

Neurolymphomatosis: A Surreal Presentation of Lymphoma

Abstract

Background: Neurolymphomatosis is a neurologic complication poorly recognized by neurologists and oncologists and presents usually several months after successful treatment of systemic lymphoma. Other disorders that must be differentiated from these entities include peripheral-nerve or nerve root compression and paraneoplastic neuropathy. **Aim:** To describe the unusual occurrence of neurolymphomatosis in a patient of B-cell lymphoma. **Method:** Diagnosis was made by demonstration of enhancement of nerve roots on Magnetic Resonance Imaging of the brachial, lumbosacral plexus, peripheral nerves or by increased hyper-metabolic activity along the course of affected nerves on fluorodeoxyglucose positron emission tomography (FDG-PET). **Results and Conclusion:** MRI and PET-CT are imaging modalities of choice for evaluation of patients with lymphoma and suspected neural involvement. Treatment of neurolymphomatosis consists of focal radiotherapy and high-dose methotrexate therapy.

Keywords: *Lymphoma, magnetic resonance imaging, neurolymphomatosis, positron emission tomography-computed tomography imaging*

Introduction

The lymphomatous infiltration of a nerve root, cranial or peripheral nerve or multiple nerves is known as neurolymphomatosis. It is a rare neurologic complication of systemic lymphoma that is poorly recognized by clinicians. It is an uncommon syndrome characterized by a direct invasion of the peripheral nervous system by lymphoma. The predominant malignant cell type is diffuse large B-cell although rare cases secondary to follicular lymphoma, peripheral T-cell lymphoma, and mantle cell lymphoma have been reported.^[1-3]

A high index of suspicion is required as the presenting symptoms of this condition are varied (plexopathy, mononeuritis multiplex, foot drop, radiculopathy, and cranial nerve palsies). Various differential diagnoses need to be considered. These include nerve damage from herpes zoster, leptomeningeal lymphomatosis, radiation neuritis, nerve root compression, lymphoma-associated vasculitis, and paraneoplastic syndromes.^[4,5]

Case Report

A 48-year-old male patient, normotensive, nondiabetic diagnosed with chronic lymphocytic leukemia (flow cytometry

proven). He was planned for six cycles of rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisolone. His pretreatment positron emission tomography-computed tomography (PET-CT) revealed multiple fluorodeoxyglucose (FDG) avid hypermetabolic lymph nodes in both supra- and infra-diaphragmatic regions [Figure 1].

After three cycles of chemotherapy, a follow-up PET scan (October 5, 2015) was done to assess interval changes. There was significant regression in size and metabolic activity of the lymph nodes (Category III Deauville score) suggesting a good response to treatment [Figure 2].

After the fifth cycle of chemotherapy, patient had complaints of fever, dyspnea on exertion and had prolonged postchemotherapy febrile neutropenia and was admitted for treatment.

The following regression in symptoms and improving cell counts, patient was discharged.

After 10 days, patient presented with complaints of left foot drop in March 2016.

Magnetic resonance imaging (MRI) of spine and pelvis was performed. It revealed diffuse nodular and thickened nerve roots at

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Access this article online

Website: www.ijmpo.org

DOI: 10.4103/ijmpo.ijmpo_151_16

Quick Response Code:



How to cite this article: Khandelwal S, Saxena S, Hansalia DJ. Neurolymphomatosis: A surreal presentation of lymphoma. Indian J Med Paediatr Oncol 2017;38:287-90.

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L4, L5, S1, and S2 more marked on the left side extending up to greater sciatic foramen (better appreciated on T2/short-tau inversion recovery [STIR] axial and coronal images) [Figure 3].

No evident disc herniation, epidural soft tissue, or intrinsic cord abnormality was noted.

Similar characteristic findings were seen along left C4 and bilateral C5–C8 nerve roots [Figure 4].

The MRI findings with given clinical history were highly in favor of lymphomatous involvement of the brachial and lumbosacral plexus suggesting neurolymphomatosis.

Subsequent PET-CT scan done in the same week revealed moderate-grade FDG avid lymph nodes involving bilateral external iliac regions and low-grade FDG avid lymph nodes in retroperitoneum. Non-FDG avid cervical and mediastinal lymph nodes were noted.

