Management of early gastric cancer with positive horizontal or indeterminable margins after endoscopic submucosal dissection: multicenter survey

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1 Department of Gastroenterology, St. Luke’s International Hospital, Tokyo, Japan
2 Department of Gastroenterology, Cancer Institute Hospital, Tokyo, Japan
3 Department of Gastroenterology, Toranomon Hospital, Tokyo, Japan
4 Department of Gastroenterology, Kitasato University East Hospital, Kanagawa, Japan
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7 Department of Surgery, Kudanzaka Hospital, Tokyo, Japan
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10 Department of Gastroenterology, Juntendo University School of Medicine, Tokyo, Japan
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ABSTRACT

Background and study aims Positive horizontal margins in resected specimens are sometimes encountered after endoscopic submucosal dissection (ESD) for early gastric cancers, and appropriate treatment strategies for these cases are not established. The aim of this study was to evaluate current empirical treatments for patients with positive horizontal or indeterminable margins after ESD.

Patients and methods We performed a multicenter survey and data from 14 hospitals were collected. The pooled proportions of positive horizontal or indeterminable margins and those of patients followed up without early intervention were calculated using a logistic-normal random-effects model. For calculating pooled estimates, subgroup analyses of high- and non-high-volume centers were conducted.

Results A total of 11,796 ESD cases were enrolled and 229 patients (2 %) had positive horizontal or indeterminable margins. Ninety-eight cases were treated within 30 days of ESD and 131 cases were followed up without early interventions. Pooled estimates of positive margins in high- and non-high-volume centers were 1 % (95 % CI: 1% – 2%) and 2% (95 % CI: 1% – 4%), respectively, and were not heterogeneous (P = 0.191). The proportion of patients followed up without early intervention ranged from 30 % to 100%. The pooled estimate was 68% (95 % CI: 50% – 83 %). The pooled estimates of high- and non-high-volume centers were 65% (95 % CI: 38% – 85 %) and 72% (95 % CI: 44% – 89 %), respectively, and were not heterogeneous (P = 0.692).

Conclusion There was insufficient consensus regarding treatment strategies used for early gastric cancer with positive horizontal or indeterminable margins after ESD. Further studies are required to establish a consensus.
Introduction

Endoscopic submucosal dissection (ESD) was introduced for treating early gastric cancer with a minimal risk of regional lymph node and distant metastases [1]. ESD is currently performed worldwide because neoplasms can be resected en bloc, and a detailed pathological assessment of resected specimens can be performed [1,2]. However, positive horizontal margins in the resected specimens are sometimes encountered after ESD [1–9]. Nevertheless, appropriate treatment strategies for differentiated-type gastric cancers with positive horizontal or indeterminable margins after ESD have not yet been established [10]. The aim of this study was to estimate the probability of positive horizontal or indeterminable margins after ESD and evaluate the current empirical treatments for the patients with positive horizontal or indeterminable margins after ESD. We performed a multicenter survey of the treatment strategies for early gastric cancer with positive horizontal or indeterminable margins after ESD.

Patients and methods

Data from 14 hospitals (Cancer Institute Hospital, Toranomon Hospital, Kitasato University East Hospital, NTT Medical Center Tokyo, St. Luke’s International Hospital, Tokai University School of Medicine, Kudanaka Hospital, Koritsu Showa Hospital, Tokyo Metropolitan Bokuto Hospital, Juntendo University School of Medicine, Tokyo Women’s Medical University Yachiyo Medical Center, Keio University School of Medicine, Foundation of Detection of Early Gastric Carcinoma, and Sanraku Hospital) that participated in the 30th endoscopic gastric mucosal resection (EGMR) conference were collected. The contents of the questionnaires in the current study are demonstrated in Fig. S1.

EGMR conference is a well-known research conference focusing on endoscopic therapy for early gastric cancer, which has been held biannually since 2000 in Tokyo, Japan, and many endoscopists from more than 20 medical centers usually attend the conference. These institutions covered medical centers where the majority of endoscopists with expertise in ESD were working in Tokyo. Actually, at least 8 ESD opinion leaders worked in these institutions. It was expected that these doctors’ behaviors would reflect current empirical therapeutic strategies after ESD in Japan. Survey questionnaires were sent to the representatives of each institution. Replies to our questionnaires and approval by the institutional review board (IRB) for the study were obtained from 14 institutions.

The proportion of patients with positive horizontal or indeterminable margins and the proportion of patients who were followed up without early interventions were calculated for each institution. Two-sided or 1-sided 95% confidence intervals (CIs) of those proportions were also calculated. Meta-analyses for proportions were performed to calculate pooled estimates of the above mentioned 2 proportions. The pooled proportions of positive horizontal or indeterminable margins and those of the patients who were followed up without early intervention were calculated by a logistic-normal random-effects model [11]. For calculating pooled estimates, subgroup analyses of high- and non-high-volume centers were also conducted. A high-volume center was defined as an institution with more than 100 ESD cases per year. All analyses were performed by STATA® version 14.1 (StataCorp, College Station, TX, USA).

