An Unusual Presentation of Accidental Rectal Corrosive Injury

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Abstract
Rectal corrosive injuries occur rarely among adult patients and are confined to suicidal patients and cases of homicide. These injuries are less frequently accidental. No reports of rectal corrosive injury have been reported in the literature to date. In this study, we report an unusual presentation of a very rare case of accidental rectal corrosive injury.

Keywords
► accidental corrosive
► lower Gl bleed
► colonoscopy

Background
Intrarectal injection of caustic material is uncommon and is usually done with intent of suicide or homicide, or as a part of therapy by some tribes. In some cases, it can be accidental. The severity of such caustic injury ranges from mild mucosal congestion to complete necrosis of the rectum and colon, leading to perforation.1 Limited data are available on rectal caustic injury because of its rare presentation. In this study, we report an unusual case of accidental corrosive injury of the rectum.

Case Report
A 68-year-old woman presented with tenesmus and bleeding per rectum for 5 days. General and systemic examination was within normal limits. Evaluation showed moderate anemia (hemoglobin 9 g/dL) with raised erythrocyte sedimentation rate (40 mm/h). On per rectum examination, soft friable edematous mucosa with bleeding was noticed in the anal and perianal region. She underwent colonoscopy and it showed circumferential superficial to deep ulceration, mucosal edema, friability, and spontaneous oozing of blood

Fig. 1 (A,B) Ulcerated colonic mucosa with minimal ooze. (C) Edematous anorectum mucosa.
(►Fig. 1A and 1B) from the friable mucosa in the anorectal region and distal rectum (up to 3–4 cm; ►Fig. 1C). The rest of the colon examination was normal. Due to diagnostic dilemma, relatives were called in to obtain the history once again. At that time, it was revealed that the patient had accidentally used toilet cleaner instead of water while cleaning the anal region, and these symptoms started developing after that incident. She was hospitalized and treated with intravenous antibiotics, fluids, and steroids. With this treatment, her symptoms improved within 3 days. However, she died of sudden cardiac arrest at home after 1 week.

Conclusion
Rectal and colonic caustic injuries are uncommon and may go unrecognized. Careful examination and detail history can help in identification of such injuries. The patient can be managed conservatively in the absence of peritonitis.

Funding
None.

Conflict of Interest
None declared.

References
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