, 48, and 72 hours, following the manufacturer’s protocol, on an ELISA microplate reader under a wavelength of 405 nm, a detection range of 31.25 to 2,000 pg/mL, and a sensitivity value of 18.75 pg/mL.

**Statistical Analysis**

The hDPSC viability absorbance values from the MTT assay and the migration activities of the hDPSCs were compared with one-way analysis of variance (ANOVA), migration activity of the wound closure area and the speed of the wound closure (speed rate) of the hDPSCs were tested for reliability using the intraclass correlation coefficient (ICC) and compared with one-way ANOVA, and then the VEGF-A expressions of the different groups were compared using the Kruskal–Wallis test followed by the post hoc Mann–Whitney test. All the tests were conducted at a significance level of 95% (p < 0.05). All the data were analyzed using IBM SPSS Statistics Software, version 22.0 (IBM Corp., Armonk, NY, United States).

**Results**

**Characterization of the hDPSCs**

The qualitative and MSC marker expressions of the hDPSCs in this study are presented in Fig. 3. The hDPSCs were homogeneous and spindle-shaped and had looser colonies (Fig. 3A, left).

**Characterization of T-aPDE: Size, Morphology, and Immunophenotyping**

The PSA results showed a mean range and distribution of 44 to 127 nm in the exosome pellet body of the T-aPDE, and the TEM results showed morphology of T-aPDE (Fig. 4A).

**Viability Assay of the hDPSCs after Culture in PRP-T and 0.5, 1, and 5% T-aPDE**

The viability assay of the hDPSCs cultured in 0.5, 1, and 5% T-aPDE; 10% PRP-T, and control (DMEM) was performed using an MTT assay kit (Sigma-Aldrich, Cat. No. 11 465 007 00, Roche) at a wavelength of 595 nm. It showed that after 24 to 72 hours of observation, the hDPSCs with the highest absorbance value were noted in the 5% T-aPDE group and there was a notable difference in the absorbance value at 5%. The absorbance values were determined by comparing the migration activity of the hDPSCs that were cultured on 0.5, 1, and 5% T-aPDE and on 10% PRP-T with the migration activity of the control group (DMEM).

**Migration Activity of the hDPSCs**

The migration activity of the hDPSCs was analyzed based on the wound closure area of the hDPSCs and the closure speed rate/wound with the hDPSCs using the scratch assay. The differences in the migration activity of the hDPSCs were analyzed by comparing the migration activity of the hDPSCs that were cultured on 0.5, 1, and 5% T-aPDE and on 10% PRP-T with the migration activity of the control group (DMEM).
Fig. 3  Results of the (A) harvesting of the human dental pulp stem cells (hDPSCs) between the third and fourth passages (P3–P4) (left) followed by their 24-hour starvation in Dulbecco’s Modified Eagle Medium (DMEM) supplemented with 1% fetal bovine serum (FBS; right) and of the (B) flow cytometry mesenchymal stem cells marker expression of the hDPSCs used in this study, showing a positive cocktail of CD90+ (97.9%), a negative cocktail of LinNeg (0.5%), CD105+ (97.7%), and CD73+ (98.6%).

Fig. 4  Sizes and morphologies of T-aPDE by transmission electron microscopy; particle size analyzer results. (A) A double lipid layer of exosome vesicles was seen at the outer part: vesicles (white arrow) and exosomes (white arrow). (B) Results of the physical characterization analysis of PRP-E protein using the specific immunophenotyping flow cytometry test for plasma (ab267479 Exosome Isolation and Analysis Kit—Flow Cytometry, Plasma, Abcam) for the T-aPDE of CD63+ and CD81+ (C–D).
were significant differences between all the groups ($p < 0.05$; one-way ANOVA). The OD and the percentage (converted from the OD) of the viable hDPSCs cultured in different culture media from the MTT assay are presented in ▶ Fig. 5. The figure shows that the OD of the 5% T-aPDE group was statistically more significant than those of the other groups after 24 and 48 hours of observation, but there was no significant difference between the OD of the 5% T-aPDE group and that of the 10% PRP-T group after 72 hours of observation.