Results

A total of 11,796 differentiated-type gastric adenocarcinomas that met the absolute or expanded indication for ESD in the Japanese gastric cancer treatment guidelines 2010 (tumors clinically diagnosed as T1a and either no ulcer findings regardless of size or positive ulcer findings in tumors sized ≤3 cm in diameter) [10] were treated with ESD from September 2002 to May 2014. Positive horizontal or indeterminable margins were observed in 235 resected specimens pathologically (2.0%). Six cases in which the description in the questionnaire was incomplete were excluded from the study, and 229 cases were enrolled. The treatment strategies were evaluated in 229 cases with positive horizontal or indeterminable margins using obtained questionnaires.

The number of total ESD cases and that of early gastric cancer with positive horizontal or indeterminable margins after ESD in each institution are presented in Table S1.

Pooled estimates of positive or indeterminable margins in 14 institutions are demonstrated in Fig. 2. Institutions 1 to 4 and 6 were allocated as high-volume centers. The proportion of patients with horizontal or indeterminable margins ranged from 0.6% to 11%. The pooled estimate of positive horizontal or indeterminable margins was 2% (95% CI: 1%–3%). The pooled estimates of positive margins in high- and non-high-volume centers were 1% (95% CI: 1%–2%) and 2% (95% CI: 1%–4%), respectively. Pooled estimates of these subgroups were marginally heterogeneous (P = 0.191).
The treatment strategies used for early gastric cancer with positive horizontal or indeterminable margins after ESD are presented in ▶ Table S1 and ▶ Fig. 3. A total of 98 patients with early gastric cancer were treated within 30 days of ESD treatment initiation: repeat ESD (re-ESD), n = 14 (14%), 4 institutions; coagulation, n = 55 (56%), 6 institutions; and surgical resection, n = 29 (30%), 7 institutions. Early re-ESD was completed safely in all 14 cases without any complications such as perforation or post-treatment bleeding. Residual cancer was demonstrated in the re-ESD specimens in 6 cases (43%). Coagulation was performed safely in all 55 cases. Recurrence after coagulation was observed in 5 cases (9%) in which coagulation was performed additionally. Local residual cancers were observed in 13 of 29 surgically resected specimens (45%). Lymph node metastasis was not demonstrated in any surgically treated cases.

Pooled estimates of follow-up rate without early intervention in 14 institutions are demonstrated in ▶ Fig. 4. The proportion of patients who were followed up without early intervention in those with horizontal or indeterminable margins ranged from 30% to 100%. The pooled estimate was 68%.

The treatment strategies used for early gastric cancer with positive horizontal or indeterminable margins after ESD are presented in ▶ Table S1 and ▶ Fig. 3. A total of 98 patients with early gastric cancer were treated within 30 days of ESD treatment initiation: repeat ESD (re-ESD), n = 14 (14%), 4 institutions; coagulation, n = 55 (56%), 6 institutions; and surgical resection, n = 29 (30%), 7 institutions. Early re-ESD was completed safely in all 14 cases without any complications such as perforation or post-treatment bleeding. Residual cancer was demonstrated in the re-ESD specimens in 6 cases (43%). Coagulation was performed safely in all 55 cases. Recurrence after coagulation was observed in 5 cases (9%) in which coagulation was performed additionally. Local residual cancers were observed in 13 of 29 surgically resected specimens (45%). Lymph node metastasis was not demonstrated in any surgically treated cases.

Pooled estimates of follow-up rate without early intervention in 14 institutions are demonstrated in ▶ Fig. 4. The proportion of patients who were followed up without early intervention in those with horizontal or indeterminable margins ranged from 30% to 100%. The pooled estimate was 68%.
The pooled estimates of high- and non-high-volume centers were 65% (95% CI: 38%–85%) and 72% (95% CI: 44%–89%), respectively. Pooled estimates of these subgroups were not heterogeneous (P = 0.692).

Results of follow-up cases without early intervention are demonstrated in Table S2. In total, 131 cases were followed up without additional early treatments after initial ESD; 27 cases (21%) recurred locally during the median follow-up period of 6 months (range, 1–74 months). The strategies used for the 27 recurrent cases more than 30 days after initial ESD were as follows (Table S3): re-ESD, n = 13, 6 institutions; coagulation, n = 4, 3 institutions; surgical resection, n = 7, 5 institutions; and further observation or death due to other diseases, n = 3, 2 institutions. Late coagulation was performed safely in all 4 cases without any complications such as perforation or post-treatment bleeding. However, recurrence occurred in 3 coagulation cases (75%), in which additional coagulation was performed. Lymph node or distant metastases were not found in the resected specimens from the seven surgically-treated patients. Additional treatments were not performed and observation was done in three locally recurrent cases due to the patient’s decision and/or comorbid cardiopulmonary diseases.