There was seen high-grade FDG avid uptake (maximum standardized uptake value - 12) along the lumbosacral

plexus more marked on the left side and along brachial plexus on either side [Figures 5 and 6].

Discussion

Neurolymphomatosis has a classical presentation with a painful, sensorimotor peripheral neuropathy affecting multiple limbs in an asymmetric manner. It usually presents with a relatively rapid evolution.^[1-3] Solitary peripheral nerve involvement with or without painful neuropathy may also be seen.

The neurological complications usually present several months after ongoing treatment of systemic lymphoma. In some rare cases, it may precede the diagnosis of lymphoma and presents as the sole manifestation of lymphoma. It is frequently misdiagnosed as it has numerous differential diagnoses, namely, paraneoplastic/inflammatory neuropathy particularly if there is an initial response to steroids, peripheral nerve compression, or chemotherapy-induced peripheral neuropathy.^[4,5]

CT imaging fails in demonstration of nerve root or peripheral nerve abnormalities in patients with neurolymphomatosis adding up to difficulty in making the diagnosis. MRI is

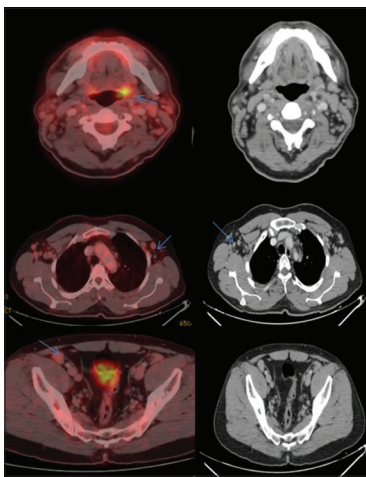


Figure 1: Positron emission tomography-computed tomography scan dated May 23, 2015 revealed multiple fluorodeoxyglucose avid hypermetabolic lymph nodes in both supra- and infra-diaphragmatic regions

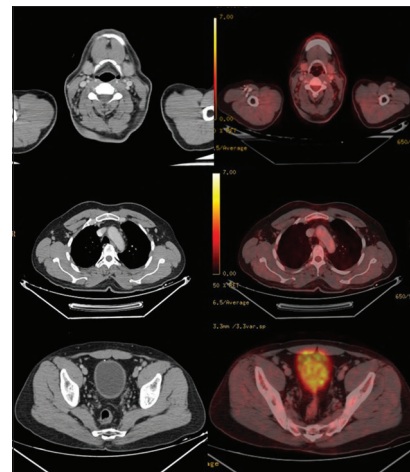


Figure 2: Follow-up positron emission tomography scan dated October 5, 2015

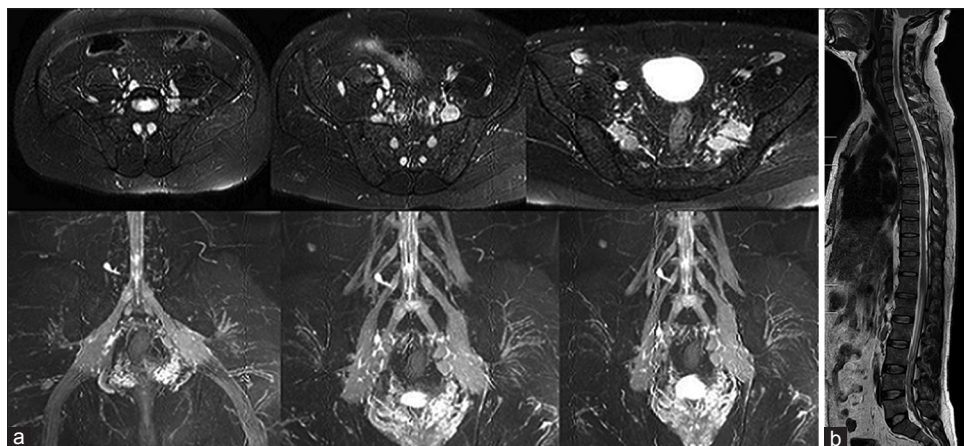


Figure 3: (a) 3.0 Tesla magnetic resonance imaging of lumbar spine. (b) Magnetic resonance imaging -T2-weighted images sagittal plane whole spine

