Capsule endoscopy with retention of the capsule in a duodenal diverticulum

The most important complication of capsule endoscopy is retention of the capsule. Among patients with obscure gastrointestinal bleeding, capsule retention was reported in 1.5%; in patients with suspected Crohn’s disease or suspected stenosis of the small bowel the risk of capsule retention seems to be considerably higher (5% and 21% respectively) [1,2]. To our best knowledge this is the first case of capsule retention in a duodenal diverticulum.

A 74-year-old woman was admitted to hospital for evaluation of microcytic anemia. Gastroscopy and colonoscopy were normal. Capsule endoscopy, using the M2A capsule (Given Imaging Ltd., Yoqneam, Israel [3]), demonstrated some diverticula shortly after passage of the pylorus. Further images were not evaluable. Three weeks afterwards the patient was asymptomatic but had still not excreted the capsule. A plain film of the abdomen demonstrated the capsule superimposed on the epigastrium and was otherwise normal (Fig. 1). A small-bowel radiograph with water-soluble contrast medium showed the capsule in a duodenal diverticulum and ruled out obstruction of the small bowel (Fig. 2). Gastroscopy was performed and the capsule successfully extracted from a large juxtapapillary diverticulum using the Roth retrieval net (Fig. 3).

Most patients with capsule retention are asymptomatic. However, a very few cases of symptomatic bowel obstruction requiring surgical or endoscopic removal of the impacted capsule have been reported [4,5]. This is the first case of capsule retention in a duodenal diverticulum and successful endoscopic removal of the impacted capsule. We suggest that, even in asymptomatic patients, capsules that are retained in intestinal diverticula and are not excreted within a period of about 3 weeks should be removed by gastroscopy or enteroscopy in order to prevent complications such as diverticulitis, perforation, or pancreatitis.

We conclude that capsule retention in a duodenal diverticulum is a rare complication of capsule endoscopy. In our patient endoscopic removal of the impacted capsule using a retrieval net was successful.

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References
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