Duodenal Strongyloides stercoralis Infection

Strongyloides stercoralis infection is common in developing countries (1,2), but it is a rare disease in Taiwan nowadays. The causative agents are the female worms in the mucosa of the duodenum and jejunum (3). The macroscopic changes of the minor forms show congestion, abundant mucus secretion, hemorrhage and micro-ulcerations. In the moderate to severe forms, edematous thickening of the wall, swelling of the folds, and destruction of the mucosal surface are found, leading to fibrosis and rigidity of the wall, mucosal atrophy, and ulcers (4), or even duodenal bulb deformity and obstruction (5). We present a 46-year-old male with the moderate to severe form of duodenal infection with Strongyloides stercoralis; he complained of diffuse abdominal fullness and pain without fever of chills lasting for four days. He had been given a diagnosis of rheumatoid arthritis five years previously, and had been taking penicillamine 250 mg/day, naproxen 500 mg/day and prednisolone 10 mg/day since then. On admission, physical examination revealed a distended abdomen and diffuse tenderness. The white blood cell count was 5,400/mm³ with 4.4% eosinophiles, rising to 9% two days later. Hypovolemia and hypotension were treated with the administration of fluids. Diarrhea occurred on the sixth hospital day, but the stool analysis was normal. Fever, tachycardia, and low blood pressure (70/50 mm Hg) developed on the seventh day after admission. Upper gastrointestinal tract endoscopy findings are shown in Figure 1; on a barium radiograph duodenal bulb deformity, mucosal thickness, a nodular appearance of the proximal descending duodenum, and a dilatation of the distal descending duodenum and jejunum were observed. The histological examination of the duodenal mucosa showed multiple larvae within the mucosa, with signs of acute and chronic inflammation (Figure 2). Mebendazole 200 mg/day was given. However, the patient's condition worsened, and panperitonitis and ascites developed, with E. coli being cultured from the ascitic fluid. The patient finally died.

References