Results of late re-ESD for recurrent cases are demonstrated in Table 1. The median size of the residual cancers and that of the resected specimens were 12 mm (range, 6–41 mm) and 40 mm (range, 20–59 mm), respectively. The median procedural time was 133 min (range, 70–353 min). The rate of en bloc resection was 92% (12/13) in the late re-ESD group. Recurrence after late re-ESD occurred in the piecemeal resected case, in which a third ESD was performed and there was no recurrence during the follow-up period of 13 months after the third ESD.

Needle-type knives (Dual knife/Flush knife/Flex knife), hook knives, and insulated tip (IT)-type knives (IT knife/IT knife 2) were preferred, and scissor-type grasping knives (SB knife/Clutch cutter) were not selected during re-ESD procedure. Perforation and post-ESD bleeding did not occur in any case.

Discussion
This is the first report of a multicenter survey of treatment strategies for early gastric cancer with positive horizontal or indeterminable margins after ESD. The pooled estimates of positive margins in high-volume centers (1%) were less than those in non-high-volume centers (2%) in our study. Although the heterogeneous test between above 2 groups was not statistically significant (P = 0.191), this test lacks power. Kakushima et al reported that there were 3 types of lesions that resulted in positive margins after resection (lesions with a flat spreading area, lesions with an unexpected nearby lesion, and lesions with lateral extension beneath non-cancerous mucosa) and tumor diameter, recurrent-type cancer, submucosal cancer, and undifferentiated-type cancer were factors significantly related to margin-positive resection [3]. Therefore, early gastric can-
A first, and difficult, decision is whether the cases are treated promptly or followed up. In the current study, early treatment (early re-ESD, coagulation, or surgery) was performed in 98 cases (43%), and 131 cases (57%) were followed up without additional early treatments. In addition, pooled estimates of the follow-up rate without early intervention in high- and non-high-volume centers were not heterogeneous (P = 0.692). Recently, a cancer-positive lateral margin length ≥6 mm in the ESD specimens has been reported as an independent risk factor for local recurrence after ESD [5, 6]. Before deciding whether the cases with positive horizontal or indeterminable margins are treated promptly or followed up, the length of cancer-positive lateral margins may need to be evaluated in the ESD specimens.

A second difficult decision is how to treat the cases with positive horizontal or indeterminable margins at an early date. Re-ESD, coagulation, or surgery were used in additional treatments within 30 days in the enrolled cases. With time, submucosal fibrosis becomes severe and it can be considered difficult to resect the residual cancers endoscopically. Coagulation was performed in 55 cases at 6 institutions (56%). Admittedly, coagulation is easy and convenient. That may be the reason why coagulation was used to treat more than half of the enrolled cases. However, a specimen is not obtained and the state of residual cancers cannot be determined. Therefore, follow-up should be conducted more carefully. On the other hand, specimens can be obtained in re-ESD or surgery. In the early re-ESD group, ESD was completed safely in all cases and specimens were obtained. As a result, the re-ESD specimens could be evaluated pathologically and intramural residual cancers were obtained. As a result, the re-ESD specimens could be evaluated pathologically and intramural residual cancers were obtained. Therefore, follow-up rate of positive margins after ESD tended to be lower in high volume centers. There was insufficient consensus regarding the treatment strategies used for early gastric cancer with positive horizontal or indeterminable margins after ESD could not be evaluated.

Conclusion
In conclusion, the rate of positive margins after ESD tended to be lower in high volume centers. There was insufficient consensus regarding the treatment strategies used for early gastric cancer with positive horizontal or indeterminable margins after ESD. Therefore, further studies are required to establish a consensus.

Acknowledgements
The endoscopic gastric mucosal resection (EGMR) conference was supported by Eisai Co., Ltd.

Competing interests
None

References


Q1. The number of gastric cancers treated with ESD so far?
_________ cases from month/year (___/___) to month/year (___/___)

Q2. The number of the cases in which the tumors were diagnosed as T1a and either no ulcer findings regardless of size or positive ulcer findings in tumors sized ≤ 3 cm in diameter, and positive horizontal or indeterminate margins were demonstrated in the ESD-specimens.
_________ cases

Q3. Strategies for Q2 cases
① Early repeat ESD (re-ESD) (ESD within 30 days after initial ESD)
______ cases
② Early coagulation (coagulation within 30 days after initial ESD)
______ cases
③ Early gastrectomy (additional gastrectomy without follow-up)
______ cases
④ Follow-up without early treatments ________ cases

Q4. Results of early re-ESD (Q3 ①)
A. Perforation ________ cases
B. Uncontrollable bleeding ________ cases
C. The number of the cases in which residual cancer was demonstrated in the re-ESD specimens ________ cases