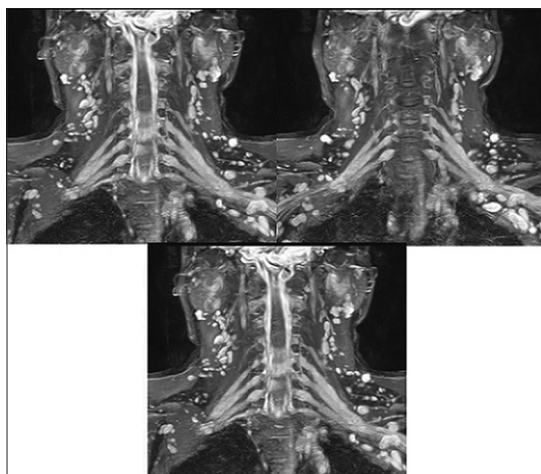


Figure 4: Similar characteristic lesions along left C4 and bilateral C5–C8 nerve roots

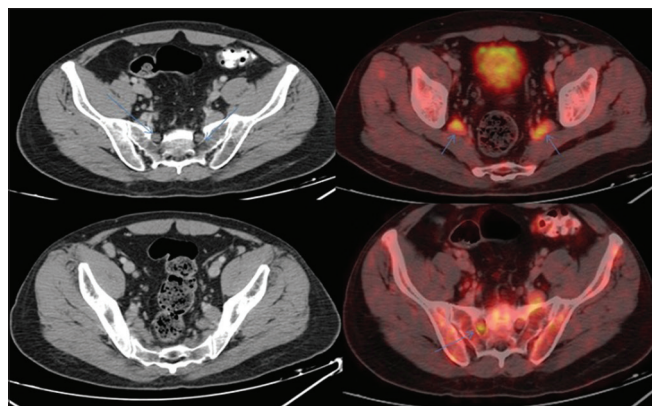


Figure 5: PET-CT axial images reveal intense enhancement along the lumbosacral plexus. (Left>Right), as demonstrated by the blue arrows

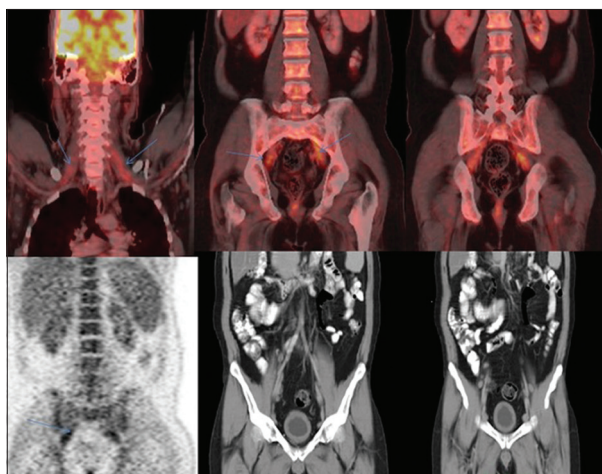


Figure 6: PET CT coronal images reveal intensely enhancing lumbar plexus and brachial plexus (blue arrows)

the investigation of choice to demonstrate enlargement and nodularity of the peripheral nerves, brachial plexus, or the lumbosacral plexus. On STIR/T2-weighted images, infiltrated nerves appear hyperintense resonating the lymphoma and peritumoral edema.

High-grade FDG activity or hypermetabolic activity along the course of a nerve root or peripheral nerve on FDG-PET favors the diagnosis of neurolymphomatosis in patients with the appropriate clinical history and associated abnormal magnetic resonance findings.^[6-8]

Biopsy is considered as the final diagnosis although patients with classic clinical history and abnormal PET imaging for neurolymphomatosis are usually treated empirically given the difficulty in making a histological diagnosis.^[9]

MRI and FDG-PET/CT assist in identifying the target for nerve biopsy in a patient in which a biopsy is critical, especially in those without a history of lymphoma.^[10-13] In cases of uncertainty, image-guided percutaneous nerve biopsy may be performed safely.

Treatment with corticosteroids may initially result in a radiographic response and improved symptoms although neurolymphomatosis typically recurs or progresses as the malignancy develops resistance. Radiotherapy is particularly useful in patients with significant neurologic dysfunction since it may rapidly improve or stabilize symptoms.^[14-18] Given the rarity of the disease, prognosis is not well established, although limited reports suggest a poor outcome.

Financial support and sponsorship

Nil.

Conflicts of interest

There are no conflicts of interest.

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