

# Editorial

International Archives from Otorhinolaryngology Journal  
Editorial – Oral Breather – A Disorder Socially Chronic  
*Volume 16 (1) – Jan/Feb/March - 2012*

Dear Colleague,

For us to have a quality of life, the nasal breathing is one of the most and varied essential conditions. Some studies shows prevalence very high of a disease that can be treated and oriented, as to its studies, in a effective way. In the state of Rio Grande do Sul, for example, the Otorhinolaryngology is the third specialty that the population has less access in the ambulatory care, only losing for Orthopedics and for Ophthalmology (data from the State Secretary of Health from November of 2011). It is here to explain that this is one of the reasons that must concern not only the otorhinolaryngologists, mas yes, to the public managers of health, because many times a quality of life is lost with causes that would be easily managed and controlled, if the population had access to the specialists in the areas. One of the published articles in this volume makes a evaluation about the Oral Breather Syndrome and the negative impact that brings in the quality of life from the people, mostly as the nasal problems, sleep and feeding. In the article it makes reference that the allergic rhinitis have a very important role as causal factor from the oral breather from children and teenagers.

The International Archives of Otorhinolaryngology Journal, in this year of 2012, will award three Works of systematic review (Meta-analysis), searching to give emphasis to models of articles that form the base and concepts of universal knowledge.

The competitors Works must, mandatorily, to be published in the issues from 1 to 4 from volume 16, from the year 2012. The rules to compete to the awards are in the magazine.

We hope to see you in future publications..

A big hug,

***Geraldo Pereira Jotz***

*Chief- Editor*

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