**Migration Activity of the hDPSCs after Culture in PRP-T and 0.5, 1, and 5% T-aPDE**

The intra-rater observation data on the differences in the migration activities of the hDPSCs in terms of the wound closure area and the speed of the wound closure (speed rate/wound width) were tested for reliability using the ICC. The results showed that the reliability ($r = 0.976$), which is higher than the $r$ value. Thus, it can be concluded that the observation data on the migration activities of the hDPSCs are reliable.

The migration activities of the hDPSCs cultured in PRP-T and 0.5, 1, and 5% T-aPDE are presented in ▶ Table 1. There are significant differences in the means for the wound closure (%) area and the speed rate (micrometer per hour) of the hDPSCs in 0.5, 1, and 5% T-aPDE and in 10% PRP-T compared with the control group after 24 hours ($p < 0.05$; one-way ANOVA). The quantitative results of the migration activities of the hDPSCs are presented in ▶ Fig. 6.

**VEGF-A Expressions (Pictogram per Milliliter) of the hDPSCs in Various Concentrations of T-aPDE after 24, 48, and 72 hours of Observation**

The VEGF-A expressions of the hDPSCs in 0.5, 1, and 5% T-aPDE after 24, 48, and 72 hours of observation differed significantly from those of the positive control group (10%
PRP-T) \((p < 0.05; \text{Kruskal–Wallis test, } p < 0.05)\). The post hoc analysis results are presented in ►Fig. 7 (horizontal line: significant comparison of the groups by dose and time).

**Discussion**

The characteristics of the hDPSCs used in this study are shown in ►Fig. 3. They are correlated with the results of a previous study that revealed that hDPSCs obtained using the explant and enzymatic methods were comparable in terms of the flowcytometry marker expression of their MSCs.\(^{31,37}\)

The PRP that used in this study were collected from three donors, related to the numbers of experiment on this study and triplicate group samples procedures. Although the PRPs were collected from three donors, the differences between the donors, from their laboratory examinations, were within the normal range, besides which they had the same blood type and their ages were close to each other. These conditions for obtaining valid research results had been determined from a systematic review of a PRP study that discussed how to reduce potential bias in research using PRP so that the research results would become valid.\(^{14}\)

In this study, the isolation of T-aPDE corresponded with a previous study that also used the TEI reagent method (►Fig. 1).\(^{33,34,38}\) According to the standard regulations of the International Society for Extracellular Vesicles, at least two different technologies must be used to identify exosomes.\(^{34}\) In this study, morphology was performed using TEM and particle size analysis (nanometer) was performed using a PSA (►Fig. 4A, B), followed by the specific surface expression of immunophenotyping using flow cytometry (CD63\(^+\) and CD81\(^+\)). The morphology of the exosomes using TEM showed a double lipid layer with exosomes as black dots (►Fig. 4B). This result is similar to the results of other exosome studies.\(^{39,40}\) From the PSA analysis of the T-aPDE pellets, the sizes of the exosomes were found to have a mean range and distribution of 44 to 147 nm (►Fig. 4A). This result is in accordance with that of a previous study that revealed that the size of exosomes from ultracentrifugation may be more homogeneous than the sizes obtained from other methods.\(^{39}\)

Flow cytometry showed that 99.9% of the exosome population (P1) expressed CD63\(^+\)/CD81\(^+\) in the T-aPDE used in this study (►Fig. 4C, D). However, this result is not in line with that of another study that exosomes isolated from TEI may show less surface expression specific for exosome markers.\(^{38}\) Therefore, it can be concluded from the T-aPDE samples in this study that most of their protein particles could be defined as exosomes derived from PRP-T, unlike in previous studies, where fewer protein particles of exosomes were generated from the TEI method.\(^{38,39}\)

It was previously demonstrated that 10% PRP, 10% hPL, 5 to 25% A-PRF, 5 to 25% PRF-L, and 10% PRF-E have a potential ability to support hDPSC proliferation and migration, as well as odontogenic differentiation and angiogenesis.\(^{6-14}\) However, clinical application of these platelet-based secretomes is often constrained by their heterogeneous results and bias potential.\(^{14}\) It is thought that PRP in exosome form is more stable and can be stored for longer periods than regular PRP.\(^{21,22}\) In this study, the T-aPDEs were stored at 4°C for 7 days prior to the start of the experiment, but the results were still in line within each steps (data not shown). This finding was also correlated with that of a previous study that proved that saliva exosomes could be stored at 4°C for up to 25 days\(^{20}\) and at −80°C for more than a month.\(^{22}\)

