Endoscopic therapy of gallstones ileus

Gallstone ileus is a rare clinical complication of gallstone disease and is primarily treated surgically. We describe three cases of gallstone ileus, including the first report of successful treatment of jejunal gallstone ileus by endoscopically applied electrohydraulic lithotripsy (EHL).

A 67-year-old woman was admitted to hospital with epigastric pain. Ultrasonography showed gallbladder stones and air in the biliary tree. Intestinoscopy detected a stone in the jejunum that occluded the bowel lumen (Fig. 1). After unsuccessful attempted extraction of the stone using a Dormia basket, EHL was performed (Walz Lithotron EL 23 generator; Walz Electronic Inc., Rohrdorf, Germany) using a 4.5 Ch EHL probe (Olympus Optical Co. GmbH, Hamburg, Germany), which disintegrated the stone. After this had been done, duodenoscopy and endoscopic retrograde cholangiopancreatography (ERCP) showed a cholecystoduodenal fistula (Fig. 2) and the patient underwent laparoscopic cholecystectomy. A 71-year-old woman was admitted with postprandial biliary vomiting and abdominal pain. Esophagogastroduodenoscopy showed an obstructing gallstone in the bulbus duodeni. Extraction using a Dormia basket failed due to the size of the gallstone. EHL was performed and the stone was fragmented. A 69-year-old woman was admitted with upper abdominal pain. Gastroscopy revealed ulcers in the antrum, one of which represented perforation by the gallstone into the antrum, whereby the stone located in the antrum did not cause an ileus (Fig. 3). ERCP demonstrated reflux of contrast medium into the antrum. Mechanical lithotripsy was successfully performed.

Cholecystitis often precedes the perforation of the gallstone into the gut forming a cholecystoenteric fistula. The main clinical presentation is gastric outlet obstruction of the duodenal bulb (Bouveret’s syndrome). Kasahara et al. reported spontaneous passage of gallstones in only eight of 112 patients in Japan [1]. Demonstration of aerobilia by computed tomography (CT) scan is widely accepted as the preferred imaging method for determining the site of obstruction. Gallstone ileus is normally treated by laparotomy and enterolithotomy [2]. Because of the relatively high morbidity and mortality, alternative procedures to surgery have been suggested. Mechanical lithotripsy [3], EHL [4], and intraluminal laserlithotripsy [5] have been successfully applied. Here we demonstrate the usefulness of therapeutic endoscopically guided intraluminal lithotripsy.
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