

A 38-year-old Japanese woman, who had fulfilled the revised American College of Rheumatology criteria for systemic lupus erythematosus (SLE), and whose disease had been controlled with oral prednisolone at a dose of 5 mg/day for a year, reported a 3-day history of nausea and vomiting. On admission, laboratory tests showed a lactate dehydrogenase level of 610 IU/l, an erythrocyte sedimentation rate of 35 mm/hour, a positive antinuclear antibody (titer 1:40), and decreased levels of complements (C3, 32 mg/dl; C4, 6 mg/dl; CH50, 24.4 U/dl). Gastroscopic examination revealed a stenosis of the pyloric antrum with no mucosal lesion (Figure 1). A computed tomographic scan demonstrated diffuse thickening of the antral wall with marked enhancement by contrast material on the serosal side (Figure 2), in addition to mild hydronephrosis, thickened wall of the gallbladder, and a small amount of ascites. The lupus peritonitis and cholecystitis was thought to be the most likely cause of the antral stenosis.

The patient was treated with intravenous prednisolone at a dose of 20 mg/day and the symptoms subsided immediately. Endoscopic examination and a computed tomographic scan within 2 weeks after the introduction of intravenous steroids showed no evidence of antral wall thickening or stenosis. The patient has been

free from symptoms over 1 year of follow-up.

Lupus peritonitis and cystitis is an unusual manifestation of SLE. In previously reported cases, involvement of the gut has been primarily in the small intestine [1–3] and rarely in the stomach [4,5]. The finding in our patient indicates that serositis can occur focally on the gastric serosa in SLE, as shown previously at laparotomy [5], which results in stenosis of the pyloric antrum. A contrast computed tomography (CT) scan and endoscopic examination are useful for the differential diagnosis. Physicians should consider this unusual cause of antral stenosis which showed adequate remission with intravenous steroid.

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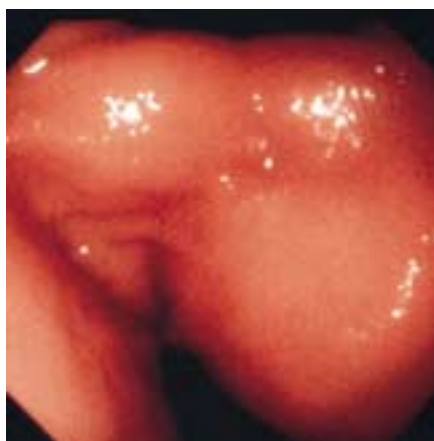


Figure 1 Gastroscopic examination showed stenosis of the pyloric antrum with no mucosal lesion.



Figure 2 A computed tomography (CT) scan of the abdomen demonstrated diffuse thickening of the antral wall with marked enhancement by contrast material on the serosal side.