Q5. Results of early coagulation (Q3 ②)
A. Perforation ________ cases
B. Uncontrollable bleeding ________ cases
C. Recurrence after early coagulation ________ cases
Additional treatments for recurrent cases (__________)

Q6. Results of early gastrectomy (Q3 ③)
A. The number of the cases in which residual cancer was demonstrated in the surgically resected stomach. ________ cases
B. The number of the cases in which lymph node metastasis was observed in the resected specimens. ________ cases

Q7. Results of follow-up cases (Q3 ④)
A. No recurrence ________ cases
B. Local recurrence ________ cases
C. Lymph node metastasis or distant metastasis ________ cases

Q8. Duration from initial ESD to recurrence in the follow-up cases (Q3 ④)
a. Local recurrence (Q7 B)
   Case 1 ________ months
   Case 2 ________ months
   Case 3 ________ months
b. Lymph node metastasis or distant metastasis (Q7 C)
   Case 1 ________ months
   Case 2 ________ months
   Case 3 ________ months

Q9. Additional treatments for local recurrent cases (Q7 B)
I. Re-ESD ________ cases
II. Coagulation ________ cases
III. Gastrectomy ________ cases
IV. No treatment ________ cases

Q10. Results of re-ESD in local recurrent cases after follow-up (Q9 I)
I. En bloc resection ________ cases
II. Piecemeal resection ________ cases
III. Diameter of recurrent tumors
   Case 1 ________ mm
   Case 2 ________ mm
   Case 3 ________ mm
IV. Diameter of the resected specimens
   Case 1 ________ mm
   Case 2 ________ mm
   Case 3 ________ mm
V. Procedural time
   Case 1 ________ min
   Case 2 ________ min
   Case 3 ________ min
VI. Perforation ________ cases
VII. Uncontrollable bleeding ________ cases
VIII. R0 ________ cases  R1 ________ cases
IX. Recurrence after re-ESD ________ cases
X. Follow-up periods after re-ESD
   Case 1 ________ mm
   Case 2 ________ mm
   Case 3 ________ mm

Q11. What devices do you prefer during re-ESD procedure?
Check up to 2 knives.
[ ] Dual knife/Flush knife/Flex knife  [ ] Hook knife
[ ] SB knife/Clutch cutter  [ ] IT knife/IT knife 2
[ ] Others ____________

Q12. Results of coagulation (Q9 II)
I. Perforation ________ cases
II. Uncontrollable bleeding ________ cases
III. Recurrence after coagulation ________ cases
Additional treatments for recurrent cases ________

Q13. Results of gastrectomy (Q9 III)
I. The number of the cases in which residual cancer was demonstrated in the surgically resected stomach. ________ cases
II. The number of the cases in which lymph node metastasis was observed in the resected specimens. ________ cases
Detailed clinical course of recurrent cases ________

Q14. Reasons of follow-up without intervention (Q9 IV)
Case 1 ________
Case 2 ________
### Table S1  Management of early gastric cancers with positive horizontal or indeterminable margins after initial ESD.

<table>
<thead>
<tr>
<th>Institutions</th>
<th>Total ESD (Q1)</th>
<th>Data collection period (From month/year to month/year)</th>
<th>ESD cases/year (Q2)</th>
<th>HM1 cases (Q2)</th>
<th>Early ESD (Q3 ①)</th>
<th>Early coagulation (Q3 ②)</th>
<th>Early surgery (Q3 ③)</th>
<th>Follow-up (Q3 ④)</th>
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ESD, endoscopic submucosal dissection; HM1, positive horizontal or indeterminable margins

Q2. The number of the cases in which the tumors were diagnosed as T1a and either no ulcer findings regardless of size or positive ulcer findings in tumors sized ≤3 cm in diameter, and positive horizontal or indeterminable margins were demonstrated in the ESD-specimens.

Q3. Strategies for Q2 cases
- Early repeat ESD (re-ESD) (ESD within 30 days after initial ESD)
- Early coagulation (coagulation within 30 days after initial ESD)
- Early gastrectomy (additional gastrectomy without follow-up)
- Follow-up without early treatments
### Table S2 Results of follow-up cases without early interventions.

<table>
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<tr>
<th>Institutions</th>
<th>Follow-up cases without early treatments (Q3)</th>
<th>No recurrence (Q7A)</th>
<th>Local recurrence (Q7B)</th>
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### Table S3 Additional treatments for local recurrent cases after initial ESD.

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<th>Institutions</th>
<th>Local Recurrence after follow-up (Q7B)</th>
<th>Re-ESD (Q9I)</th>
<th>Coagulation (Q9PII)</th>
<th>Surgery (Q9III)</th>
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ESD, endoscopic submucosal dissection