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**Fig. 6** Qualitative results of the migration activity of the hDPSCs showing that the 5% T-aPDE group had the highest wound closure area (97.52%) and the fastest speed rate (3.069 μm/h) compared with the other groups (white arrow) after 24 hours of observation.
Cell viability test has been determined as a parameter of healthy cells in populations. In this study, the resulting absorbance values of the viable cells in the 10% PRP-T and 0.5, 1, and 5% T-aPDE groups compared with those of the control group revealed that the 5% T-aPDE group could produce hDPSCs with a superior mean viability rate compared with the other conditioned media culture groups (Fig. 5). This result is consistent with the findings of a previous study that PRP-Es have better fibroblast cell activity than activated PRP-As. Other studies revealed better proliferation of rabbit chondrocyte cells in a 50-µg/mL dose of PRP-Es and proliferation of BMSCs in a 50-µg/mL dose of platelet lysate exosomes. These findings are also correlated with the results of a previous study that PRP-Es have better fibroblast cell activity than activated PRP-As. Other studies revealed better proliferation of rabbit chondrocyte cells in a 50-µg/mL dose of PRP-Es and proliferation of BMSCs in a 50-µg/mL dose of platelet lysate exosomes.

The MTT assay was conducted by measuring the colorimetric substrate of the mitochondria enzymes of the cell. The mitochondria function improved after the hDPSCs were seeded in the 5% T-aPDE medium, compared with the control groups (Fig. 5). Although after 72 hours, the absorbance value of the PRP-T group after the MTT assay was comparable to that of the 5% T-aPDE group, the 5% T-aPDE group still had a higher absorbance value up to 72 hours. This phenomenon can be related to the potential of the cargo-containing miRNA from T-aPDE to reduce the ROS in the hypoxic pulp. (In this study, the hDPSCs were first starved 24 hours before their culture in the experimental media.) This ROS reduction mechanism was created by the specific capability of T-aPDE to work on cell nuclei intracellularly and then to epigenetically reprogram the cell to repair its DNA before fixing the refunction of the mitochondria cell.

The angiogenesis process of hDPSCs is one of the key factors of dental pulp tissue regeneration, and VEGF-A is one of the main growth factors (GFs) related to this process. In a previous study, human dental cells were able to express VEGF 24 to 72 hours after a wound occurred. This study demonstrated that the VEGF-A expressions of hDPSCs escalated more significantly 24 to 72 hours after they were cultured in 5% T-aPDE than after they were cultured in the control medium (DMEM), 10% PRP-T, and other T-aPDE media (0.5 and 1%) (see Fig. 7). This finding also indicates that 5% T-aPDE can release PDGF, which synergistically upregulates VEGF, resulting in higher VEGF expression after 72 hours (Fig. 7).

It has been reported that several factors of research on platelet-based conditioned media (PRP and PRF) have the potential to cause bias, including in relation to the blood donors for the PRP preparation (i.e., their age, gender, RBC/platelet counts, collection technique, and time), the cells
used, the observation time, and the activation agent. Therefore, the use of PRP as the basic platelet material of T-aPDE can cause study limitations. However, even though the potential for bias in this study was minimized, it is strongly recommended that the results of this study be applied based on the materials and methods used in this study.

**Conclusion**

In conclusion, this study strongly showed that 5% Ta-PDE has the potential to induce dental pulp angiogenesis, an important stage in dental pulp regeneration, due to the ability of Ta-PDE to fix the mitochondria cell function, as revealed by the results of the *in-vitro* analysis of the cell viability and the migration activity of the hDPSCs. This novel finding is expected to be the starting point for determining the suitable T-aPDE concentration for dental pulp. Further studies need to be conducted on the complete mechanism of dental pulp regeneration that can be induced by T-aPDE.

**Funding**

This study was financially supported by HIBAH PUBLIKASI WCU UI Nomor: NKB-494/UN2.RST/HKP.05.00/2021, Universitas Indonesia.

**Conflict of Interest**

None declared.

**Acknowledgments**

The authors would also like to thank Angliana Chouw, S. Si, M. Farm from PT Prodia Stem Cell Indonesia for the support.

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